Welcome Residency Candidates
Department Philosophy

• Patient-centric, highly agile program

• Clinical questions and clinical need drive our programs and discoveries
  o Apply key basic science discoveries to “real life” problems
  o Improve the understanding of urologic subspecialties and the conditions we treat

• Strong partnerships with patients
  o “Partners in discovery”
Northwestern Urology is a Leader in Clinical Care

• Adult Urology:
  – 11th in *U.S. News and World Report* rankings
  – Top Urology program in Illinois in *U.S. News & World Report* rankings for past 22 years
  – Market leader in Illinois

• Pediatric Urology:
  – 7th in *U.S. News and World Report* rankings
  – Highest ranked program in Illinois
  – Market leader in Illinois

• Northwestern Memorial Hospital
  – 10th on *U.S. News* Best Hospitals Honor Roll

• 2021 Graduates case log average: 2,012
Key Facts about Northwestern Urology

- One of the oldest Urology departments in the country (established 1900)
- Residency program began in 1945
  - 171 alumni

<table>
<thead>
<tr>
<th>44 Faculty</th>
<th>24 Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>27% (13) Women</td>
<td>29% (7) Women</td>
</tr>
<tr>
<td>14% (6) African-American</td>
<td>4% (1) African-American</td>
</tr>
<tr>
<td></td>
<td>8% (2) Latinx</td>
</tr>
</tbody>
</table>
Department Leadership

Sarki Abdulkadir, MD, PHD
Vice Chair for Urologic Research

Robert Brannigan, MD
Vice Chair of Clinical Urology
Chief of Male Reproductive surgery & Men’s Health

Stephanie Kielb, MD
Residency Program Director
Chief of Reconstruction & Neuourology

Ted Schaeffer, MD, PhD
Chair

Nelson Bennett, MD
Associate Program Director

Amy Krambeck, MD
Chief of Endourology & Stone Disease

Shilajit Kundu, MD
Chief of Urologic Oncology

Dennis Liu, MD
Associate Program Director

Joshua Meeks, MD, PhD
Associate Program Director
Channa Amarasekera, MD
Director of Gay and Bisexual Men’s Urology Program

- Clinical Expertise- Men’s Health and Andrology
- Research Focus
  - Healthcare disparities in sexual minorities
  - Prostate cancer health outcomes in sexual minorities
- Medical School: Harvard
- Urology Residency: Northwestern
- Andrology Fellowship: Rush University Medical Center (Chicago)
- Joined Northwestern in August 2021
Recent Programmatic Expansion

Amy Krambeck, MD
Director of Endourology and Stone Disease

• Clinical Expertise- BPH and Stone Disease
• Research Focus
  – Optimal surgical equipment, techniques, and protocols for the treatment of stone disease
  – Treatment of enlarged prostates in the setting of myogenic or weakened bladders.
  – Holmium Laser Enucleation of the Prostate (HoLEP) for the treatment of symptomatic lower urinary tract symptoms

• Medical School: University of Missouri-Columbia
• Urology Residency: Mayo Clinic
• Endourology Fellowship: Methodist Institute for Kidney Stone Research
• 2009-2016: Endourologist, Mayo Clinic Department of Urology
• 2016-2020: Michael O. Koch Professor of Urology, Indiana University
• Joined Northwestern in January 2021
Recent Programmatic Expansion

Ashley Ross, MD, PhD
Clinical Director of Polsky Urologic Cancer Institute

• Clinical Expertise- Prostate Cancer
  – Prostate Cancer Screening (Fusion biopsy)
  – Active Surveillance
  – Molecular Precision Medicine in Prostate Cancer
  – Focal therapy
  – Salvage cryoablation, salvage prostatectomy

• Research Focus- Clinical Trials (primarily industry sponsored phase I-III)
  – i.e. Provent, Harpoon PSMA, Proxalutamide, PROTEUS, Afuresertib + LAE001

• MD/PhD and Urology Residency at Johns Hopkins
• 2012-2016: Associate Professor Urology and Oncology, Director of Johns Hopkins Prostate Cancer Program
• 2017-2020: Texas Oncology / Texas Urology Specialists
• Mary Crowley Cancer Research Center, Executive Medical Director
Recent Programmatic Expansion

