PGY3 Class

Seth Bires

Hometown: Russell, PA

Medical School: Kansas City University

 Personal interests: Photography, travel, snowboarding, Pittsburgh sports

Best thing about Chicago: Small Cheval

• **Ideal weekend:** Relaxing with my finance (wife after 8/28) and our two cats, Bob and Luanne



Alexandra Jensen

Hometown: Louisville, KY

Medical School: New York Institute of Technology

Personal interests: running, soccer
Fun fact: always smiling and sweating

• Resident most likely to be: taking a shower in the

call room

 Best thing about Chicago: the sunrises and sunsets and running along the lake



Cara Vernacchia

Hometown: San Luis Obispo, CA

Medical School: Touro University- California

 Favorite thing to eat: Moose tracks ice cream, or anything with the combination of chocolate and peanut butter

 Best thing about Chicago: The lake front and infinite neighborhoods/restaurants to explore!

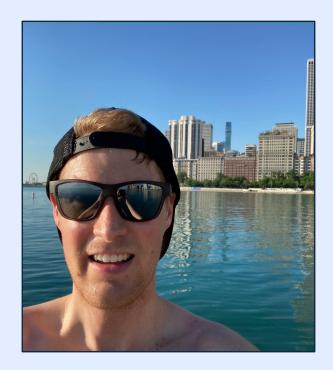


Brock Mullenbach

Hometown: Los Angeles, CA **Medical School**: Midwestern

Personal interests: volleyball, tennis, standup paddle boarding, reading

Favorite part of residency: my co-residents!
 Favorite movie: The Lord of the Rings Trilogy



Stanley Abrams

Hometown: Lexington, MA

Medical School: Northwestern University

Personal interests: cooking, gaming, singing, swimming

• If I weren't a physician, I would be: a teacher

• Favorite thing to eat: fresh sushi



Elizabeth Brown

Hometown: Baltimore, MD

Medical School: Mount Sinai

Favorite movie: Mulan

• Favorite thing to eat: cinnamon ice cream

 Ideal weekend: bike/run to the farmers' market, eat pastries/buy flowers, watch premier league soccer, take a nap, go to the playground with Des, and have a picnic dinner with my co-resident neighbors at the lakefront!



Kian Nassiri

Hometown: San Ramon, CA

Medical School: Midwestern University- Arizona

- Fun fact: Planted mangrove saplings in waist deep mud in Ecuador.
- My ideal weekend would consist of: grabbing brunch, catching rays at the beach (very California of me), getting in a good afternoon workout, then ending the night with a movie and face mask.
- If I wasn't a physician: I'd own a combination skincare/dessert shop/HIIT gym in California and take monthly trips to Japan.



Shane Stone

Hometown: East Brunswick, NJ

Medical School: Wake Forest University

- Fun fact: I recreated the Nickelodeon TV Show, Double Dare, in college. I got the original host to host
- If you weren't a physician, I would be: a TV show host like Bill Nye the Science guy but it would be marine science based
- Favorite thing to eat: Cheeseburger with Chocolate milk
- Ideal weekend: Hanging at the beach with friends, reading a book



Alice Ye

Hometown: Macomb, IL

Medical School: Loyola University

- Theme song: Non-Stop from the Hamilton soundtrack
- Favorite part of residency: spending time with coolest kids in class
- Best thing about Chicago: getting to watch the sunrise/set over the lakefront!



Julia Fram

Hometown: Needham, MA

Medical School: Northwestern University

 Best thing about Chicago: There are so many neighborhoods to explore, live shows to go to (music, comedy, theatre), and of course, beautiful

Lake Michigan!

• Favorite movie: Superstar



Christopher Lewis

Hometown: Seattle, WA

Medical School: University of Washington

• Personal interests: backpacking

If I wasn't a physician, I would be: a baker
 Favorite part of residency: collaboration and

mentorship



Caroline Vail

Hometown: Bethlehem, PA

Medical School: University of New England College of

Osteopathic Medicine

• If you weren't a physician, I would be: a writer and/or linguist

• Favorite part of residency: becoming a family with my co-residents

• Favorite thing to eat: Mac and cheese, bonus points if from Wawa

Best thing to do on a weekend off in Chicago:
 Chicago architecture river/lake tour, biking the
 Lakefront trail, exploring restaurants all over the city

