2026 Global Food Allergy Prevention Summit

Hosted by the Center for Food Allergy & Asthma Research

October 22-24, 2026

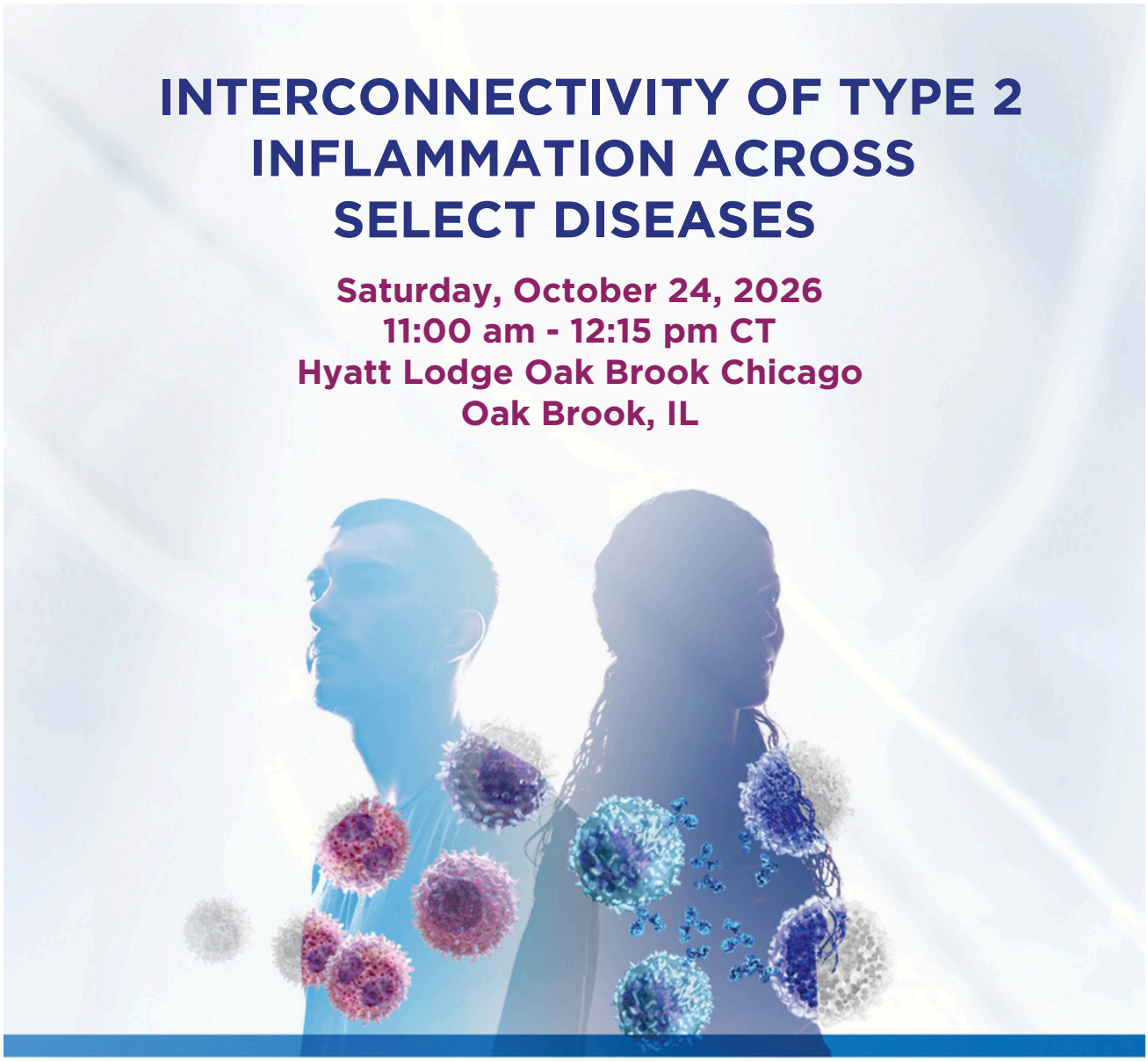
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INTERCONNECTIVITY OF TYPE 2 INFLAMMATION ACROSS SELECT DISEASES