Ziho Lee, MD

- Clinical Expertise- Reconstructive Surgery and Trauma/Advanced Urologic Oncology
- Research Focus
  - Surgical techniques and outcomes of robot-assisted urologic oncology reconstruction procedures
  - Surgical techniques and outcomes of robot-assisted radical prostatectomy
- Medical School: Sidney Kimmel Medical College at Thomas Jefferson University
- Urology Residency: Temple University Hospital
- Robotic Oncology and Reconstruction Fellowship Temple University (2019-2020)
- Urologic Trauma and Reconstruction Fellowship: University of Washington (2020-2021)
- Joined Northwestern in September 2021
Recent Programmatic Expansion 2018-2020

New Faculty

– Transitional Urology
  • Diana Bowen, MD

– BPH and Neuourology
  • Hayley Silver, MD

– Genetic Counseling
  • Brittany Szymaniak, PhD, CGC

– Research Faculty
  • Qi Cao, PhD
  • Jennifer Wu, PhD

– Male Reproductive Surgery and Men’s Health
  • Joshua Halpern, MD, MS
  • James Wren, MD
Leader in Research & Discovery
Clinical Research

228 publications in 2020

$3.99 M research funding
#3 Urology NIH Funding

More than 9,000 patients currently enrolled in 37 clinical trials

Northwestern Medicine
Northwestern Medicine Enterprise

- 12 hospitals
- 36 locations
- 30,000 physicians, nurses and staff
  - 4,000 aligned physicians
  - 1,100 residents and fellows
  - 46 NM urologists
- 85,000 inpatient admissions and 2.2 million outpatient encounters
Stephanie Kielb, MD
Residency Program Director
Professor of Urology, Obstetrics & Gynecology (Urogynecology) and Medical Education
Chief of Reconstruction & Neurourology
Unique Features of Northwestern Urology Residency

• Urology training begins in year one since July 2006
  Format adopted by ACGME for 2019
  Now all Urology programs begin in PGY1 year

• Personalized, integrated and flexible curriculum
  – 6 months of resident-driven elective rotations
  – ANY specialty
  – National and international away electives
  – Subspecialty experience with fellowship-trained faculty

• Clinical training combined with laboratory/clinical research
  – Fully-funded research year
  – Dedicated research mentor for each resident
  – Statistical, database construction/maintenance, and editorial support

• American Urological Association and Chicago Urologic Society memberships
  – Expenses paid by department for residents with abstracts accepted to AUA meeting
  – Residents attend CUS monthly meetings Nov-April
Our Approach: Complete Resident Training

Education

Clinical

Research
Training in all Urologic Subspecialties

- Female Pelvic Medicine & Bladder Health
- Benign Conditions
  - BPH
  - Kidney Stones & General Urology
  - Pelvic Pain
- Male Fertility
  - Sexual Dysfunction
- Pediatric Urology
- Transitional Urology
- Reconstructive Surgery
- Urologic Oncology

Comprehensive Training Program
Training Sites

- NM Urology
- Electives
- Pediatric Urology
- Stroger Urology
- VA Urology
- NM General Surgery
Training Sites

Northwestern Memorial Hospital
- 40 Months
- General Surgery (PGY1)
- Urology (PGY1-PGY6)

Jesse Brown VA Medical Center
- 11 Months
- PGY1, 2, 3 & 6
- VA: 3.3 miles

John H. Stroger Jr. Hospital of Cook County
- 3 months
- PGY5
- County: 3.1 miles

Ann & Robert H. Lurie Children’s Hospital of Chicago
- 6 months
- PGY1 & PGY 3

#1 hospital in Illinois
- 894 beds
- Level I trauma center

Serves 62,000 veterans
- 200 beds

464 beds
- Level I adult and pediatric trauma center

288 beds
- Level I pediatric surgery center
Electives

Resident Selected

**PGY2 & PGY3 (3 months)**

- Plastics
- Colorectal
- Radiology
- Pathology
- Radiation Oncology
- Medical Oncology

