Kudos!
Residents and Fellows 2022-2023 Academic Year

About
This is the 9th annual newsletter to acknowledge the various accolades and accomplishments of the Physical Medicine and Rehabilitation Residents and Fellows at Northwestern Feinberg School of Medicine / Shirley Ryan AbilityLab.

Chief Residents 2022-2023
Julia Fram, MD
Christopher Lewis, MD
Cara Vernacchia, DO
Alice Ye, MD

Chief Residents 2023-2024
Madeline Flores, MD
Ashley Sanchez, MD
Olumide Sokunbi, MD

American Academy of Physical Medicine & Rehabilitation (AAPM&R) Annual Assembly: October 20-23, 2022
18 Resident/Fellow Podium & Poster Presentations

Association of Academic Physiatrists (AAP) Annual Meeting: February 21-24, 2023
31 Resident/Fellow Podium & Poster Presentations

Additional Conferences with Resident/Fellow Presentations:
- 16th Annual Lewis Landsberg Research Day, Northwestern University, 2022
- American Spinal Injury Association Annual Scientific Meeting 2023
- Academy of Spinal Cord Injury Professionals Annual Conference 2022
- American Academy of Pain Medicine (AAPM) Annual Meeting 2022
- American Society of Regional Anesthesia and Pain Medicine Annual Pain Medicine Meeting 2022
- Annual Meeting of the American Medical Society for Sports Medicine 2023
- American College of Rehabilitation Medicine 99th Annual Conference 2022
- Aphasia Access Leadership Summit
- Disability Advocacy Coalition in Medicine Conference 2022
- Feinberg Medical Education Day 2022
- International Society for Physical Rehabilitation World Congress 2022
- Shirley Ryan AbilityLab’s Annual Quality Improvement Fest 2022.
### Podium/Oral Presentations


Lewis C, Rabin E, Johnson M, Wainwright D, Roy I. Associated functional gains and muscle wasting

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### Class of 2022

**Future Fellowships & Practices**

**Stanley Abrams, MD**
Attending Physician/Clinical Instructor
Department of Rehabilitation Medicine
NYU Grossman School of Medicine, New York, NY

**Seth Bires, DO**
Attending Physician
Southern Illinois University, Springfield, IL

**Elizabeth Brown, MD**
Sports Medicine Fellowship
Shirley Ryan AbilityLab, Chicago, IL

**Julia Fram, MD**
Hospice & Palliative Medicine Fellowship
University of Washington, Seattle, WA

**Alexandra Jensen, DO**
Attending Physician
Division of Physical Medicine and Rehabilitation
University of Louisville, KY

**Christopher Lewis, MD**
Clinical Informatics Fellowship
University of Washington, Seattle, WA

**Brock Mullenbach, DO**
Sports Medicine Fellowship
Loyola MacNeal Hospital, Chicago, IL

**Kian Nassiri, DO**
Traumatic Brain Injury Fellowship
Shirley Ryan AbilityLab, Chicago, IL

**Shane Stone, MD**
Spinal Cord Injury Medicine Fellowship
Kessler Rehabilitation/Rutgers, Newark, NJ

**Caroline Vail, DO**
Spinal Cord Injury Medicine Fellowship
University of Pittsburgh, Pittsburgh, PA

**Cara Vernacchia, DO**
Pediatric Rehabilitation Medicine Fellowship
University of Colorado, Denver, CO

**Alice Ye, MD**
Pain Medicine Fellowship
MD Anderson, Houston, TX

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### Fellow Future Practice

**Kaitlyn Egan, MD**
Assistant Professor in Pain Medicine
Shirley Ryan AbilityLab, Chicago IL

**Michael Guthrie, MD**
Assistant Professor in Brain Injury Medicine
The Ohio State University Wexner Medical Center
Columbus OH

**Michael Lu, MD**
Attending Sports Medicine Physiatrist
Medstar Health/National Rehabilitation Hospital, Washington D.C.

**Ana Ortiz, MD**
Pediatric Rehabilitation Attending Physician
Instituto de Rehabilitación del Caribe
Puerto Rico

**Radhika Sharma, MD**
Assistant Professor in Spinal Cord Injury Medicine
University of Alabama Birmingham
Birmingham, Alabama

**Meghan Urban, MD**
Sports Medicine Attending Physician
Albany Medical Center, Albany, NY


**Poster Presentations**


Mullenbach B, Rho M. Painful Proximal Thigh Swelling Following Traumatic Fall from Bicycle. American Medical Society for Sports Medicine Annual Meeting. April 28 - May 3, 2023


Peer-Reviewed Publications


Ye AL, Gray E, Bennis S, Rho M, Hwang S. Physical Medicine & Rehabilitation Residents’ Perspectives on Women’s Musculoskeletal Health. PM&R: The Journal of injury, function, and rehabilitation. Accepted for publication.

