

KUDOS!

Residents and Fellows | 2016-2017 Academic Year

About

This is the third annual newsletter to acknowledge the various accomplishments and accolades of the Physical Medicine and Rehabilitation residents and fellows at Northwestern Feinberg School of Medicine/Shirley Ryan AbilityLab.

Chief Residents 2016-2017

Stacey A. Bennis, MD

Kristen McCormick, DO

Rajiv Reddy, MD

Chief Residents 2017-2018

Sarah Mihalov, MD

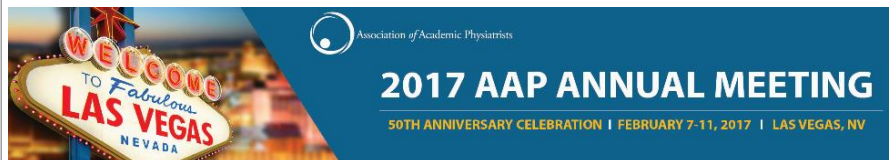
Brendon Ross, DO

Lauren Vernese, DO



American Academy of Physical Medicine & Rehabilitation (AAPM&R) Annual Assembly. New Orleans, LA. October 20-23, 2016.

📅 12 Resident/Fellow Poster Presentations



Association of Academic Physiatrists (AAP) Annual Meeting. Las Vegas, NV. February 7-11, 2017.

📅 14 Resident/Fellow Poster Presentations

Additional Conferences with Resident/Fellow Presentations:

American Academy of Pain Medicine (AAPM) – 2

American College of Sports Medicine (ACSM) – 2

American Congress of Rehabilitation Medicine (ACRM) – 2

American Medical Society for Sports Medicine (AMSSM) – 2

American Osteopathic College of Physical Medicine & Rehabilitation (AOCPMR) – 3

American Society of Regional Anesthesia & Pain Medicine (ASRA) – 2

International Pelvic Pain Society Annual Meeting (IPPS) – 1

Midwest Pain Society – 1

Northwestern Feinberg Research Day – 1

Academy of Spinal Cord Injury Professionals (ASCIP) – 1

American Academy for Cerebral Palsy & Developmental Medicine – 1

Oral Presentations

- **Cheng A, Gross C, Rho M.** Instructional Musculoskeletal Physical Examination Videos Increased First-Year Medical Students' Confidence in Exam Skills But Did Not Improve Objective Exam Interpretation: A Survey-Based Study. Selected for oral presentation at the 6th Annual Feinberg Medical Education Day, Chicago, Illinois. September 30, 2016.
- **Ramey L, Blatz D.** "Knee Injury- Ballet." American College of Sports Medicine. 2017 Annual Meeting Podium Presentation. Denver, CO. Accepted for 06/02/2017.
- **Ramey L, Samet J.** "More than just a pain in the hip." American Medical Society for Sports Medicine. 2017 Annual Meeting Podium Presentation. San Diego, CA. Accepted for 05/10/2017.
- **Willoughby J.** Back to Bedside Initiative. Oral presentation at the 2016 ACGME Executive Committee.
- **Willoughby J.** What is the ACGME – and how you can get involved. Association of Academic Physiatrists. Las Vegas, Nevada. February 2017.

Peer-Reviewed Publications

- Hang BT, **Gross C**, Otero H, Katz R. An Update on Common Orthopedic Injuries and Fractures in Children: Is Cast Immobilization Always Necessary? *Clinical Pediatric Emergency Medicine*. 2017; 18(1); 62-73.
- Lloyd, G, **Oza S**, Kozey-Keadle, Pellegrini C, Conroy D, Penedo F, Spring B, Phillips S. "Breast Cancer Survivors' Preferences for Technology-Supported Interventions to Reduce Sedentary Behavior". *AIMS Public Health*. 2016. 3(3): 592-614
- **Maneyapanda MB**, McCormick Z, Marciniak C, Reger C. Long-term Dosing of Intrathecal Baclofen in the Treatment of Spasticity after Acquired Brain Injury. *PM&R: the journal of injury, function, and rehabilitation*. 2017 Jan; [Epub ahead of print] PMID: 28082177
- **Maneyapanda MB**, Driver SP, Ripley DL, Lloyd R, Brkic N. Psychosis Following an Increase in Intrathecal Baclofen. *PM&R: the journal of injury, function, and rehabilitation*. 2016;8(12):1222-1224. PMID: 27346089
- **McClary K**, Blatz D. Wrist Injuries in Youth Athletes. *Curr Phys Med Rehabil Rep*. 2017;6. (not yet published)
- Prather H, **Cheng A**, May KS, Maheshwari V, VanDillen L. Hip and Lumbar Spine Physical Examination Findings in People Presenting With Low Back Pain, With or Without Lower Extremity Pain. *J Orthop Sports Phys Ther*. 2017 Mar;47(3):163-172. PMID: 28158964.

Class of 2017 Fellowship Results

Stacey Bennis, MD
Spine & Sports Medicine
Northwestern Feinberg School of Medicine/
Shirley Ryan AbilityLab

Laura Black, MD
Pediatric Rehabilitation
Northwestern Feinberg School of Medicine/
Shirley Ryan AbilityLab

Jeffrey Cara, DO
Interventional Pain Medicine
Mayo Clinic - Jacksonville, Florida

Abby Cheng, MD
Sports Medicine
Washington University

Samuel Clanton, MD PhD
Brain Injury Medicine
Virginia Commonwealth University

Ryan Clark, DO
Interventional Pain Medicine
Medical College of Wisconsin

Colin Franz, MD PhD
Neuromuscular Medicine
Northwestern Feinberg School of Medicine/
Shirley Ryan AbilityLab