Saturday, October 24, 2026
11:00 am - 12:15 pm CT
Hyatt Lodge Oak Brook Chicago
Oak Brook, IL



Presented by:



Todd A. Mahr, MD
Allergy & Immunology,
Emplify Health System
La Crosse, WI
Executive Medical Director,
American College of Allergy,
Asthma & Immunology

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“Progress happens when we come together—not in silos, but in shared spaces like this, where innovation and empathy intersect.”

Ruchi Gupta, MD, MPH

Director, Center for Food Allergy & Asthma Research (CFAAR)







Welcome



Dear Friends and Colleagues,

Welcome to the 2026 Global Food Allergy Prevention Summit! It is with great excitement and deep appreciation that I welcome each of you. We represent a global community committed to advancing food allergy prevention through research, innovation, and collaboration.

As we gather for the 4th Annual Global Food Allergy Prevention Summit, we have an opportunity to build on the insights generated through previous meetings. This year's program takes a deeper dive into five critical areas: **early dietary influences, microbiome and environmental factors, early treatment and secondary prevention, molecular mechanisms, and the role of the skin in allergy development**. Throughout the summit, we will examine emerging evidence, identify remaining gaps, and define priorities for the years ahead.

At CFAAR, we believe meaningful progress happens when people share knowledge, challenge assumptions, and work toward common goals. By bringing together experts from across disciplines and institutions, we can accelerate discoveries and drive meaningful progress in food allergy prevention.

We are deeply grateful to our partners at the Food Allergy & Anaphylaxis Connection Team (FAACT), as well as our sponsors and supporters, whose commitment makes this event possible.

Thank you for joining us and for being part of this important work.

With heartfelt gratitude,

Ruchi Gupta, MD, MPH
Director, Center for Food Allergy & Asthma Research (CFAAR)

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has."

MARGARET MEAD

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2026 GFAPS Agenda

Thursday, October 22, 2026		
7:00 PM – 9:00 PM	Happy Hour Sponsor Expo & Networking	EXHIBIT BOOTHS OPEN

Friday, October 23, 2026		
8:00 AM – 9:00 AM	REGISTRATION & BREAKFAST	EXHIBIT BOOTHS OPEN
9:00 AM – 9:30 AM	**Opening Remarks** *Ruchi Gupta, MD, MPH & Alkis Togias, MD*	
9:30 AM – 11:00 AM	International Prevention & Early Treatment Study Updates *Lucy Bilaver, PhD, Sharon Chinthrajah, MD, Kirsi Jarvinen-Seppo, MD, PhD, Adora Lin, MD, PhD, Sai Nimmagadda, MD, Rachel Peters, PhD, Michael Pistiner, MD, MMSc & Christopher Warren, PhD*	
11:00 AM – 11:45 AM	Molecular Mechanisms Working Group Presentation *Sara Anvari, MD, MSc, Cecilia Berin, PhD & Elena Crestani, MD, MS*	
11:45 AM – 1:00 PM	LUNCH	
1:15 PM – 2:00 PM	Microbiome & Environmental Factors Working Group Presentation *Stefan Green, PhD, Mahboobeh Mahdavinia, MD, PhD & Gary Soffer, MD*	
2:00 PM – 3:00 PM	Industry Initiatives in Prevention and Treatment	
3:00 PM – 3:15 PM	COFFEE BREAK	
3:15 PM – 4:00 PM	Day 1 Reflections & Wrap-Up	
5:00 PM – 6:00 PM	Expo Happy Hour & Networking	
7:00 PM – 9:00 PM	Social Event at Pinstripes (Open to all attendees)	

