Early Peanut Recommendation – Clinician Work Flow

Assess Peanut Allergy Risk: 4-, 6-Mo WCC

Severe Eczema* and/or Egg Allergy
*Look for deep/bright red erythema, marked induration/papulation, and/or lichenification.

Order Peanut sIgE (Use order set)

≥ 0.35 kUA/L → Refer to Allergy/Immunology
< 0.35 kUA/L

No

Recommend Peanut Introduction
Around 4–6 months old when ready for solids. 2g per feeding, 3 times per week.

Follow-Up: 6-, 9-, 12- Mo WCC

Already Assessed Risk and Provided Guidance?

Yes

Peanut Introduced or In Diet?

Yes

Reminder
2g per feeding, 3 times per week

No

No

Assess Risk AND/OR Provide Guidance
(See flowchart above)

CFAAR
Center for Food Allergy & Asthma Research

Addendum guidelines for the prevention of peanut allergy in the United States: Report of the National Institute of Allergy and Infectious Diseases-sponsored expert panel