



Northwestern PM&R

Class of 2028

Meet the Residents!



Dip Rana, MD

Hometown: Clifton, New Jersey

Medical School: Rutgers New Jersey Medical School

- **Fun Fact:** I'm the spiciest food eater I know
- **Favorite hospital food:** Ensure Max Protein
- **Favorite part about Chicago:** The lake

Marissa Brock, MD

Hometown: La Grange, Illinois

Medical School: Medical University of South Carolina

- **Fun Fact:** I have been to 49/50 states; goal is to rock climb in all 50
- **Chicago Recs:** Kayaking the river, farmer's markets, ice skating, biking
- **Ideal Weekend:** Yoga, outdoor activities, and time with my pup





Avani Patel, MD

Hometown: Schaumburg, Illinois

Medical School: Loyola University Chicago

- **Fun Fact:** I got 2 concussions in a single year
- **Chicago Recs:** Cafe Ba Ba Reeba <3
- **Can't live without:** Reality TV

Esther Jang, MD

Hometown: Denver, Colorado

Medical School: Rutgers New Jersey Medical School

- **Fun Fact:** I run a family TikTok account (post once a year 👍)
- **Can't live without:** Hot Cheetos
- **Ideal Weekend:** Being on a BOAT!!





Sydney Farrington, MD

Hometown: Detroit, Michigan

Medical School: Wayne State University School of Medicine

- **Favorite hospital food:**
Graham crackers
- **If I had to practice something for an hour a day:** Rock climbing
- **Favorite part about Chicago:** The lake!

Natalya Ponomareva, MD

Hometown: Austin, Texas
(born in Novosibirsk, Russia)

Medical School: UT Health San Antonio Long School of Medicine

- **Fun Fact:** I have two cats named for figures from Greek mythology
- **Hot Take:** Tomatoes are vegetables, period
- **Pizza style:** Margherita or thin with prosciutto, arugula, balsamic





Meena Jain, MD

Hometown: Champaign, Illinois

Medical School: Southern Illinois University

- **Fun Fact:** I ate a s'more almost every day in college

Abby Bennett, MD

Hometown: Sandy, Utah

Medical School: University of Utah

- **Fun Fact:** My high school mascot is a beet digger
- **Chicago Recs:** Joy Yee dim sum in Chinatown
- **Can't live without:** The weather app





Alexis Philippe, MD

Hometown: St. Louis, Missouri
Medical School: University of Missouri – Columbia

- **Chicago Recs:** Moody Tongue Chocolate Cake
- **Can't live without:** Honestly, my iPad
- **If I had to practice something for an hour a day:** Watercoloring or pickleball

Jonathan Labampa, DO

Hometown: Oak Forest, Illinois
Medical School: Chicago College of Osteopathic Medicine

- **Fun Fact:** I have a unique visible heartbeat
- **Chicago Recs:** Lakefront stroll/run during Summertime Chi
- **Favorite hospital food:** Apple juice and saltines





Kristen Santiago, MD

Hometown: Houston, Texas

Medical School: UT
Southwestern

- **Fun Fact:** I got rhabdo after Barry's workout post-marathon (CK=17,000)
- **Can't live without:** My family dog, Leo
- **Ideal Weekend:** Farmer's market → scenic run → time with family/friends

Maddy Pashos, MD

Hometown: St. Charles,
Missouri

Medical School: University of
Missouri – Columbia

- **Fun Fact:** I am a triplet
- **If I had to practice something for an hour a day:** Being perfectly on time for all things
- **Pizza style:** Neapolitan