Saturday, October 24, 2026			
8:00 AM – 8:30 AM	BREAKFAST		EXHIBIT BOOTHS OPEN
8:30 AM – 8:35 AM	Welcome *Ruchi Gupta, MD, MPH*		
8:35 AM – 9:20 AM	Skin: Barrier or Pathway to Food Allergy Working Group Presentation *Sai Nimmagadda, MD, Jessica Palmieri, DO & Waheeda Samady, MD*		
9:20 AM – 9:30 AM	COFFEE BREAK		
9:30 AM – 10:15 AM	Early Dietary Influences Working Group Presentation *Lucy Bilaver, PhD, Marion Groetch, MS, Michael Pistiner, MD, MMSc & Christopher Warren, PhD*		
10:15 AM – 11:00 AM	Early Treatment & Secondary Prevention Working Group Presentation *Aikaterini Anagnostou, MD, PhD, Anna Nowak-Wegrzyn, MD, PhD, Julia Upton, MD, MPH & Brian Vickery, MD*		
11:00 AM – 12:30 PM	LUNCH	PRODUCT THEATER	
12:45 PM – 2:00 PM	Large-Group Synthesis & Closing Reflections		
2:00 PM	**Programming Concludes**		

Working Groups

* Denotes working group leaders

Early Dietary Influences

Lucy Bilaver, PhD*
Northwestern University
Lurie Children's Hospital
Center for Food Allergy & Asthma Research (CFAAR)

Marion Groetch, MS*
Icahn School of Medicine at Mount Sinai

Kirsi Jarvinen-Seppo, MD, PhD
University of Rochester Medicine

Marissa Love, MD
University of Kansas Medical Center

Juanita Mora, MD
Chicago Allergy Center

Rachel Peters, PhD
Murdoch Children's Research Institute

Michael Pistiner, MD, MMSc*
Massachusetts General Hospital
Harvard Medical School

Christopher Warren, PhD*
Northwestern University
Lurie Children's Hospital
Center for Food Allergy & Asthma Research (CFAAR)

Early Treatment & Secondary Prevention

Aikaterini Anagnostou, MD, PhD*
Texas Children's Hospital
Baylor College of Medicine

Sharon Chinthrajah, MD
Stanford Medicine
Sean N. Parker Center for Allergy and Asthma Research

Aaron Donnell, MD
Chicago Family Asthma & Allergy

Rajesh Kumar, MD
Lurie Children's Hospital & Northwestern University

Anna Nowak-Wegrzyn, MD, PhD*
New York University Langone Health
Grossman School of Medicine

Hemant Sharma, MD, MHS
Children's National Hospital
George Washington University

Julia Upton, MD, MPH*
The Hospital for Sick Children
University of Toronto

Brian Vickery, MD*
Children's Healthcare of Atlanta
Emory School of Medicine

Microbiome & Environmental Factors

Amal Assa'ad, MD
Cincinnati Children's Hospital Medical Center

Sindhura Bandi, MD
Rush University Medical Center

Stefan Green, PhD*
Rush University Medical Center

Neeraj Gupta, MBBS, DNB, IDPCCM, DCH
Sir Ganga Ram Hospital

Simon Hogan, PhD
Michigan Medicine
University of Michigan Medical School

Mahboobeh Mahdavinia, MD, PhD*
UTHealth Houston
McGovern Medical School

Gary Soffer, MD*
Yale School of Medicine

Lori Walsh, MD
Advocate Children's Hospital
Northwestern University

Working Groups

* Denotes working group leaders

Molecular Mechanisms

Sara Anvari, MD, MSc*
Baylor College of Medicine
Texas Children's Hospital

Cecilia Berin, PhD*
Northwestern University

Elena Crestani, MD, MS*
Boston Children's Hospital
Harvard Medical School

Pamela Guerrerio, MD, PhD
National Institute of Allergy & Infectious Diseases (NIAID)

Adora Lin, MD, PhD
National Institute of Allergy & Infectious Diseases (NIAID)

Melanie Makhija, MD
Lurie Children's Hospital & Northwestern University

James Moy, MD
Rush University Medical Center

Sarita Patil, MD
Massachusetts General Hospital
Harvard Medical School

Skin: Barrier or Pathway

Manju Dawkins, MD
Providence Medical Associates
Co-Founder of Thimble Health

Buu Doung, MD
Co-Founder of Skin Angels

Steve Handoyo, MD
University of Chicago Medicine

Sai Nimmagadda, MD*
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Jessica Palmieri, DO*
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Priyanka Seshadri, MD
Children's National Hospital

Amy Scurlock, MD
Arkansas Children's Hospital
University of Arkansas for Medical Sciences









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Center for Food Allergy & Asthma Research

CFAAR finds answers & shapes policies surrounding food allergy, asthma, & other allergic conditions.

