

## What are Patient Reported Outcomes (PROs)?

A report of a patient's health condition that comes directly from the patient. Broadly defined, they reflect the health-related quality of life of patients.

### PROs can be used for

### **Patient Care**

- Providing patients' perspectives
- Informed and shared decision making
- Enhancing patientprovider communication

### **Quality of Care**

- Assessing performance
- Identifying opportunities for improvement

### Research

- Assess treatment benefit beyond survival, disease, and physiologic markers
- Quantifying patient perceptions

PROs are NOT patient satisfaction or experience surveys.



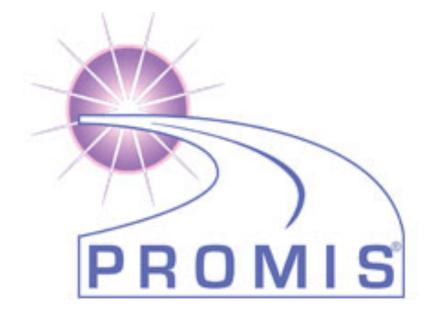
# **Partnering with National PROMs Experts**

Northwestern University, Medical Social Sciences

- Leaders in health measurement, quality-of-life measures, and outcomes science
- Developed some of the most recognized and widely used PROMs today
- Serve as a valuable resource for teams implementing PROMs



David Cella, PhD





Our PROMs

5
Inter-specialty
Collaborations

20 Unique Builds

North
West
Central

>10 Funded
Research Studies

50 Clinics

# Use Cases for PROs at NM

**Diversity of PROs Implementation** 

| Clinical Use                    | Purpose                                | Example Specialty or Department                              | Sample          | PRON         | IIS PRO      | Timing  |            |             |                   |               |
|---------------------------------|--|--|-----------------|--------------|--------------|---------|------------|-------------|-------------------|---------------|
| Preventive Care                 | Screening                              | Dermatology, Pain<br>Anesthesia, Tobacco<br>Cessation        | PRO<br>Baseline |              |              |         |            |             |                   |               |
| Chronic or<br>Specialty Care    | Symptom<br>monitoring                  | Cardiology, Oncology   | PRO Baseline    | PRO 1 month  | 1 month      | PRO     | 1 month    |             |                   |               |
| Interventional or Surgical Care | Outcomes improvement                   | General Surgery,<br>Integrated Spine Clinic,<br>Orthopaedics | PRO Baseline    | [post-op]    | PRO  2 weeks | 1 month | PRO2 month | PRO6 months | <b>PRO</b> 1 year | PRO<br>2 year |
| Surveillance                    | Screening and clinical decision-making | Thoracic Surgery,<br>Urology                                 | PRO Baseline    | PRO3 month . | PRO          | PRO     |            |             |                   |               |



# Multiple Data Collection Options

Create Many Pathways to Success





Through Patient Portal:

- Computer
- Tablet
- Smart Phone







## Through EHR:

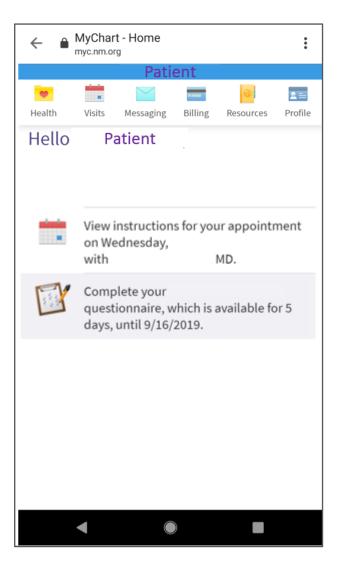
- In the office
  - Computer
  - Tablet
- By telephone



# **The Patient View**

Navigating to the Questionnaires

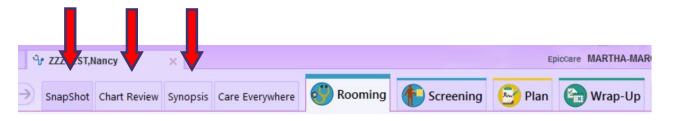






## **The Care Team View**

Immediately Available in Epic



| Today Overline Color Color  |   |
|---|---|
| Today Questionnaire Series Submission   |   |
|   |   |
| Question  | 9/12/2019 12:50 PM CDT - Filed by 9/<br>Patient on 9/12/2019 or |
| I would like a social worker to contact me for help with (select ALL that apply): | Nothing at this time  A be m at                                 |
| I would like a dietician to contact me to help with (select ALL that apply):      | Difficulty chewing or swallowing ! Lo<br>tr                     |
|   | . Do  |
|   | ;   |
|   | . D   |
| In the past 7 days I felt uneasy  | Rarely So   |
| In the past 7 days I felt tense   | Rarely  |
| In the past 7 days I felt nervous   | Rarely  |
| In the past 7 days I felt anxious   | Rarely  |
| PROMIS V1.0-ANXIETY T-SCORE (lower score is better) (range: 10 - 90)              | 51.2 (within normal limits) 68                                  |
| In the past 7 days I felt depressed   | Rarely R  |
| In the past 7 days I felt like a failure  | Rarely N  |
| In the past 7 days I felt worthless   | Rarely  |



## **Additional Views**

