In this issue, we commemorate 150 years of women at Northwestern and recognize generous donors who are helping us empower women in leadership roles to achieve innovative research and clinical goals. We also share news of recent philanthropy from visionary families that have transformed our institutions over many years; focus in on scholarship supporters; and highlight gifts made across the Northwestern Medicine health system. Our aim, in these pages, is to express appreciation to all of you and to demonstrate how you are truly benefiting our important endeavors in medical education, research and clinical care. By investing in our talented physicians, scientists, medical students and trainees, you are supporting the people who ultimately make a difference in the lives of patients and families.
Alumni Honor Women in Science and Medicine with Gift to Dermatology

After carefully considering the best way to support their alma mater, Feinberg alumni Kavitha Gandhi, ‘98 MD, ‘99 GME, and Sanjay Gandhi, ’97 MD, ’01 ’04 GME, decided to make a generous gift that will not only fund a new Innovation Grant Program in the medical school’s Department of Dermatology, but also honor the achievements of extraordinary women working in science and medicine.

Led by Amy Paller, MD, chair of Dermatology and the Walter J. Hamlin Professor of Dermatology, the new Innovation Grant Program will bring together laboratory scientists and clinicians to spur discoveries in dermatologic diseases. The Drs. Gandhis’ philanthropy will provide competitive grants for those collaborations.

“Sanjay and I were drawn to the idea of supporting an initiative led by an incredible woman like Dr. Paller,” said Kavitha, a dermatologist herself who also serves as a clinical instructor on Feinberg’s faculty. Husband Sanjay specializes in urogynecology and pelvic reconstructive surgery. “As practicing clinicians faced with diagnostic and therapeutic dilemmas, springboarding an innovation program also spoke to our keen interest in bringing clinical medical quandaries to the bench for further inquiry.”

According to Dr. Paller, the department recently challenged its academic dermatologists to find research partners at Northwestern to focus on translational, bench-to-bedside research.

“This program is the outcome of that challenge,” Dr. Paller said. “We are incredibly grateful to Drs. Kavitha and Sanjay Gandhi for their visionary recognition of the importance of these efforts and for generously funding our Innovation Grant Program.”

The concept of pairing clinicians and scientists was also meaningful to Kavitha and Sanjay on a personal level. The two clinicians want their gift to celebrate two inspiring women in science and medicine: their mothers.

“My mother, Dr. Gunamani Sithanandam, is a retired molecular biologist and cancer researcher from the National Cancer Institute who happened to clone the b-raf oncogene years ago when cloning a gene was no easy feat,” said Kavitha. “Sanjay’s mother, Dr. Asha Gandhi, is still a practicing obstetrician gynecologist and carried on the legacy of her own parents, both physicians in the Indian Army, and her aunt, personal physician to Mahatma Gandhi and the first Health Minister of India.”

Kavitha and Sanjay’s recent philanthropy is only the latest manifestation of Northwestern roots that run deep: The two met as undergraduate students at Northwestern, while participating in the joint BA/MD Honors Program in Medical Education. In addition to graduating from medical school at Northwestern, Kavitha completed an internship at the McGaw Medical Center of Northwestern University in 1999 and Sanjay a residency in obstetrics and gynecology in 2001 and a fellowship in urogynecology in 2004, also at McGaw.

Kavitha currently serves on Feinberg’s Medical Alumni Association Board and co-chairs its Women in Medicine Strategic Initiative.

“We are grateful for our mothers’ dedication to science and medicine, which continues to be an inspiration to us,” the couple shared. “Honoring women in medicine at this juncture in history can only serve to strengthen the field of medicine for generations to come.”

For more information about supporting women in medicine, please contact Vic Maurer at 312.503.2417 or victor.maurer@northwestern.edu.
A Grateful Patient Thanks His Hematologist by Supporting Her Research

In 2005, Richard Ryan’s primary care physician in DeKalb, Illinois, found signs of cancer in his abdomen after a CT scan. It looked like non-Hodgkin lymphoma, a blood cancer that occurs when the body produces too many abnormal white blood cells called lymphocytes. The physician recommended that Mr. Ryan seek care from hematologist Jane Winter, MD, at the Robert H. Lurie Comprehensive Cancer Center of Northwestern University.

Now, almost 15 years after they first met, Mr. Ryan is honoring Dr. Winter with a generous gift that will fund a research nurse focused on clinical trials in the lymphoma program at Northwestern.

After his original diagnosis in 2005, Mr. Ryan, a former president of DeKalb Genetics and vice president of Monsanto, visited Dr. Winter every few months for scans and blood tests to monitor his cancer. He started chemotherapy after his lymphoma began growing early last year.

“I decided to support Dr. Winter for two reasons,” Mr. Ryan shared. “First, to acknowledge her expertise and leadership in the field of hematology, and, second, to say thank you for the exceptional care she and her team have provided me. As a result of their care and counsel over the last few months, I am now in remission.”

Dr. Winter, a professor of Medicine in the Division of Hematology and Oncology who has served on the medical school’s faculty for more than 30 years, has not only been recognized by patients such as Mr. Ryan, but also by her peers in the field. She was recently elected vice-president of the American Society of Hematology, the world’s largest professional society focused on the causes and treatment of blood disorders, and will become president-elect in 2021 and president in 2022.

Dr. Winter is the principal investigator of several clinical trials testing new therapies for non-Hodgkin and Hodgkin lymphoma patients. The new research nurse position made possible by Mr. Ryan will focus on the care of participants enrolled in trials for lymphoma.