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- Behavioral Health Needs from Self-care, Coping Skills, and More
- Listen to FAACT's Roundtable Podcast
- Adults with Food Allergies Resources
- Newly diagnosed with Food Allergies?
- Looking for allergy-friendly events
- Need guidance on food allergy safety?

Find the answers you're looking for at:
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MOCHA
Mothers of Children Having Allergies
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MOCHA's mission is to help parents of children who suffer from food allergies. **By providing information and opportunities, we aim to make living with allergies just a little bit easier.** We at MOCHA believe that it's our job as parents to give our children the education, encouragement, experience and enthusiasm to get out into the world and safely live their lives to the fullest.



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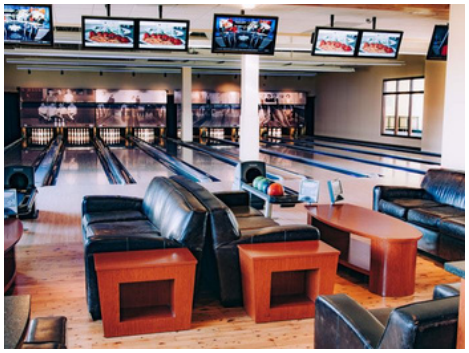
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Special Event

Join Us for Networking and Fun





Friday, October 23 **7pm - 9:30pm**

Pinstripes Oak Brook

7 Oak Brook Center Mall
Oak Brook, IL 60523

Special Recognition

We wish to recognize and thank our core summit planning team, collaborators, and volunteers for making the 2026 Global Food Allergy Prevention Summit happen!

Conference Coordinators

Ruchi Gupta, MD, MPH
David Arzola
Hope Alafogianis
Joanna Biela
Jialing Jiang
Madeleine Kanaley, MPH
Hannah Grosspietsch, SHRM-CP
Carly Schweppe Madej
Annie Siebenaler

Special Thanks

Eleanor Garrow
Maya Konoff
Caroline Moassessi
Sharon Wong, MEd
FAACT Staff
CFAAR Faculty & Staff

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Jennie Cimino
Taylor Gibbons

Northwestern Medicine Feinberg School of Medicine

Ron Ackermann, MD, MPH
Kevin Connolly
MaryPat Mauro
FSM Contracts Office







About CFAAR

CFAAR
Center for Food Allergy & Asthma Research



THE CENTER FOR FOOD ALLERGY & ASTHMA RESEARCH (CFAAR) is committed to finding answers and shaping policies surrounding food allergy, asthma, and other allergic conditions.

CFAAR is part of the Institute for Public Health and Medicine (IPHAM) at Northwestern University Feinberg School of Medicine and Ann & Robert H. Lurie Children's Hospital of Chicago. CFAAR is an internationally recognized hub for investigators conducting high-impact food allergy and asthma research.

CFAAR's mission is to lead inovative reswearch that improves the lives of communities with food allergy and asthma through epidemiological, clinical, and comunity-engaged research. Through theior three resewarch cores, CFAAR collects data to improve the understanding of the population health burden of allergic conditions, condusct groundbreaking researech to prevent, manage, and treat these conditions, and provides accessible resources and education to schools, communities, and individuals around the world.

With continued partnership from their advisory boards, clinical partners, advocacy groups, patients, and families, CFAAR is excited to develop more effective and impactful methods to improve the health of those with allergic conditions.

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To learn more about CFAAR and how to become involved, please visit cfaar.northwestern.edu

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Notes

Notes


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