



NORTHWESTERN WOMEN IN MEDICINE: LEADING THE WAY

A conference to promote the
advancement of women in medicine

FRIDAY, OCTOBER 11, 2019

Northwestern Memorial Hospital
Feinberg Pavilion
Chicago, Illinois

SPONSORED BY

Northwestern University
Feinberg School of Medicine
Office of Continuing Medical Education,
Departments of Medicine and Surgery

THIS ACTIVITY HAS BEEN
APPROVED FOR

7.75 AMA PRA CATEGORY
1 CREDITS™

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PROGRAM INFORMATION

NORTHWESTERN WOMEN IN MEDICINE: LEADING THE WAY

The aim of the symposium is to empower women in leadership and to facilitate career advancement by identifying barriers prevalent in medicine and finding ways to initiate constructive solutions. The conference will also allow for networking amongst community and academic women in medicine.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

1. Facilitate the advancement of women in medicine
2. Identify the skills needed to be an effective leader
3. Identify strategies when to say yes and when to say no to professional endeavors
4. Develop the art of negotiation
5. Identify evidence based data and peer reviewed studies relating to implicit bias and gender equity
6. Identify barriers that currently exist for women in medicine and create constructive solutions
7. Describe strategies for work life balance while maintaining overall wellness and health

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of multiple specialties.

CONFERENCE LOCATION

The program will be on the 3rd Floor of the Northwestern Memorial Hospital Feinberg Pavilion, located at 251 E. Huron St, Chicago, IL 60611. For directions and parking information, please visit nm.org/locations.

ACCREDITATION STATEMENT

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

The Northwestern University Feinberg School of Medicine designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only credit commensurate with the extent of their participation in the activity.

FACULTY DISCLOSURE

The Northwestern University Feinberg School of Medicine requires course directors, speakers, instructors, planners and other individuals who are in a position to control the content of this activity to disclose any relevant financial relationships. All identified potential conflicts of interest, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations are thoroughly vetted by Northwestern University FSM for fair balance; The faculty disclosures will be indicated in the course syllabus.

SPECIAL NEEDS

The Northwestern University Feinberg School of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If any participant of this conference is in need of accommodation please indicate those needs on the registration form or submit a written request to the Office of CME at least one month prior to the conference date.

ADDITIONAL INFORMATION

For more information, Contact Rana Khalifeh at rana.khalifeh@northwestern.edu or visit our website at: cme.northwestern.edu or www.medicine.northwestern.edu/about/women-in-medicine.html.

INVITED SPEAKERS

Michelle Buck, PhD

Clinical Professor of Leadership
Kellogg School of Management
Northwestern University



Michelle L. Buck is Clinical Professor of Leadership at the Kellogg School of Management at Northwestern University. She has previously served as the School's first Director of Leadership Initiatives, designing and coordinating opportunities

for personal leadership development to complement the School's academic curriculum. She has also served as academic director of numerous Kellogg executive programs, and teaches in Northwestern's Master of Science Communication program.

Professor Buck's work focuses on designing innovative, inspiring, and important learning experiences that transform lives by providing purpose, passion, and possibility and that transform the world by developing authentic, courageous and creative leaders.

Karin M. Muraszko, MD, FACS

Chair and Julian T. Hoff, M.D. Professor,
Neurological Surgery
Professor, Pediatrics and Communicable Diseases
Professor, Plastic Surgery
University of Michigan



Karin M. Muraszko, MD, was educated at Yale University, having received a B.S. with a double major in history and biology in 1977. She is a graduate of Columbia College of Physicians and Surgeons in 1981. She did her internship, neurosurgical training,

and pediatric neurosurgical training at Columbia Presbyterian Medical Center-the New York Neurological Institute. Dr. Muraszko was then a Senior Staff Fellow at the National Institutes of Health-NINDS in the Surgical Neurology Branch from 1988 to 1990. Dr. Muraszko arrived at the University of Michigan in 1990. She became Chief of the Pediatric Neurosurgery Service in 1995 and appointed Chair of the Department in 2005 with the distinction of being the first female chair of an academic neurosurgical department in

the United States. She has served on numerous committees within organized neurosurgery. Dr. Muraszko was appointed the first female Director of the American Board of Neurological Surgeons in 2008. At Michigan she has served on ACAPT, the Medical School Executive Committee and the FGP Executive Committee.

Dr. Muraszko's research interests include experimental therapies for the treatment of pediatric brain tumors, the treatment and diagnosis of Chiari malformations, and the treatment of children with complex craniofacial anomalies. She is the co-founder of Project Shunt at the University of Michigan.

Stephanie Spottswood, MD, MPH

Professor of Radiology and Radiological Sciences
Professor of Pediatrics
Chief, Pediatric Nuclear Medicine
Associate Vice Chair for Diversity
Vanderbilt University Medical Center



Dr. Spottswood received her Bachelor of Arts degree in Education from the University of Michigan, Master of Science degree in Public Health from the University of North Carolina, and Doctoral degree in Medicine from the University of North

Carolina. She completed residency in Diagnostic Radiology at Vanderbilt University Medical Center in 1991 and fellowship training in Pediatric Radiology at the Medical College of Virginia in 1992. She then studied pediatric nuclear medicine under pediatric nuclear medicine pioneer Dr. Massoud Majd, at the Children's National Medical Center and completed her Nuclear Medicine fellowship training at the Medical College of Virginia in 1993.

