

Osher Center for Integrative Medicine at Northwestern University Network Research Map Search Terms

Mind and Body Practices includes curated publications from search terms:

- o Chiropractic (chiropractor)
- o Manual therapy (cranio-sacral, craniosacral, massage, therapeutic touch, Rolfing, reiki, structural integration)
- o Meditation (Mindfulness based stress reduction, MBSR, meditation, mind-body, mindfulness, relaxation response)
- o Movement Therapy (Alexander technique, Feldenkrais, Movement therapy)
- o Tai chi (Qigong, Tai chi, Tai Chi Chuan)
- o Yoga (Bikram, Hatha)
- o Mindfulness
- o Nature
- o Spirituality
- o Art Therapy
- o Music Therapy

Natural Products and Nutrition includes curated publications from search terms:

- o Nutritional Supplements
- o Food as Medicine
- o Functional Nutrition
- o Cleanses
- o Dietary Supplements
- o Herbal medicine
- o Nutraceuticals
- o Culinary medicine
- o Vitamins and Minerals
- o Botanical medicine

Whole Healing Traditions includes curated publications from search terms:

- o Traditional Chinese Medicine (Acupuncture, acupressure)
- o Ayurveda (Ayurvedic medicine)
- o Integrative Medicine
- o Alternative Medicine
- o Complementary and Alternative Medicine (CAM)
- o Complementary Medicine
- o Homeopathy
- o Naturopathic medicine
- o Tribal medicine