“I am overwhelmed by Mr. Ryan’s generosity and confidence in our clinical research program for lymphoma,” Dr. Winter said. “The past few years have been the most exciting of my entire career because of the large number of FDA approvals for new drugs for hematologic malignancies. Every one of these approvals is based on the results of clinical trials. Some of my patients are alive today only because of a new treatment and some because they participated in a clinical trial.”

The new nurse will educate patients on clinical trials, assure participant safety and adherence to protocol and handle patient follow-up.

“We anticipate that this important addition to our team will have a major impact on the numbers of patients enrolled in our clinical trials and most importantly on the patient experience,” Dr. Winter said. “We are so grateful for Mr. Ryan’s support.”

Likewise, Mr. Ryan says one experience in particular stands out to him when he thinks of Dr. Winter and her own support of him as a patient.

“After my fourth chemo treatment last August, my immune system was low, and I came down with a bacterial infection,” he recalls. “I was in the hospital, and Dr. Winter came down to see me immediately to tell me what was causing the infection from recent test results. I’ll not forget how quick and responsive she was in my time of need.”

For more information about supporting hematology and oncology, please contact Terri Dillon at 312.503.4837 or terri-dillon@northwestern.edu.
Waud Family Honors a Leader in Palliative Medicine at Lake Forest Hospital

For generations, the Waud family has demonstrated a profound commitment to both the Lake Forest community and Northwestern Medicine Lake Forest Hospital, establishing the Waud name as a synonym for vision, loyalty and leadership. Inspired by this family tradition of philanthropy and by great personal generosity, David Waud and his wife Pam, together with Mr. Waud’s sister, Deborah Waud Moore, recently made a significant leadership commitment to name and endow the Waud Family Medical Directorship in Palliative Medicine and Supportive Care at Northwestern Medicine Lake Forest Hospital. The inaugural recipient of this directorship, Martha L. Twaddle, MD, is a nationally recognized leader in the field of palliative medicine and supportive care.

“My sister Debbie, my wife Pam and I are true admirers of Martha, who is such a champion in the related fields of palliative and hospice medicine,” said David Waud. “In simple terms, palliative care means embracing comfort and quality of life during a serious illness. Because of substantial underfunding by government agencies and insurance companies, programs in this discipline, in the foreseeable future, will depend on private philanthropy to succeed.”

Mr. Waud continued, “Our family’s close personal relationship with Martha, and our admiration for her passion for supportive care, inspired us to make this gift to the hospital in Martha’s honor. Debbie, Pam and I believe that endowing the position of medical director in palliative medicine and supportive care will help this vital program to thrive in Lake Forest and to become a model replicated by other hospitals and medical systems across the country.”

After beginning her medical career as a primary care internist at Northwestern in 1989, Dr. Twaddle became a clinical professor of Medicine at Feinberg and a trailblazer in the area of palliative medicine and supportive care. Over the following three decades, she focused in on identifying, understanding and fulfilling the needs of seriously ill and chronically ill patients and their loved ones.

“I found myself particularly drawn to providing care for patients and families coping with serious illnesses,” she explained. “In 2000, I made the decision to dedicate my career to palliative medicine, even before it was a full specialty. I then had the privilege of working with many others to establish palliative medicine as a medical specialty—a goal that we proudly achieved in 2006.”

In 2017, Dr. Twaddle joined Lake Forest Hospital as a full-time employee and began to cultivate its thriving palliative medicine program.

“I have the joyful mission of building the best possible Palliative Medicine and Supportive Care program,” Dr. Twaddle said. “That mission centers on ensuring that all patients confronted with a serious illness, along with their families and caregivers, receive ongoing, comprehensive care that is tailored to their individual needs and delivered with the greatest skill and compassion by an interdisciplinary team.”

“I am so moved by, and so very grateful for, the remarkable philanthropy, support, friendship and caring of David and Pam Waud and Debbie Waud Moore,” she continued. “It is an honor beyond measure to become the Waud Family Medical Director, and I will continue to do everything in my power to establish Lake Forest Hospital’s Palliative Medicine and Supportive Care program as a beacon of excellence and compassion that touches the lives of patients and families here in Lake Forest and beyond, for years and years.”

Reflecting on the many ways in which Dr. Twaddle has touched him and his family, as well as countless other individuals and families, through the years, Mr. Waud remarked, “Four members in my generation of the Waud family, as well as both of my parents and Pam’s mother, were blessed with compassionate, supportive end-of-life care from Martha and her team members. All of us living in Northeastern Illinois are fortunate to have such a visionary and respected leader as Martha—known for her clinical expertise, smile and wonderful sense of humor—at the helm of our hospital’s innovative program in palliative medicine.”

For more information about the Palliative Medicine and Supportive Care program at Northwestern Medicine Lake Forest Hospital, please contact Karen Hill at 630.315.6808 or karen.hill@nm.org.
In August 2019, Northwestern Medicine welcomed Kathrin LaFaver, MD, a neurologist with special expertise in functional movement disorders. These challenging disorders are a common cause of neurological disability that, nevertheless, remain relatively unknown and misunderstood among members of the medical community and the public. In addition to seeing patients at Northwestern Memorial Hospital and the Shirley Ryan AbilityLab, Dr. LaFaver is an accomplished investigator and educator who serves as an associate professor in the Ken and Ruth Davee Department of Neurology and a member of the Parkinson’s Disease and Movement Disorders Center at Feinberg.

Here, Dr. LaFaver tells us more about her multifaceted work and explains how philanthropic support from entities such as the Ayers Foundation is helping to advance her research.

**What inspired you to focus on functional movement disorders (FMD), in particular?**

As a neurologist, I want to help people function at their highest capacity and live their fullest possible lives. FMD affect many people—but, because the origins and symptoms of these disorders are not well understood, patients are often misdiagnosed and don’t receive the kind of treatment that can truly, and very powerfully, change their lives for the better.