Book Chapters


Sanchez, A, Thomas, A, Verduzco-Gutierrez, M. Chapter 16 “Physical Medicine and Rehabilitation” pp. in Curtiland Deville (Editor) (2023), Physician Workforce Diversity: Current and Historical Trends, Barriers, and Solutions. Yet to be published. Springer Nature Switzerland AG.


Awards/Honors
➢ Feinberg Academy of Medical Educators, Inducted Members of “Almost FAME-ous”: Kian Nassiri & Shane Stone
➢ National Minority Quality Forum, 40 Under 40 Award: Annette Grotheer
➢ Patient Advocate Reporter Award, International Pelvic Pain Society: Niketa Parikh
➢ Spotlight Presentation - Annual Assembly of the American Academy of Physical Medicine and Rehabilitation: Christopher Lewis
➢ Spotlight Presentation - Annual Assembly of the American Academy of Physical Medicine and Rehabilitation: Olumide Sokunbi
➢ Spotlight Presentation - Annual Assembly of the American Academy of Physical Medicine and Rehabilitation: Shane Stone
➢ Spotlight Presentation - Annual Assembly of the American Academy of Physical Medicine and Rehabilitation: Cara Vernacchia
➢ Sarah Baskin Manuscript Award for Excellence in Research - Post-doctoral Research Fellows and Graduate Students Category: Christopher Lewis
Top Poster Award – Annual Meeting of the Academy of Spinal Cord Injury Professionals: Shane Stone
Best Paper Award – Annual Meeting of the Association of Academic Physiatrists: Cara Vernacchia

Positions

McGaw Medical Education Clinical Scholars Program: Austin Boos, Madeline Flores, Alexandra Jensen*, Niketa Parikh, Ashley Sanchez, Olumide Sokunbi, Shane Stone*, Eric Villanueva (*Certificate completed June 2023)
McGaw Global Health Clinical Scholars Program: Jessica Marone
McGaw Bioethics Clinical Scholars Program: Alice Ye*
McGaw Healthy Equity and Advocacy Clinical Scholars Program: Christopher Lewis*, Elizabeth Brown*

Physical Medicine & Rehabilitation Medical Education Track – Stanley Abrams, Austin Boos, Elizabeth Brown, Kaitlyn Chin, Madeline Flores, Julia Fram, Michael Guthrie, Alexandra Jensen, Nahyun Kim, Christopher Lewis, Kian Nassiri, Ana Ortiz, Niketa Parikh, Ashley Sanchez, Radhika Sharma, Shane Stone, Caroline Vail, Cara Vernacchia, Eric Villanueva

Physical Medicine & Rehabilitation Leadership Track – Miriam Alpert, Austin Boos, Kaitlyn Chin, Antonio Mondriguez Gonzalez MD, Alexandra Jensen, Nahyun Kim, Kian Nassiri, Brendan Pier, Sarae Sager, Ashley Sanchez, Caroline Vail, Alice Ye

Physical Medicine & Rehabilitation Quality Improvement Track – Austin Boos, Elizabeth Brown, David Civitarese, Alexandra Jensen, Christopher Lewis, Madeline Miller, Brendan Pier, Olumide Sokunbi, Eric Villanueva, Alice Ye

Community Health Musculoskeletal Clinic Co-Directors: Alice Ye & Julia Fram

American Spinal Injury Association Early Career Committee Member: Shane Stone
Association of Academic Physiatrists Resident/Fellow Council: Well-being Subcommittee Member: Eric Villanueva
Association of Academic Physiatrists Resident/Fellow Council: Research and QI Subcommittee Members: David Civitarese & Lisa Laurenzana
American Osteopathic College of Physical Medicine and Rehabilitation Resident Council Member: David Civitarese
American Osteopathic College of Physical Medicine and Rehabilitation Mock Interview Co-Chair: Joseph Aguirre
American Osteopathic College of Physical Medicine and Rehabilitation Fellowship Database Committee Member: Joseph Aguirre
Elsevier Board Member, Elsevier Resident Fellow Advisory Board: Shane Stone
Rehabilitation Medicine Scientist Training Program (RMSTP) Fellow, Association of Academic Physiatrists: Benjamin Petrie, Christopher Lewis, Alice Ye
Rehabilitation in Review Executive Coordinator and Editor: Alexandra Jensen & Brock Mullenbach

Rehab in Review Contributors

Austin Boos, Elizabeth Brown, Alexandra Jensen, Lisa Laurenzana, Jessica Marone, Antonio Mondriguez-Gonzalez, Brock Mullenbach, Niketa Parikh, Shivam Patel, Ashley Sanchez, Olumide Sokunbi