As a retired Professor Emerita of Radiology, Dr. Spottswood remains active as an Unconscious Bias educator, and as co-chair of the Diversity and Inclusion Committee of the Society for Pediatric Radiology, a standing committee which she developed in 2017. She currently works as an executive coach, with a focus on expanding trainee and workforce diversity in the field of radiology and, more broadly, within academic medical centers. She speaks regionally, nationally and internationally on the topics of diversity, gender diversity, diversity in health care, and creating an institutional culture of inclusion.

FACULTY

NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE SPEAKERS

Mercedes Carnethon, PhD

Vice Chair, Department of Preventive Medicine
Chief of Epidemiology in the Department
of Preventive Medicine
Mary Harris Thompson Professor
Professor of Preventive Medicine

Daniel Evans, MD

Assistant Professor of Medicine

Z. Leah Harris, MD

Chief of Critical Care, Department of Pediatrics
Posy and John Krehbiel Professor
in Critical Care Medicine
Professor of Pediatrics

Lacy Knight, MD

Health System Clinician of
Emergency Medicine

Divya Mallampati, MD

Fellow, Department of Maternal-Fetal Medicine
The University of North Carolina

Eric Neilson, MD

Vice President for Medical Affairs and
Lewis Landsberg Dean
Professor of Medicine and
Cell and Developmental Biology

Karen Sheehan, MD, MPH

Professor of Pediatrics and
Preventive Medicine

Melissa Simon, MD

Vice Chair for Clinical Research
Department of Obstetrics and Gynecology
Director, Institute for Public Health and
Medicine (IPHAM) – Center for Health
Equity Transformation
George H. Gardner, MD Professor
of Clinical Gynecology
Professor of Obstetrics and Gynecology/
Preventive Medicine and Medical
Social Sciences

Dinee Simpson, MD

Assistant Professor of Surgery

Mamta Swaroop, MD

Director, Institute for Global Health
Center for Global Surgery
Associate Professor of Surgery

Jennifer Trainor, MD

Associate Professor of Pediatrics
and Medical Education

Katherine Tynus, MD

Clinical Associate Professor of Medicine

Patricia Vassallo, MD

Assistant Professor of Medicine

Katherine Watson, JD

Assistant Professor of Medical Social Sciences,
Medical Education, and Obstetrics and Gynecology

Diane Wayne, MD

Vice Dean for Education
Chair, Department of Medical Education
Dr. John Sherman Appleman Professor
of Medical Education
Professor of Medicine and Medical Education

Teresa Woodruff, PhD

Associate Provost for Graduate Education
Dean of The Graduate School
Vice Chair for Research,
Department of Obstetrics and Gynecology
Director, Women's Health Research Institute
Chief of Reproductive Biology Research in the
Department of Obstetrics and Gynecology
Thomas J. Watkins Memorial Professor
of Obstetrics and Gynecology
Professor of Obstetrics and Gynecology,
McCormick School of Engineering,
Medical Social Sciences and Medicine

Clyde Yancy, MD, MSc

Vice Dean for Diversity and Inclusion
Chief of Cardiology in the
Department of Medicine
Magerstadt Professor
Professor of Medicine and Medical Social Sciences

FACULTY

NORTHWESTERN UNIVERSITY FEINBERG SCHOOL OF MEDICINE FACULTY

COURSE DIRECTORS

Sarah Friedewald, MD

Chief of Breast Imaging
Associate Professor of Radiology
Department of Radiology

Cybele Ghossein, MD

Vice Chair for Academic and Faculty Affairs,
Department of Medicine
Professor of Medicine

Angira Patel, MD, MPH

Associate Professor of Pediatrics and
Medical Education

PLANNING COMMITTEE

Joan Aniza, MD

Professor of Psychiatry and
Behavioral Sciences and Medical Education

Mercedes Carnethon, PhD

Mary Harris Thompson Professor
Professor of Preventive Medicine

Aruna Ganju, MD

Associate Professor of Neurological Surgery
and Orthopaedic Surgery

Manjot Gill, MD

Associate Professor of Ophthalmology

Blair Golden, MD

Assistant Professor of Medicine
The Johns Hopkins University

Amy Halverson, MD

Professor of Surgery

Z. Leah Harris, MD

Posy and John Krehbiel Professor
in Critical Care Medicine
Professor of Pediatrics