**What are the symptoms of FMD, and how do these disorders affect people’s health and lives?**

People affected by FMD experience loss of control over movement, which can lead to tremor, muscle jerks, abnormal limb posturing, weakness and problems with gait. Many patients also suffer from chronic pain, fatigue and associated mood conditions that impact their lives.

Functional neurologic symptoms are estimated to be the second most common reason patients see a neurologist, but the unfortunate reality is that the majority of these patients experience a long delay in diagnosis and do not have access to effective treatment options. The medical community still has an incomplete understanding of the underlying causes of and risk factors for FMD. Certain things, such as female gender and a history of childhood trauma or adversity, can contribute to FMD, but we need to learn more about the biological aspects of movement difficulties in FMD.

**What are three important things that you’d like people to know about FMD?**

**First:** There is still a stigma attached to FMD. Too often, patients are misunderstood and misdiagnosed. For example, when diagnostic tests, like MRI scans of the brain, do not show obvious abnormalities, some physicians mistakenly believe that patients are malingering, or that the disease is “all in their head,” meaning of purely psychological origin.

**Second:** The good news is that, over the past decade, awareness and understanding of FMD have progressed. In terms of diagnosis, we have developed a biopsychosocial illness model, which recognizes that biological risk factors, as well as psychological and social/environmental factors, contribute to FMD.

**Third:** Effective treatment for FMD is available. It begins with a physician compassionately and thoroughly explaining the diagnosis to a patient. Patients need to understand the diagnosis in order to fully engage in treatment—often, a combination of physical therapy and cognitive-behavioral therapy.

**What can you tell us about your research interests?**

I have conducted research in the areas of structural and functional neuroimaging, as well as abnormal motor control on a behavioral level, in patients with FMD. Currently, with the support of a generous grant from the Ayers Foundation, I am exploring in more detail underlying brain mechanisms that may contribute to abnormal movement control. My goal is to contribute to a better understanding of the neurobiological mechanisms in FMD, which will help us develop evidence-based treatments. I am so grateful for the support of philanthropists who want to help me, and other investigators and clinicians, bring FMD out of the shadows and improve the lives of as many patients as we possibly can.

**What brought you to Northwestern Medicine?**

I previously directed the Parkinson’s Disease and Movement Disorders Clinic at the University of Louisville. There, I was able to establish a one-week, inpatient rehabilitation program for FMD that was one of just a few such programs in the U.S. I am honored to be at Northwestern Medicine now, and to have the opportunity to establish a thriving clinical and research program for patients with FMD here in the Chicago area. With colleagues at the Shirley Ryan AbilityLab, I am proud to have recently launched an assessment clinic, as well as multidisciplinary treatment programs, for people with FMD. My colleagues and I are committed to developing one of the most comprehensive centers for this condition in the U.S.

**What else should people know about FMD or your work?**

Patients with FMD deserve to live full and productive lives. We need to give them hope, as well as a timely, accurate diagnosis and the very best care available. With those things, so much is possible! I have seen many patients with FMD relearn normal movement control with short but intensive motor retraining, and go back to their previous lives as a football coach, homemaker, entrepreneur, artist or college student. I hope to be able to help many more patients for years and years to come, and I appreciate the support of everyone—donors, mentors, colleagues and others—helping me to make positive differences in the lives of people affected by FMD. Thank you!

For more information about Dr. LaFaver’s work or functional movement disorders, please contact Sarah Theriault at 847.802.7084 or sarah.theriault@nm.org.
Center for Neurogenetics Will Develop Personalized Treatments for Neurological Disorders

A $10 million gift from Mr. Simpson and Ms. Querrey supports the Simpson Querrey Center for Neurogenetics and enables new investigations on the genetic and environmental factors that contribute to diseases such as Parkinson’s and other genetic neurological disorders.

Scientists in the center are already conducting genome analysis to develop personalized action plans for patients. After detecting the cellular pathways and targets that a particular disease disrupts in patient neurons, the team works to identify treatment strategies tailored to individual patients.

“I am extremely grateful to Kimberly Querrey and Lou Simpson for their visionary and generous gift that will support development of personalized neurology at Northwestern,” said center director Dimitri Krainc, MD, PhD, the Aaron Montgomery Ward Professor and chair of the Ken and Ruth Davee Department of Neurology. “The center will bring together experts in genetics, bioinformatics, medicinal chemistry, biomedical engineering, clinical trials, biomarkers, and cell and molecular biology to translate fundamental discoveries into clinical practice.”

Dr. Krainc’s research has focused on understanding how mutations in genes lead to degeneration in patient-derived neurons. In a recent study, his laboratory showed how a mutation in the gene GBA1 increases a patient’s risk of Parkinson’s disease. The team was able to reduce the harmful effects of the mutation and alleviate symptoms of the disease by amplifying healthy enzymes in brain cells.

The gift will fund the center’s operations, seminar and symposium programs, pilot studies by Northwestern faculty and the recruitment of outstanding investigators in the area of neurogenetics. The Mazza Foundation, a longtime supporter of neurosciences at Northwestern Medicine, has also generously invested in this center and the innovative research conducted by Dr. Krainc and his team.

Institute for Bioelectronics to Expand Body-integrated Electronic Systems

An additional $10 million gift from Mr. Simpson and Ms. Querrey creates the Kimberly K. Querrey and Louis A. Simpson Institute for Bioelectronics to catalyze the development of “biocompatible" electronic, photonic and microfluidic technologies for the human body.