**PGY5 (3 months)**

- **Either on campus or away**
- National
  - Children’s Hospital of Philadelphia-Pediatric Urology
  - Indiana Urology
  - Cincinnati Children’s Hospital- Pediatric and Adolescent Gynecology
  - Vanderbilt Urology
  - UT Southwestern
  - International
International Electives (PGY5)

2019-20 International Electives:
• St. Vincent’s University Hospital, Dublin, Ireland
• Stellenbosch University, Cape Town, South Africa

Recent International Electives:
• Kibagabaga Hospital- Fistula Program, Kigali, Rwanda
• The National Hospital of Sri Lanka, Colombo, Western Province, Sri Lanka
• Keio University, Tokyo, Japan
Our Approach: Complete Resident Training

- Education
- Clinical
- Research
Educational Opportunities

Didactic Conferences – Protected Time for Residents

- **Conferences (Thursday PM)**
  - GU Oncology Conference
    - Multi-disciplinary oncology conference
  - Resident Teaching Conference
    - Topic-based lectures
    - Board review
    - AUA Clinical Practice Guidelines
    - Journal club

- **Conferences (Friday AM)**
  - Urology Grand Rounds
    - Presented by Northwestern Urology faculty
    - Resident case presentations
    - Guest speakers
    - Research Development Working Group
    - Morbidity and Mortality Conference
  - Pre-operative Conference
  - Site-specific didactics (i.e. pediatric urology during Lurie Children’s rotations)
Educational Opportunities

Simulation

Northwestern Simulation
- State-of-the-art simulation education center
- Residents have 24 hour access to simulation lab
- Laparoscopic trainer, TURP trainer, Mimic robotic trainer

Robotic trainers
- VA
- Lurie
- Northwestern

Resident Simulation Labs
(1-2 full days)
- 2021: Pediatric Urology skills
- 2020: Female pelvic anatomy, prolapse repair, slings, urethral bulking agent
- 2019: Laparoscopic skills training
- 2018: Open pelvic & open scrotal surgery
- 2017: Open abdominal surgery, bowel handling
Educational Opportunities

Visiting Professorships

**Adult Urology Visiting Professor**

- 2021 – Louis Kavoussi (Northwell Health, postponed to 2021)
- 2019 – Richard Santucci (Crane Center for Transgender Surgery)
- 2018 - Shahrokh Shariat (Medical University of Vienna)
- 2017 - Colin Dinney (MD Anderson)

**Pediatric Urology Visiting Professor**

- 2021 - Andrew Kirsch (Emory)
- 2019 – Craig Peters (UT Southwestern)
- 2018 - Joao Luiz Pippi Salle (Sidra Medical & Research Center)
- 2017 - Patrick Cartwright (University of Utah)
Educational Opportunities

Local and National Meetings

**Chicago Urological Society**

First Wednesday November-April
Resident time protected to go to every meeting

**AUA Annual Meetings**

All research residents attend the national meeting
Residents who have abstracts accepted attend the meeting
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 3, 2021</td>
<td>Prostate cancer</td>
</tr>
<tr>
<td></td>
<td>Christopher Warlick, MD, PhD (University of Minnesota)</td>
</tr>
<tr>
<td>December 1, 2021</td>
<td>Men's &amp; Women's Urological Health</td>
</tr>
<tr>
<td></td>
<td>Melissa Kaufman, MD, PhD, FACS (Vanderbilt University)</td>
</tr>
<tr>
<td>January 5, 2022</td>
<td>Urology Practice: In Real Time</td>
</tr>
<tr>
<td>February 2, 2022</td>
<td>Kidney Cancer</td>
</tr>
<tr>
<td>March 2, 2022</td>
<td>Kidney Stones</td>
</tr>
<tr>
<td>April 6, 2022</td>
<td>Office Urology Pearls</td>
</tr>
</tbody>
</table>
Northwestern Urology Resident Education

100% ABU Part I Board Pass Rate

Simulation

Didactics

Conferences
Our Approach: Complete Resident Training

- Education
- Clinical
- Research
Welcome to Artisight

The Operating System for Smart Hospitals

About Us

Artisight is an IoT sensor network for healthcare created with a mission to improve organizational operations and financial performance. Designed by physicians, operational experts, and AI scientists, this HIPAA-compliant platform not only uses AI to analyze data, it uniquely uses AI to generate new and previously inaccessible data sets.

