

M Northwestern Medicine®
Feinberg School of Medicine



9th Annual
Women's
Cardiovascular
Health Symposium

Sponsored by:

The Program for Women's
Cardiovascular Health

Northwestern Medicine's
Bluhm Cardiovascular Institute
Northwestern University Feinberg
School of Medicine

May 6, 2016

Prentice Women's Hospital
Chicago, Illinois

Hear disease from coronary artery disease is the number one killer of both men and women in the United States. As a result of differences in symptoms and disease presentation between genders, heart disease is often missed in women. Almost half of US women fail to recognize cardiovascular disease (CVD) as their major health problem and thus miss the opportunity to partner with health care providers early to identify and manage risk factors over their lifespan. Women are also at risk for other forms of heart disease such as valvular disorders, heart failure and arrhythmias. The aging woman is also at risk for bone loss and sexual dysfunction.

It is critical for health care providers to identify and appropriately educate their female patients who are at risk for all forms of CVD. However, overall awareness, as well as rapid changes and advances in scientific discovery make the practice of evidence-based medicine challenging for all practitioners.

The Bluhm Cardiovascular Institute's Program for Women's Cardiovascular Health invites you to attend the 9th Annual Women's Cardiovascular Health Symposium. This year's program will address a variety of cardiovascular topics commonly encountered in clinical practice. Key gender specific advances in a variety of areas of CVD, such as coronary artery disease, heart failure, heritable conditions, valvular heart disease, arrhythmias and preventive measures will be covered. There will be ample time for participant interaction.

We extend a special invitation for cardiologists, primary care providers and OB/GYN physicians to attend this symposium since they can be the first to identify female patients at risk to personally and positively improve their overall health. Women are still less likely to be offered proven therapies for heart disease as compared to men. This troubling statistic is an urgent call to action to change, especially since the lifetime risk of CVD in women approaches one in two women over their lifetime so that they can take the steps needed to keep their hearts healthy.

Learning Objectives

At the conclusion of this activity, participants should be able to:

1. Recognize gender differences in cardiovascular disease presentation, prevalence and outcomes
2. List diagnostic and treatment options for women with heart failure
3. Explore principles of heritable cardiovascular disease and how it applies to clinical practice
4. List considerations when determining an exercise prescription for a woman with cardiovascular disease
5. Explain when and how to use novel anticoagulants in clinical practice
6. Describe current and emerging transcatheter technologies available to women with valvular heart disease
7. Review the latest evidence based recommendations regarding hormone therapy, heart and bone health

Audience

This program has been designed for all medical professionals involved in the care of women, including primary care physicians, cardiologists, OB/GYN, endocrinologists, nurses, nurse practitioners, pharmacists, physician assistants and other healthcare professionals involved in the care of women at all life stages with, or at risk for, cardiovascular disease.

Conference Location

The program will be held at the Prentice Women's Hospital, located in the Conference Room on the third floor at 250 East Superior Street, Chicago, Illinois. Please contact the hospital at 312-926-2000 for directions and parking information or visit: prentice.nmh.org.

Accreditation Statement

Please update: The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Hour Statement

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 4.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Credits

The American Academy of Nurse Practitioners and the American Nurses Credentialing Center accept *AMA PRA Category 1 Credit(s)*[™] from organizations accredited by the ACCME

Faculty Disclosure

Current guidelines state that participants in CME activities should be made aware of any affiliation or financial interest that may affect a speaker's presentation. Speakers are required to disclose any significant relationships with commercial companies prior to the symposium. The course syllabus will identify any significant relationships and whether a faculty member will be discussing off-label usage.

Special Needs

The Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit written requests to the Office of CME at least one month prior to the conference date.

For Further Information

Contact the Office of CME, 240 East Huron, Suite 1-200, Chicago, IL 60611. Phone: 312-503-8533; Email cme@northwestern.edu

Friday, May 6, 2016

12:00 – 1:00pm	Registration and Buffet Lunch
1:00 – 1:10pm	Introduction and Welcome Marla A. Mendelson, MD and Vera H. Rigolin, MD
1:10 – 1:45pm	Heart Failure in Women: Diagnosis and Management Keynote Speaker, Mary Norine Walsh, MD
1:45 – 1:55pm	Q and A with Mary Norine Walsh, MD
1:55 – 2:25pm	Saving a Woman's Failing Heart Jane E. Wilcox, MD
2:25 – 2:50pm	Cardiovascular Genetics: Applications for your Practice Lisa W. Wilsbacher, MD, PhD
2:50 – 3:15pm	A Woman's Prescription for Safe Exercise R. Kannan Mutharasan, MD
3:15 – 3:30pm	Q and A
3:30 – 3:45pm	Refreshment Break
3:45 – 4:15pm	Novel Uses for Novel Anticoagulants Susan Kim, MD
4:15 – 4:40pm	Transcatheter Technologies for Valvular Heart Disease in Women Mark Ricciardi, MD
4:40 – 5:05pm	Hormones, Hearts and Bones Elena Kamel, MD
5:05 – 5:30pm	Q and A and Call to Action



Course Directors

Marla A. Mendelson, MD

Medical Director
Women's Cardiovascular Health Program
Bluhm Cardiovascular Institute
Associate Professor of Medicine
Northwestern University Feinberg School of Medicine

Vera H. Rigolin, MD

Associate Medical Director
Women's Cardiovascular Health Program
Bluhm Cardiovascular Institute
Medical Director, Echocardiography Laboratory
Northwestern Memorial Hospital
Professor of Medicine
Northwestern University Feinberg School of Medicine

Keynote Guest Speaker

Mary Norine Walsh, MD

Medical Director
Heart Failure and Cardiac Transplantation Director
Nuclear Cardiology, St. Vincent Heart Center
Clinical Associate Professor of Medicine
Indiana University School of Medicine

R. Kannan Mutharasan, MD

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Cardiologist
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Assistant Professor of Medicine and Pharmacology
Northwestern University Feinberg School of Medicine



Registration



9th Annual Women's Cardiovascular Health Symposium

May 6, 2016 | Prentice Women's Hospital | Chicago, Illinois

Physicians and Industry Professionals \$130

Residents, Fellows, Techs and Nurses. \$100

You may register on-line at: cme.northwestern.edu/conference

Please note that credit cards cannot be accepted for on-site registrations. On-site registrations must be made with a check. Credit Cards cannot be accepted over the phone.

- ☐ MD/DO (circle)
- ☐ RN
- ☐ Other (please specify):

Please type or print

Last Name: _____

First Name: _____

Institution: _____

Address: _____

City: _____ State: _____ Zip code: _____

Daytime Phone: _____ Fax: _____

E-mail: _____

(required — your confirmation and receipt will be emailed)

Specialty: _____



Please indicate any special needs: _____

Please indicate any dietary needs: _____

Please make your check payable to **Northwestern University** and mail it with the registration form to:

Office of CME
Northwestern University's Feinberg School of Medicine
240 East Huron, Suite 1-200
Chicago, IL 60611
Phone: 312-503-8533

Cancellations must be made in writing via email to the Office of CME:
cme@northwestern.edu.

The paid registration fee, minus a \$30 administrative charge, will be refunded.
No refunds will be granted after April 11, 2016.

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