The new institute coalesces experts from Northwestern’s Feinberg School of Medicine and McCormick School of Engineering to develop electronic systems that integrate seamlessly onto or into the body. These systems could provide continuous measurements of physiological health, therapies for neuroregeneration, assessments of athletic performance, metrics of rehabilitation and recovery, and other connections between humans and machines.

“We are profoundly moved by the confidence that Kimberly and Lou have shown in our ability to do important, collaborative research at the interface between engineering and medicine, and we appreciate their visionary support,” said John A. Rogers, PhD, the institute’s founding director, the Louis Simpson and Kimberly Querrey Professor of Materials Science and Engineering, and a professor of Neurological Surgery.

“This generous investment will greatly accelerate our work toward systems with the potential for far-reaching, beneficial impact on human health as one of our primary goals,” he added. “We want to see these technologies move out of the academic laboratory and into the real world, where they can help to address societal grand challenges.”

A pioneer in the field of bio-integrated electronic devices, Dr. Rogers is internationally renowned for creating electronic systems that can bend, stretch and twist with natural movements of the body.

The gift will fund the institute’s research initiatives, laboratory equipment and expanded lab space.

Programs Give a Diversity of Students Exposure to Medical Research

Ms. Querrey and Mr. Simpson also recently contributed $2 million to NUSciHigh Summer Program. Led by the medical school’s Division of Nephrology and Hypertension in the Department of Medicine, the immersive eight-week program allows talented high school students from disadvantaged backgrounds to participate in biomedical research under the guidance of mentors.

“The donation provides exceptional opportunities for the best and brightest students from underprivileged backgrounds to experience cutting-edge research that will impact lives of patients with kidney disease,” said Susan Quaggin, MD, NU GoKidney chair, the Charles H. Mayo, MD, Professor and chief of Nephrology and Hypertension. “High school students are exposed to the rigor and science of research and undertake their own research in areas spanning clinical research, genome editing, nanotherapeutics and bioengineered organs. With the endowment, we are able to expand this program to include more students and to host yearlong events for high school seniors.”

In 2018, the couple supported a similar summer research program in the medical school’s Division of Pulmonary and Critical Care Medicine, led by division chief Scott Budinger, MD, the Ernest S. Bazley Professor of Airway Diseases.

For more information about supporting these student research programs, please contact Dave McCreery at david.mccreery@northwestern.edu or 312.503.6099.
For more than a century, the generosity of the Deering McCormick families has left indelible impressions on Northwestern as an institution—beginning with Wesley Hospital in the late 1800s and extending to its successor, Northwestern Memorial Hospital. William Deering, founder of the Deering Harvester Machinery Company, and his descendants forged a strong partnership between Wesley Hospital and the Chicago Medical College, which is now the Feinberg School of Medicine. This relationship between Northwestern’s hospitals and the medical school continues to thrive today, playing a vital role in Northwestern’s success in becoming a national leader in medical research and patient care.

Recently, the Chauncey and Marion Deering McCormick Family Foundation added yet another chapter to the Deering McCormick families’ legacy of philanthropy with a significant gift in support of a unique fellowship within the Center for Artificial Intelligence at Northwestern Medicine Bluhm Cardiovascular Institute. With this first-of-its-kind fellowship in cardiovascular disease and artificial intelligence (AI), the Deering-McCormick Family Foundation is investing in the spirit of investigation and discovery that characterizes Bluhm Cardiovascular Institute, and is helping to facilitate the development of new knowledge and treatment modalities that promise to benefit countless patients.

Within the Center for Artificial Intelligence, and through this new fellowship, Northwestern Medicine is harnessing the power of AI and machine learning to improve both the understanding and treatment of myriad heart conditions. By interpreting vast amounts of data, AI can quickly expand knowledge and accelerate decision-making that can make critical differences in a patient’s care. Moreover, the ability of machine learning to decode vaguely described symptoms, or to decipher imaging tests, can help clinicians to accurately identify a faulty heart valve or to more quickly predict an impending heart attack.

“We have formed a unique, one-year fellowship for cardiovascular disease and artificial intelligence intended for people who are either in training to be cardiologists or cardiac surgeons, or have recently finished their training,” explained James Thomas, MD, director of Bluhm Cardiovascular Institute’s Center for Heart Valve Disease and one of the fellowship’s program directors. “These fellows want to become a very ‘rare bird’—namely, someone who is both an expert in the heart and an expert in artificial intelligence. Through our program, a fellow emerges with a master’s degree in the science of artificial intelligence. It’s a very unique opportunity, the first fellowship of its kind in the country.”

Dr. Thomas continued, “We anticipate that our program, and our fellows’ future work, will lead to major breakthroughs in the diagnosis, management and treatment of cardiovascular disease. Support from dedicated partners like the Deering-McCormick Family Foundation will truly help us to shape the future of cardiovascular medicine.”

Patrick M. McCarthy, MD, executive director of Bluhm Cardiovascular Institute, chief of Cardiac Surgery at Northwestern Memorial Hospital and the Heller-Sacks Professor of Cardiothoracic Surgery at Feinberg, added, “Artificial intelligence is transitioning into clinical studies with potentially revolutionary implications for the practice of cardiovascular care. Northwestern Medicine is the perfect incubator to partner with companies using machine learning in a variety of clinical settings, and it’s through those types of partnerships—as well as innovative education and training, such as our fellowship in cardiovascular disease and artificial intelligence—that we will become even better physicians.”

Currently, Bluhm Cardiovascular Institute is pioneering the use of AI for cardiac screening in a new study of Eko’s cardiac monitoring platform. The study aims to demonstrate that Eko’s digital stethoscopes and AI algorithms can interpret heart sounds accurately and can help to screen for problematic heart murmurs and valvular heart disease. Results, to date, are extremely positive, indicating that Eko’s investigational aortic stenosis algorithm can help to quickly confirm suspected aortic stenosis with very high degrees of both sensitivity and specificity.