We are a pioneer in the development of computer vision technologies for healthcare that preserve patient and clinician privacy in compliance with the Illinois Biometric Information Privacy Act.

Our Solutions

- Inventory Management
- Smart Telemonitoring
- Clinic Coordinator
- Operating Room Coordinator
- Thermal Screening
<table>
<thead>
<tr>
<th>Procedure Date</th>
<th>OR</th>
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<tbody>
<tr>
<td>Mon Nov 15</td>
<td>FEIN OR5</td>
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<td>Mon Nov 15</td>
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<td>Mon Nov 8</td>
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<tr>
<td>Surgeon</td>
<td>Procedure</td>
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<td>----------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td>SHILAJIT D. KUNDU</td>
<td>CYSTOSCOPY BLADDER TUMOR FULGURATION/RESECTION</td>
</tr>
<tr>
<td>SHILAJIT D. KUNDU</td>
<td>NEPHRECTOMY RADICAL LAPAROSCOPY HAND</td>
</tr>
<tr>
<td>SHILAJIT D. KUNDU</td>
<td>NEPHRECTOMY RADICAL LAPAROSCOPY HAND</td>
</tr>
<tr>
<td>HAYLEY RM SILVER</td>
<td>CYSTOSCOPY URETERAL CATHETER/STENT INSERTION RETROGRADE</td>
</tr>
<tr>
<td>HAYLEY RM SILVER</td>
<td>CYSTOSCOPY RETROGRADE</td>
</tr>
<tr>
<td>SHILAJIT D. KUNDU</td>
<td>XI ROBOTIC RADICAL PROSTATECTOMY</td>
</tr>
<tr>
<td>AMY ELIZABETH KRAMBECK</td>
<td>NEPHROLITHOTOMY/PYELOSTOLITHOTOMY PERCUTANEOUS</td>
</tr>
<tr>
<td>SHILAJIT D. KUNDU</td>
<td>XI ROBOTIC RADICAL PROSTATECTOMY</td>
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<td>Amy Krambeck</td>
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<td>Amy Krambeck</td>
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other
Event Notes
left apical turn

CANCEL  SUBMIT
Add object label at: 00h:26m:38s

Choose either the bounding box tool (.drawRect) or the polygon tool (Polygon) and use them on the above video frame.

If you are using the polygon tool double click to finish.

Once you have created a shape choose and add a tag or comment to save it.

Click submit when you have added all annotations for this video frame.

Comment:
renal hilum

ADD COMMENT

CANCEL  SUBMIT
Research Programs: Benchtop Research

Translational Scientists

- Cancer Biology & Epigenetics
  - Sarki Abdulkadir
  - Qi Cao
  - Vishal Kothari
  - Young Yoo

- Immunotherapy
  - Jennifer Wu
  - Jindan Yu

- Regenerative Medicine
  - Arun Sharma

- Nanotechnology
  - Shad Thaxton

- Infections, Inflammation & Pelvic Pain
  - David Klumpp
  - Praveen Thumbikat

To learn about individual expertise and collaborations: https://www.scholars.northwestern.edu/
How do I do Research?