Allison Kessler, MD, MSc

Assistant Professor of Physical Medicine
and Rehabilitation

Stephanie Kielb, MD

Associate Professor of Urology,
Medical Education and Obstetrics and Gynecology

Daniela Ladner, MD, MPH

Associate Professor of Surgery and
Medical Social Sciences

Bonnie Martin-Harris, PhD

Professor of Otolaryngology
Head and Neck Surgery
and Radiation Oncology

Danielle McCarthy, MD

Associate Professor of Emergency Medicine

Tacoma McKnight, MD

Associate Professor of Obstetrics and Gynecology

Ritu Nayar, MD

Professor of Pathology and Medical Education

Vera Rigolin, MD

Professor of Medicine

Cynthia Rigsby, MD

Professor of Radiology and Pediatrics

Nancy Sassower, MD

Clinical Instructor of Medicine

Karen Sheehan, MD, MPH

Professor of Pediatrics and Preventive Medicine

Saadia Sherwani, MD, MS

Associate Professor of Anesthesiology and Surgery

Dinee Simpson, MD

Assistant Professor of Surgery

Farzaneh Sorond, MD, PhD

Professor of Neurology

Linda Suleiman, MD

Assistant Professor of Orthopaedic Surgery

AGENDA

FRIDAY, OCTOBER 11, 2019

6:45 am **BREAKFAST,
REGISTRATION, EXHIBITS**

7:15 am **WELCOME**

Dean Eric Neilson, MD

7:20 am **INTRODUCTION**

Sarah Friedewald, MD
Cybele Ghossein, MD
Angira Patel, MD, MPH

7:30 am **The Power of Gender Diversity
in Business and in Medicine**
Stephanie Spottswood, MD, MPH

8:20 am **State of Women in Medicine**
Teresa Woodruff, PhD

9:15 am **Leadership:
A Personal Narrative**
Karin Muraszko, MD, FACS

10:00 am **REFRESHMENT BREAK
AND EXHIBITS**

10:15 am **PANEL DISCUSSION
Overcoming Challenges on
Your Way to Leadership**

MODERATOR:
Melissa Simon, MD

PANEL:
Karin Muraszko, MD, FACS
Dinee Simpson, MD
Jennifer Trainor, MD
Patricia Vassallo, MD

11:15 am **The Unscripted Life: Using
Improvisational Theater
Techniques to Help Women
in Medicine Claim Power,
Collaborate, and Communicate**
Katie Watson, JD

12:00 pm **NETWORKING LUNCH**

1:00 pm **Resilience: Maximizing
Leadership Impact and Wellbeing**
Michelle Buck, PhD

1:55 pm **PANEL DISCUSSION
How to Negotiate for
Yourself: When to Say Yes
and When to Say No**

MODERATOR:
Diane Wayne, MD

PANEL:
Mercedes Carnethon, PhD
Leah Harris, MD
Lacy Knight, MD
Stephanie Spottswood, MD, MPH

2:40 pm **REFRESHMENT BREAK
AND EXHIBITS**

3:00 pm **PANEL DISCUSSION
Advocacy & Leadership
Outside of Traditional Work
Environment**

MODERATOR:
Daniel Evans, MD

PANEL:
Divya Mallampati, MD
Karen Sheehan, MD
Mamta Swaroop, MD
Katherine Tynus, MD

3:50 pm **Building a Culture of Allyship
and Sponsorship**
Clyde Yancy, MD

4:30 pm **WRAP-UP**
Cybele Ghossein, MD
Sarah Friedewald, MD
Angira Patel, MD, MPH

REGISTRATION

REGISTRATION FEE

Faculty and staff with a current appointment at Northwestern Medicine, Lurie Children's, Shirley Ryan Ability Lab, or other Northwestern Affiliate \$25

Northwestern Alumni \$25

Current medical students, residents, or fellows at Northwestern Medicine, Lurie Children's, Shirley Ryan Ability Lab, or other Northwestern Affiliate \$20

General attendee \$100

Trainees* \$25

(*must submit program director's letter to rana.khalifeh@northwestern.edu)

CANCELLATION POLICY

Cancellations must be made in writing to Rana Khalifeh at rana.khalifeh@northwestern.edu. The paid registration fee will be refunded if cancellation is received by **Monday, October 7, at 5pm.**

PLEASE TYPE OR PRINT

Last Name _____ First Name _____

MD DO PhD RN Other (please specify) _____

Institution _____

Address _____

City _____ State _____ ZIP Code _____

Daytime Phone _____ Fax _____

E-mail (Required) _____

Your registration confirmation will be e-mailed


Specialty _____

 Please indicate any special needs _____

Please indicate any dietary needs _____

HOW TO REGISTER

 **ONLINE** - Please visit www.cme.northwestern.edu

 **MAIL** - Mail the registration form with a check made payable to Northwestern University
676 N. St. Clair, Suite 2330
Chicago, IL 60611
Attention: Rana Khalifeh

Online registration will close on Monday, October 7, at 5 pm.

On site registration will be accepted via check only.

QUESTIONS

Have questions, or to cancel your registration, contact Rana Khalifeh at rana.khalifeh@northwestern.edu. Registrations will not be accepted by telephone.



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Northwestern Medicine® is the shared vision that joins Northwestern Memorial Healthcare and Northwestern University Feinberg School of Medicine in a collaborative effort to transform medicine through quality healthcare, academic excellence, and scientific discovery.