“We are very grateful for the Deering-McCormick Family Foundation’s thoughtful philanthropy and belief in all our efforts,” said Dr. McCarthy. “By supporting this unique fellowship, the foundation is investing in both the present and the future of cardiovascular medicine, and is helping Northwestern to continue to be a national leader in education, research and clinical care that will benefit not only heart patients but also care providers for years to come.”

For more information about Bluhm Cardiovascular Institute, please contact Lauren Mellen at 312.926.4020 or lmellen@nm.org.
Since the start of We Will. The Campaign for Northwestern Medicine in September 2014, more than 4,100 donors have contributed to student scholarships at Northwestern University Feinberg School of Medicine. This astounding generosity is helping us build a scholarship endowment to ensure that highly competitive students who want to pursue a career in medicine at Northwestern can make that dream a reality—regardless of their financial resources.

This January, the medical school established the Mary Ann Frable Dean’s Scholarship for Women in Medicine in memory of Mary Ann Frable, ’59 MD, ’64 GME, and her leadership in supporting and promoting merit-based medical school scholarship funds at Northwestern. Mary Ann passed away on January 11.

With her husband Jack Frable, ’59 MD, ’60 ’64 GME, whom she met her first year of medical school in 1955, Mary Ann helped lay the foundation for Feinberg’s burgeoning scholarship program. The couple created the Jack and Mary Ann Frable Medical Student Scholarship in 1997. Over the past two-plus decades, the two magnanimously contributed to their scholarship endowment through annual outright and planned gifts, and made additional donations to the medical school’s Class of 1959 Scholarship. They also encouraged their classmates and all fellow alumni to do the same — invest in Feinberg students and their futures.

“We are so proud that the Frable Merit Scholarship program has impacted so many medical students over the years,” shared Jack. “Together, Mary Ann and I had the privilege of meeting and getting to know these exceptional students over the years. Through Mary Ann’s legacy and my continued passion for helping students, we hope to continue to inspire others to establish scholarships as well.”

Mary Ann, one of just nine women in her class of 135, graduated from Northwestern’s medical school in 1959 and completed a residency in otolaryngology at its affiliate hospital at the time, Wesley Memorial Hospital, in 1964. She went on to become a pioneer in her specialty, not only an accomplished head and neck surgeon, but also a tenured professor and the second woman elected to the most prestigious society in otolaryngology, the Triological Society.

“Mary Ann touched the lives of many at Northwestern during her lifetime, especially our Frable Scholars, and she will continue to do so well into the future as new medical students receive her scholarships and go on to serve as outstanding physicians and leaders,” said Eric G. Neilson, MD, vice president for Medical Affairs and Lewis Landsberg Dean at Feinberg. “With this new scholarship established in her name, we recognize Mary Ann as an extraordinary and loyal alumna, benefactor and surgeon.”

For more information about scholarships, please contact Larry Kuhn at 312.503.1717 or larry-kuhn@northwestern.edu.

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In 2019, 65 percent of Feinberg students went on to Top 25 U.S. News-ranked residency programs after graduation.
How did you first decide to give to Northwestern’s medical school?

When I graduated in 1960, my classmates and I made a pledge to give back to Northwestern in our lifetimes. You don’t necessarily become wealthy being a physician — whatever you invest has to turn out well — but I’ve had a successful career and the opportunity to earn a professorial rank at a university, and I followed through on my pledge. The other thing is that when I went to medical school, the majority of the teachers were strictly voluntary. They donated their time to me and my peers unselfishly. So I say: “To whom much is given, much is expected.”

Why do you think scholarships to our medical students are a worthy cause for your philanthropy in particular?

I believe that somebody whose means are not great, but who really wants to become a physician, should have the opportunity to become one. I have young friends who came out of medical school with $300,000 in debt. They had to pay the rent, feed their families and start a career while repaying that debt.

Our students go on to practice medicine across the United States and the world, for all kinds of patient populations. How do you hope your support will impact them as physicians?

I hope that if students come out of medical school without a huge amount of debt they will consider options like going back to their own hometowns where there may be great needs for physicians. When I graduated, I went to practice in a small town in the Midwest because they desperately needed my specialty. I was able to do that because of the GI Bill — I was an infantry officer in Korea so my medical school was paid for. When I came out of school, my wife and I had $50 and no debt and could pretty much go wherever we wanted. With huge debt, you have to go someplace that’s going to pay you right away, because when you start a practice, cash flow does not come overnight.

Do you have any advice to other donors considering making a gift to the medical school?

I think that all of us should give according to our means. If we all give something to the medical school, even a small amount, it would help these students. And I’ll be honest: I’ve looked into a lot of other places to give. I give to my church, but the only other place where I know my support will do really well is my medical school, where they are educating young physicians. As we all age, we’re going to need more and more qualified people to take care of us. I think of any place you’re going to give, you are going to do the best giving it to your medical school.
For more than seven decades, the Women’s Board of Northwestern Lake Forest Hospital has nurtured an inspiring legacy of generosity and service, establishing itself as one of Lake Forest Hospital’s most loyal and dedicated philanthropic partners. The board comprises more than 100 active, honorary and sustaining members who volunteer in nearly all hospital departments and contribute more than 10,000 hours of service to the hospital every year. Equally significant, since its founding in 1946, the Women’s Board has raised more than $18 million in support of a broad array of initiatives at Lake Forest Hospital and has consistently demonstrated its commitment to fundraising, volunteerism, education and advocacy.