Resources
- Research Development Working Groups
- Data warehouse
- Pilot funding for trainees
- Editorial & IRB support
- Statistical services
- Database development
- Research Coordinator

Mentoring
- Rotate through Research Development Working Groups PGY1 and PGY2
- Intensified mentoring PGY2 and PGY3 to prepare for lab year
- Weekly meetings with lab year mentor
- Quarterly meetings with lab year advisors

Design your project
- Identify field of interest
- Select PI and lab
- Choose from any department
- Write proposal

12 month protected research
- Only 4 weeks of night float
- Department funds for supplies
- Fully supported

Goals
- 1 review paper or chapter
- First author AUA abstract submission
- 4 original manuscripts
Research Development Working Groups

• Disease-based groups of faculty, trainees and students
  – Infection & Inflammation
  – Endourology & Stone Disease
  – Male Reproductive Surgery & Men’s Health
  – Reconstruction & Neurourology
  – Urologic Oncology

• Every other month at grand rounds
  – Discuss research ideas
  – Present research proposals
  – Discuss data collection and analysis plans
  – Assign project roles and tasks
2021-22 Research Residents

Dylan Isaacson - UCSF
Dylan studying renal transplant outcomes with Dr. Roitberg-Tambur in the Department of Surgery

Neil Mistry - OHSU
Neil studying prostate cancer disparities with Dr. Adam Murphy

Rashid Siddiqui – University of Wisconsin
Rashid studying prostate cancer and health services research with Dr. Ashley Ross

Aisha Siebert – University of Rochester
Aisha doing infertility research with Dr. Brannigan and Dr. Laronda (urology and endocrinology)
## Research Year Topics

### 2018-2019

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jason Cohen</td>
<td>Data mining and processing algorithm for urinary tract infections (Anthony Schaeffer, urology)</td>
</tr>
<tr>
<td>Adarsh Manjunath</td>
<td>Thromboresistant kidney scaffolds for implantation into recipient rodents (Jason Wertheim, transplant)</td>
</tr>
<tr>
<td>Mehul Patel</td>
<td>Bladder stem cells in muscle hypertrophy and tissue fibrosis (Edward Gong, pediatric urology)</td>
</tr>
<tr>
<td>Emily Yura</td>
<td>Androgens and estrogens effects on urethral homeostasis and regeneration (Matthias Hofer, urology)</td>
</tr>
</tbody>
</table>

### 2019-2020

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>Anuj Desai</td>
<td>IBD-associated inflammation and prostate cancer (Sarki Abdulkadir and Shilajit Kundu, urology)</td>
</tr>
<tr>
<td>Oliver Ko</td>
<td>Quality pathway or protocol for radiotherapy (Gregory Auffenberg, urology)</td>
</tr>
<tr>
<td>Amanda Vo</td>
<td>Protocols to guide postoperative opioid prescriptions (Gregory Auffenberg, urology)</td>
</tr>
<tr>
<td>Adam Weiner</td>
<td>Tumor molecular profiles of African-American and European American men with prostate cancer (Ted Schaeffer, urology)</td>
</tr>
</tbody>
</table>

### 2020-2021

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>Lauren Cooley</td>
<td>Bladder cancer tumorigenesis between genders. (Joshua Meeks, urology)</td>
</tr>
<tr>
<td>Matthew Hudnall</td>
<td>Testosterone deficiency in patients undergoing surgery. (Joshua Halpern, urology)</td>
</tr>
<tr>
<td>Jeremy Lai</td>
<td>Decision analysis and cost-effectiveness within urology (Gregory Auffenberg, urology)</td>
</tr>
<tr>
<td>Minh Pham</td>
<td>Developing fertility and bladder cancer registries (Gregory Auffenberg, urology)</td>
</tr>
</tbody>
</table>

### 2021-2022

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dylan Isaacson</td>
<td>Renal transplant outcomes (Anat Roitberg-Tambur, Surgery, Organ Transplantation)</td>
</tr>
<tr>
<td>Neil Mistry</td>
<td>Prostate cancer disparities (Adam Murphy, urology)</td>
</tr>
<tr>
<td>Rashid Siddiqui</td>
<td>Prostate cancer and health services research (Ashley Ross, urology)</td>
</tr>
<tr>
<td>Aisha Siebert</td>
<td>Infertility research (Robert Brannigan, urology and Monica Laronda, Endocrinology)</td>
</tr>
</tbody>
</table>
Our Residents
PGY1 and PGY2 Residents