Claire Gross, MD
Sports Medicine
MacNeal Hospital - Chicago

Heather Ma, MD
Brain Injury Medicine
Spaulding/Harvard University

Kristen McCormick, DO
Pediatric Rehabilitation
UT Southwestern/Dallas Children's

Rajiv Reddy, MD
Interventional Pain Medicine
University of California – San Diego

Pegah Safaeian, DO
Pain Medicine
Northwestern Feinberg School of Medicine/
Shirley Ryan AbilityLab

- **Ramey LN**, McInnis KC, and Palmer WE. Femoral neck stress fractures: can MRI grade help predict return to running time? *Am J Sports Med.* 2016 Aug;44(8):2122-9. doi: 10.1177/0363546516648319. PMID: 27261475. Spotlight author & featured article in *AJSM*.
- **Reddy R**, McCormick ZL, Marshall B, Mattie R, Walega DR. Cooled Radiofrequency Ablation of Genicular Nerves for Knee Osteoarthritis Pain: A Protocol for Patient Selection and Case Series. *Anesthesiology and Pain Medicine*. Accepted for publication.
- **Ross B**, Rydberg L, Ho A, Ripley DR. Femoral and Lumbar Fractures During Acute Inpatient Rehabilitation for Traumatic Spinal Cord Injury in Osteogenesis Imperfecta: A Case Report. *PM&R Journal* 2017
- **Ross B**, Aouhab Z, Ramsey-Goldman R. Persistent Liver Enzyme Abnormalities Precedes Proximal Muscle Weakness: A Rare Case Report of Anti-HMCGR Necrotizing Myopathy in a Statin Naïve Female. *Journal of Clinical & Medical Case Reports*. December 2016 2(24):1-7
- **Vernese LF**, Chu SK. Spondylolysis: Assessment and Treatment in Youth Athletes. *Curr Phys Med Rehabil Rep.* 2017 April. DOI:10.1007/s40141-017-0151-z.
- **Yang I**, Jaros J, Bega D, Paraneoplastic Peripheral Nervous System Manifestations of Renal Cell Carcinoma: A Case Report and Review of the Literature. *Case Rep Neurol* 2017;9:22-30

📖 Book Chapters

- 📖 **Bennis S**, Hwang S. The Office Evaluation of Pelvic Pain. *Physical Medicine and Rehabilitation Clinics of North America*. Editor: Kelly Scott, MD. *In Press*.
- 📖 **Cheng A**, Rho M. Chapter 18: Cervical Spine Injuries and Conditions. In: Harrast M, Finnoff J, eds. *Sports Medicine: Study Guide and Review for Boards*. Second ed. New York, NY: Demos Medical Publishing; 2016:204-223.
- 📖 **Ramey L**, Ihm J, Tjong V. Proximal hamstring tendinopathy. In: *Tendinopathy: From Basic Science to Clinical Management*. Currently being edited.
- 📖 **Ramey L**, Yin A. Epidemiology of injury in the young dancer. In: Solomon R, Solomon J, and Micheli L, editors. *Medical conditions in the young dancer*. Marlton, NJ: Springer Science. In press.
- 📖 **Reddy R**, **Clark R**, McCormick Z, Chang-Chien G, Candido K. Lower Extremity Joint Injections. In: Manchikanti L, Kaye A, Falco F, Hirsch J (eds.). *Essentials of Interventional Techniques in Managing Chronic Pain*. ASIPP Publishing, Paducah, KY. In Press
- 📖 Sheng A, **Spittgerber L**. Posterior Cruciate Ligament Sprain. In: Frontera WR, Silver JK, Rizzo Jr. TD (eds.). *Frontera: Essentials of Physical Medicine and Rehabilitation*, 4th Ed. Elsevier. In Press.

Awards/Honors

- 📖 McGaw Medical Education Clinical Scholars Program: Sonal Oza
- 📖 McGaw Global Health Scholars Program: Jeff Cara
- 📖 Association of Academic Physiatrists Rehabilitation Medicine Scientist Training Program (RMSTP) Pre-Applicants: Abby Cheng, Heather Ma, Sonal Oza, Donel Sequea, Katharine Tam

Positions

- ☞ AAPM&R Resident Physician Council Program Ambassador – Neil Droppers
- ☞ AAPM&R Cancer Rehabilitation Research Group (Member) – Sonal Oza
- ☞ ACRM Cancer Rehabilitation Networking Group (Education Subgroup) – Sonal Oza
- ☞ Rehabilitation Standards Committee for American Spinal Injury Association (Member) – Allison Kessler-Vear
- ☞ McGaw Resident Fellows Forum Representative – Ryan Clark, Brendon Ross, Lauren Vernese, Neil Droppers
- ☞ 2nd Annual Evidence Based Osteopathic Manipulation for the Physiatrist Course – Brendon Ross (Course Director), Lauren Vernese, Neil Droppers, Ross Coolidge, James Atchison (January 21, 2017).
- ☞ Resident Coordinator for MSK Community Clinic – Abby Cheng
- ☞ Rehab in Review Co-Coordinators – Stacey Bennis & Laura Black

Rehab in Review Contributors

Laura Black
 Stacey Bennis
 Abby (Stephens) Cheng
 Lauren Vernese
 Keegan McClary
 Laurie Splittgerber
 Megan Flanigan
 Ross Coolidge
 Ryan Doyel

Katharine Tam
 Mariana (Murguia) Johnson
 Morgan Callahan
 Brendon Ross
 Joe Dadabo
 Ben Ingraham
 Ingrid Yang
 Neil Droppers

Audrey Leung
 Donel Sequea
 Khushboo Doshi
 Sonal Oza
 Sarah Mihalov
 Laura Malmut
 Matt Haas

Shirley Ryan
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