“We are very proud to be a leader in supporting the Simulation and Education Center, the next major project on the hospital campus,” said Kristin McCain, president of the Women’s Board. “The center will be located on the ground floor of the building at 600 North Westmoreland Road, the former Hunter Building, and will provide state-of-the-art training and simulation for teams across the hospital and for the community.”

The $1 million pledge adds yet another dimension to the Women’s Board’s philanthropy, which also includes an annual benefit and a Holiday Boutique, funding for scholarships, a thriving grants program and the naming of the Women’s Board Pavilion at Lake Forest Hospital. Proceeds from the 2019 Holiday Boutique and the 2020 Annual Benefit will directly support the board’s investment in the new Simulation and Education Center.

“It is truly a privilege for the Women’s Board to be a part of so many efforts, over so many years, to meet important needs and to make very real and very positive differences for others,” Mrs. McCain remarked. “We deeply value our partnership with Lake Forest Hospital, and with Northwestern Medicine as a whole, and we look forward to continuing to be a catalyst for progress and a source of unwavering, caring support for patients, families and our surrounding communities.”

For more information about the Women’s Board of Northwestern Lake Forest Hospital or the new Simulation and Education Center at Northwestern Medicine Lake Forest Hospital, please contact Karin Mohar at 847.535.6921 or kmohar@nm.org.

The membership of the Women’s Board of Northwestern Lake Forest Hospital spans generations and brings together women who exemplify compassion, generosity and a commitment to service. Left to right: Ginny McTier, Katie Brickman, Stephanie Knight, Sarah Powell and Caryl Powell.

The Women’s Board of Northwestern Lake Forest Hospital Invests in State-of-the-art Simulation Space

“By supporting projects and programs that enhance the health, well-being and quality of life of countless patients, staff and community members, the Women’s Board actively contributes to Lake Forest Hospital’s profile as an esteemed, trusted site for exceptional, personalized health care and services. Recently, the board made a remarkable investment of $1 million in Lake Forest Hospital’s new Simulation and Education Center, which is scheduled to open in early 2021.”

By replicating a real ambulance, this specialty simulator will mimic actual field conditions, helping first responders and other healthcare team members hone their emergency response and triage skills.

“Within these areas, immersive simulation will be flexible and able to represent any type of space or environment, including complex emergency care scenarios.”

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SIMULATION AND EDUCATION CENTER TECHNOLOGY PLATFORM ELEMENTS

Funding from the Women’s Board will be specifically directed toward the center’s technology platform, which will power the following elements:

<table>
<thead>
<tr>
<th>Element</th>
<th>Description</th>
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</thead>
<tbody>
<tr>
<td>Black Box Rooms</td>
<td>These rooms will be equipped and function like actual hospital rooms.</td>
</tr>
<tr>
<td>Ambulance Simulator</td>
<td>In these labs, care providers will be able to practice a variety of technical skills, such as intubation and central line placement.</td>
</tr>
<tr>
<td>Patient Rooms</td>
<td>By replicating a real ambulance, this specialty simulator will mimic actual field conditions, helping first responders and other healthcare team members hone their emergency response and triage skills.</td>
</tr>
<tr>
<td>Skills Labs</td>
<td>As many as 50 staff members and/or community members will be able to gather for discussion, interaction and, in certain situations, hands-on learning in these rooms.</td>
</tr>
<tr>
<td>Conference Rooms and Classrooms</td>
<td>These rooms will be equipped and function like actual hospital rooms.</td>
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Generosity of Many Donors Supports Patients Facing Mental and Behavioral Health Challenges in Northwest Suburbs

Thanks to the open hearts and caring natures of donors, people in McHenry and Kane Counties are able to receive expert, comprehensive mental and behavioral health-related care and services at Northwestern Medicine McHenry Hospital and Northwestern Medicine Huntley Hospital, in addition to Northwestern Medicine Woodstock Hospital.

A recognized, regional destination for behavioral health and outpatient care, Woodstock Hospital provides many vital services. To strengthen the behavioral health services available at McHenry Hospital and Huntley Hospital, a new telepsychiatry service was implemented in late October 2019. This service, a subset of telemedicine (the process of using technology—often videoconferencing—to provide health care from a distance), represents a “new frontier” in the diagnosis and treatment of individuals with mental health needs and concerns. Telepsychiatry can encompass a range of services, including psychiatric evaluations, therapy, patient education and medication management.

The new telepsychiatry service is bringing more immediate and effective psychiatric care to the medical floors and emergency room environments at McHenry and Huntley Hospitals, assisting physicians in providing mental health-related consultations for patients in need.

“Donor support for telemedicine initiatives at McHenry and Huntley Hospitals played such an important role in bringing this new telepsychiatry service to life,” said Tiffanie Young, director of Community Health Services at Northwestern Medicine Woodstock Hospital Ambulatory Administration. “In fact, these donors’ generosity helped to offset approximately one-third of the cost of the initiative. We are so grateful for such remarkable support, and we know that, because of our donors, we will be able to help many more patients when they are facing mental health challenges.”

With the implementation of the telepsychiatry service, patients who need mental and behavioral health care when they are admitted to McHenry and Huntley Hospitals, or when they arrive at the Emergency Department in a state of crisis, are able to receive timely, compassionate, thorough assessments from experienced psychiatrists.

To provide these vital services, the hospitals have contracted with psychiatrists from Northwest Psychiatry, a highly respected site for the evaluation and treatment of a range of mental and behavioral health conditions, including depression, anxiety, bipolar disorder, attention disorders, substance abuse and more. These psychiatrists function in a “consultation-liaison” capacity, connecting via teleconferencing equipment with Emergency Department team members, primary care physicians and hospitalists, and patients in order to gather essential information and to provide evaluations, treatment recommendations and guidance regarding immediate next steps in an individual’s care process.