Conor Driscoll
Northwestern

Nicole Handa
Northwestern

Mitchell Huang
Johns Hopkins

Evan Panken
Northwestern

Daniel Greenberg
Stanford

Emily Ji
Harvard

Mitali Kini
Cornell

Kyle Tsai
Northwestern
PGY3 and PGY4 Residents

Christopher Alabastro
UCLA

Noah Frydenlund
University of Iowa

Jenny Guo
Sidney Kimmel

Eric Li
Northwestern

Dylan Isaacson
UCSF

Neil Mistry
OHSU

Rashid Siddiqui
Univ of Wisconsin

Aisha Siebert
Univ of Rochester
PGY5 and PGY6 Residents

Lauren Cooley
Virginia Commonwealth

Matthew Hudnall
UCSF

Jeremy Lai
Northwestern

Minh Pham
Univ North Carolina

Anuj Desai
Temple University

Amanda Vo
Northwestern

Oliver Ko
Case Western

Adam Weiner
University of Chicago
Medical Schools

- 28 medical schools represented over the past 10 years
  - Midwest: 50%
  - South: 14%
  - Northeast: 14%
  - West: 20%
  - Outside US: 2%
Current Resident Demographics

**RACE ETHNICITY**
- Asian: 63%
- White: 21%
- Black/AA: 8%
- LatinX: 4%
- Does not disclose: 4%

**GENDER**
- Female: 29%
- Male: 71%

n=24
Career Paths Following Graduation

32 Graduates (past 10 years)

- Private Practice: 10 (31%)
- Academic practice: 3 (9%)
- Fellowship: 19 (59%)
  - Academic Practice: 8 (42%)
  - Private Practice: 8 (42%)
  - Currently in Fellowship: 3 (16%)
Alumni Fellowship Training

Fellowship Programs
- Baylor (Andrology)
- Children’s Hospital of Philadelphia (Peds)
- Cleveland Clinic (FPMRS)
- MD Anderson (Oncology)
- Memorial Sloan-Kettering (Oncology)
- University of Miami (Andrology)
- Michigan (Oncology)
- UCSF (Reconstruction)
- UCLA (FPMRS)
- USC (Oncology)
- UT Southwestern (Reconstruction)

Alumni Fellowship Training Past 10 Years

- Andrology: 37%
- Pediatric Urology: 21%
- Urologic Oncology: 26%
- Reconstruction: 11%

n=20 residents
Health and Safety
Resident Wellness: An Institutional Priority

• Residency training is fundamentally stressful
• Rate of depression among residents is 22% to 35%
• Physicians in practice have a substantially elevated risk of suicide compared to the general population

Northwestern is committed to ensuring that residents remain physically and mentally healthy

• Institutional goal to create a supportive culture to improve resident wellness and to proactively address mental health issues faced by residents
  – Providing resources to our department to improve educational experience
  – Increase awareness of depression risk during training
  – Destigmatizing depression through education
  – Resident Wellness Inventory and Wellness Toolbox containing self-appraisal tools
  – Wellness liaison provides confidential mental health evaluation and treatment to residents
Resident Wellness: An Institutional Priority
Housestaff Wellness Program: Meridian Health

- Available to housestaff through a direct line 24/7
- Resource for wellness or mental health concerns
- Maintains trainee confidentiality
  - Nothing communicated with the program, faculty, or institution
Wellness = FUN
(A Department Priority)

• Open door communication
  – Program Director
  – Chair
  – Mentors

• Wellness Events
Diversity and Inclusion

Goals:
- Create a medical campus environment of belonging and inclusion for all regardless of race, ethnicity, gender, sexual orientation, socio-economic status, marital status, language, education, age, physical abilities, religious and political beliefs
- Raise awareness, expand engagement and promote discovery

Department of Urology Initiatives
- Diversity Committee
- Safe Space Training
- Stipend for underrepresented visiting students
- Health education, screening and outreach to at-risk communities and underserved populations

Feinberg School of Medicine Initiatives
- Underrepresented Residents and Fellows Forum
- Diversity and Inclusion Council
- Feinberg OutList and AllyList
- Women’s Health Research Forum
- Community partnerships

I’m Northwestern’s president. Here’s why safe spaces for students are important.
Thank you!