“We have a remarkable leadership team,” Ms. Young said, underscoring the vision and dedication of the chief medical officers and the chief nurse executives at Woodstock, McHenry and Huntley Hospitals.

“Everyone involved with the telepsychiatry initiative—from the original concept, to the creation of our plan, to the successful launch of this incredibly important service—has worked together, collaboratively and efficiently. We are so proud to introduce telepsychiatry at our hospitals.”

She continued, “Now, across the northwest suburbs, we are even better equipped to provide much-needed, supportive, potentially life-saving care to patients experiencing mental health issues and crises. That is the kind of goal—the kind of outcome—that inspires all of us in health care to give 100 percent every day, and that gives our work such meaning.”

For more information about telemedicine, please contact Leslie Post-Weissinger at 312.926.0450 or lpostwei@nm.org.

THE BENEFITS OF TELEPSYCHIATRY

- Improves access to mental health specialty care that otherwise might not be available (for example, in rural areas) by bringing care to the patient’s location
- Facilitates the delivery of timely, effective, individualized mental and behavioral health care
- Reduces the need for trips to the emergency room
- Helps to integrate mental and behavioral health care with primary care, leading to better outcomes for patients
On September 25, more than 300 people came together to support Northwestern Medicine’s commitment to improving health worldwide during the 12th Annual Global Health Initiative (GHI) Benefit Dinner. The event, which followed the launch of the medical school’s new Institute for Global Health in May 2019, raised a record amount to push forward the institute’s momentum and bright future.

“Since the GHI was founded, we’ve sent nearly 1,400 Northwestern medical students, residents and faculty to underserved countries, where they provide care, deliver supplies and conduct both laboratory and clinical research,” said Robert J. Havey, ’80 MD, ’81 ’83 GME, founder of the GHI, deputy director of the Institute for Global Health and clinical professor of Medicine in the Division of General Internal Medicine and Geriatrics at Feinberg. “Our work helps hundreds of thousands of people and helps find new solutions for critical global health problems.”

The Global Health Initiative Fund started 12 years ago with one simple gift from a grateful Northwestern patient who made a donation to honor his physician and support education at Feinberg. Over the years, the initiative has established educational outreach programs, supported clinics where medical trainees and faculty work, provided seed funding for research and worked closely with faculty across the medical campus and the world to support efforts in global health.
The Auxiliary Board of Northwestern Memorial Hospital hosted Last Call for Fall, one of its signature fundraising events, on November 13 at Devereaux, the elegant rooftop lounge located on the 18th floor of the Viceroy Chicago Hotel. Attended by nearly 60 people, the event brought in more than $2,500 to support innovative lung cancer research at Northwestern Medicine and the Robert H. Lurie Comprehensive Cancer Center of Northwestern University. Guests enjoyed cocktails and canapes, and participated in a wine pull and a raffle that featured three luxury gift baskets. Through their attendance and generosity, the event’s guests and sponsors expressed powerful support for the many patients, families, clinicians and investigators who are striving to conquer lung cancer.

On November 12, patients, survivors, caregivers and supporters joined expert breast cancer clinicians and scientists at Feinberg for a panel discussion about the latest breast cancer treatments, trends and research. “In the 70s, all patients got a mastectomy. But now there are so many more options, including breast conservation, sentinel node biopsy, nipple sparing mastectomies with better reconstruction, and different types of radiation,” explained Nora Hansen, MD, chief of Breast Surgery in the Department of Medicine and director of the Lynn Sage Comprehensive Breast Center at Prentice Women’s Hospital, while describing her division’s fellowship program. “This has become a much more complex disease. The more people we can train in the management of breast cancer, the better.”

Massimo Cristofanilli, MD, who directs the OncoSET Precision Medicine Program at the Robert H. Lurie Comprehensive Cancer Center of Northwestern University, described the center’s efforts to use genomic sequencing to personalize care for each patient. He also emphasized the importance of investing in continuing research on breast cancer. “The technologies we’re testing now will be used for the standard of care tomorrow,” said Dr. Cristofanilli, after discussing promising new tools such as blood tests to identify cancer and immunotherapies to treat the disease.

The Women’s Board of Northwestern Lake Forest Hospital recently celebrated the 40th anniversary of its annual Holiday Boutique. On November 20, the “Mistletoe & Holly” Preview Party, co-chaired by Diana Webb, Lindsay Nero and Stephanie Knight, set the festivities in motion, with more than 400 guests—the largest number ever to attend the preview party—demonstrating their support for the Women’s Board. For the next three days, the board hosted the 2019 Holiday Boutique at the Lake Forest Recreation Center, offering guests memorable opportunities to share in the holiday spirit and to shop for a good cause. The boutique featured more than 40 vendors, who offered a variety of one-of-a-kind pieces, ranging from children’s clothing, toys and home accents, to men’s and women’s fashions, jewelry and accessories.

Co-chaired for the fourth year in a row by the dedicated team of Taddy Opat, Stephanie Bournakis and Ginny Noble, the 2019 Holiday Boutique achieved its greatest fundraising success in its 40-year history, netting more than $100,000. All proceeds will directly support the Women’s Board’s generous $1 million pledge to fund the technology platform within Northwestern Medicine Lake Forest Hospital’s new Simulation and Education Center, scheduled to open its doors in early 2021.

Left to right: Panelists William Gradishar, MD; Lisa Fleum, MD; Athan Vasilopoulos, PhD; Nora Hansen, MD; and Massimo Cristofanilli, MD

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For the third year in a row, the unique Pours with a Purpose event united friends, colleagues, neighbors and members of local businesses in a shared mission to support breast cancer prevention programs and services in the northwest suburbs. Nearly 200 guests attended the event, which took place on October 10 at the Boulder Ridge Country Club in Lake in the Hills, and brought in an impressive $49,500. A spirit of camaraderie characterized the evening, as guests mixed and mingled, enjoyed chef-inspired food and wine pairings, and heard from a panel of Northwestern Medicine experts on topics related to breast health. Attendees also participated in a silent auction and a wine pull as they expressed their support for women and families throughout their communities, and sought to raise awareness about breast cancer prevention and early detection.

"Every year, Pours with a Purpose takes place during Breast Cancer Awareness Month, and the event is always such a meaningful reminder that, together, we can help to ensure that women and their families have access to the very best breast health care, services and information," said Jennifer Patterson, philanthropy associate at Northwestern Memorial Foundation. "We are so grateful for the outpouring of support from all our guests and sponsors. It was definitely an evening to remember."

On November 2, Marianjoy Rehabilitation Hospital, part of Northwestern Medicine, hosted its annual Gala at the Embassy Suites Hilton Chicago in Naperville, welcoming 160 guests who expressed generous support for the Patient and Family Assistance Fund at Marianjoy. Exemplifying the spirit of support, empathy and hope that characterizes Marianjoy’s mission and work, the Patient and Family Assistance Fund helps Marianjoy’s most vulnerable patients and their families to meet vital needs related to their care. This year’s gala, titled “Rick’s Café Américain,” incorporated a “Casablanca” theme into the evening’s festivities and brought together many of the area’s most prominent philanthropists, as well as business leaders, hospital associates and loyal friends and supporters of Marianjoy. Guests enjoyed cocktails and hors d’oeuvres, followed by an elegant dinner, a highly successful live auction, gaming and dancing.

Through their shared sense of purpose, the event’s attendees shone a light on the power of compassion and outreach, and helped many patients and families to take the next steps in their journeys of rehabilitation and recovery.
On October 16, Feinberg’s Department of Physical Medicine and Rehabilitation welcomed Michelle Gittler, MD, ’92 GME, to deliver the 20th Annual Ben L. Boynton, MD Lecture. Dr. Boynton, who graduated from Northwestern’s medical school in 1937, served as the third chair of the Department of Physical Medicine and Rehabilitation at the medical school and the first medical director of the Rehabilitation Institute of Chicago (now the Shirley Ryan AbilityLab). The lecture was established by members of the Boynton family to honor his legacy, memory and achievements in his field.

“Dr. Boynton especially valued teaching, mentoring students and the contributions and activities of national organizations,” said Elliot Roth, ’82 MD, ’85 ’86 GME, chair of Physical Medicine and Rehabilitation and the Paul B. Magnuson Professor of Rehabilitation Medicine at the medical school. “A big recurring theme in his career was advancing the specialty of medical rehabilitation, and we are all beneficiaries of his work and very grateful to him for that.”

The Auxiliary of Northwestern Medicine Central DuPage Hospital and Delnor Hospital Sips for Scholars
April 16 | 6 pm
Danada House, 35501 Naperville Road, Wheaton, IL
Info: Karoline Kijowski, 630.933.3509, karoline.kijowski@nm.org

Alumni Weekend 2019
April 24-25
Northwestern University Feinberg School of Medicine, Chicago, IL
Info: Babette Henderson, 312.503.0855, babette.henderson@northwestern.edu feinberg.northwestern.edu/alumni/alumni-weekend

Commitment to Scholarships Luncheon
April 25 | 12 pm
Ritz-Carlton Chicago, 160 East Pearson Street, Chicago, IL
Info: Olympia Asimacopoulos, 312.503.0754, olympia@northwestern.edu

Nathan Smith Davis Society Reception
April 25 | 5 pm
The Arts Club of Chicago, 201 East Ontario Street, Chicago, IL
Info: Sarah Kalsbeek, 312.503.3459, s-kalsbeek@northwestern.edu

The Women’s Board of Northwestern Lake Forest Hospital Annual Benefit
May 2 | 5 pm
Orwentsia Club, 300 North Green Bay Road, Lake Forest, IL
Info: Karin Mohar, 847.802.7089, kmohar@nm.org

Mad Hatter Power of the Purse
May 6 | 9:30 am
Avanté Banquets and Conference Center, 1050 Northwest Highway, Fox River Grove, IL
Info: Jen Patterson, 847.802.7089, jennifer.patterson@nm.org

LivingWell Cancer Resource Center Bridge Walk
May 15 | 6 pm
Peg Bond Center, 151 North Island Avenue, Batavia, ILÉ
Info: Tara Carlson, 630.933.6989, tara.carlson@nm.org

Malnati Brain Tumor Institute Minds Matter Gala
May 15 | 6 pm
Hilton Chicago, 720 South Michigan Avenue, Chicago, IL
Info: Alison Finkel, 312.503.0759, alison.finkel@northwestern.edu feinberg.northwestern.edu/mindsmatter

Northwestern Medicine Golf Invitational and Dinner
June 1 | 8:30 am
Medinah Country Club, 6N001 Medinah Road, Medinah, IL
Info: Jen Patterson, 847.802.7089, jennifer.patterson@nm.org

Cancer Survivors’ Celebration Walk & 5K
June 7 | 5K Run at 9:15 am, Walk at 10 am
Grant Park, Upper Hutchinson Field
Info: Maria D’Alessio, 312.695.3429, maria.dalessio@nm.org

The H Foundation’s 20th Annual Goombay Bash
July 25 | 5 pm
Aon Grand Ballroom at Navy Pier, 840 East Grand Avenue, Chicago, IL
Info: Nicole Langert, 312.503.1656, nicole.langert@northwestern.edu goombaybash.com