Northwestern Medicine Philanthropist

Through Northwestern Medicine, we are creating a national epicenter for healthcare, education, research, community service, and advocacy. Philanthropy inspires, supports, and advances this vision.

Northwestern Neuroscience at the Forefront

More than 220 friends, supporters, faculty, and staff of Northwestern Medicine gathered in October to celebrate the launch of the new Institute for Translational Neuroscience. Researchers and clinicians presented more than 35 scientific posters, followed by the evening's program that featured four neuroscience experts and a panel discussion of clinicians and scientists, all of whom are having a tremendous impact on healthcare through their work.

Welcome to 259 East Erie Street—the Newest Patient Pavilion

A new, contemporary patient pavilion, located at 259 East Erie Street, opened its doors to patients on October 13. Adjacent to Northwestern Memorial Hospital's Feinberg and Galter pavilions, the facility is welcoming increasing numbers of patients from Chicago and the Midwest, as well as referrals from across the nation, all of whom are benefitting from integrated care across numerous specialties and, thus, more coordinated, seamless healthcare.

The Les Turner ALS Research and Patient Center at Northwestern Medicine

The 35-year partnership between Northwestern University Feinberg School of Medicine and the Les Turner ALS Foundation was strengthened recently with the Foundation’s $10 million commitment to create the Les Turner ALS Research and Patient Center at Northwestern Medicine. Now, the Foundation and the Feinberg School are leading a major effort to raise $10 million in endowed funds to establish the naming of the Les Turner Center in perpetuity.

The Northwestern Medicine Bluhm Cardiovascular Institute Celebrates Its 10th Anniversary

Funded initially by a generous gift from philanthropist Neil Bluhm that was announced on February 14, 2005, the Bluhm Cardiovascular Institute has since had a significant impact on the cardiovascular landscape at Northwestern Medicine. To commemorate the Institute's milestone anniversary, the Bluhm Cardiovascular Institute has launched a campaign to support its future and that of its patients.

Breaking News... see inside!
Louis Simpson and Kimberly Querrey
Make $92 Million Gift to Northwestern for Biomedical Research Building

Northwestern University Trustee and alumnus Louis A. Simpson and his spouse Kimberly K. Querrey have made a $92 million gift to Northwestern University in support of the University’s biomedical research programs at Northwestern University Feinberg School of Medicine.

The latest gift comes just a year after the couple made a $25 million gift to Northwestern to endow the Louis A. Simpson and Kimberly K. Querrey Institute for BioNanotechnology in Medicine (SQI). SQI is conducting some of the world’s most innovative, interdisciplinary research in applying nanotechnology to regenerative medicine. These gifts, along with the couple’s earlier gifts, bring their total contributions to We Will. The Campaign for Northwestern to $117.8 million. This represents the largest amount given by a single donor to the campaign.

In recognition of their generosity, the new biomedical research center on Northwestern’s Chicago campus will be named the Louis A. Simpson and Kimberly K. Querrey Biomedical Research Center.

Construction will begin this year on the 12-story Biomedical Research Center that will be connected to the Robert H. Lurie Medical Research Center. The new state-of-the-art research center, comprising approximately 600,000 square feet, will have nine laboratory floors. It has been designed to accommodate an additional 15 laboratory floors of vertical expansion in the future.

“In this gift will be a catalyst for Northwestern Medicine’s mission to advance biomedical research informing patient care,” said Eric G. Neilson, MD, vice president for medical affairs and Lewis Landsberg Dean at Feinberg. “The gift will enable us to both build on established areas of strength and develop new areas of excellence and expertise. In addition, with this gift, the total amount raised for the Campaign for Northwestern Medicine will surpass $1 billion.”

The Simpson Querrey Biomedical Research Center will provide new space for SQI investigators and collaborators as well as other biomedical scientists working in cancer, heart disease, neurodegenerative disorders, and genetics. It will help draw the most talented research faculty, PhD students, and postdoctoral fellows, and will provide new research opportunities for medical students, residents, and clinical fellows on both the Evanston and Chicago campuses.

“Regenerative medicine is both a great challenge and a great hope. We want to regenerate parts of the human body lost to trauma, aging, disease, and genetic factors,” said Samuel I. Stupp, PhD, who has led SQI since its founding. “We are seeking to go beyond the current boundaries of medical science and in doing so, provide hope to those afflicted by these factors.”

In addition, the facility located in the heart of Northwestern’s academic medical campus will facilitate the opportunity for venture space, generate start-up companies, and promote scientific discovery that will save lives and improve health. Planning for the new building includes four floors for the Stanley Manne Children’s Research Institute of the Ann & Robert H. Lurie Children’s Hospital of Chicago and will accommodate collaborative research conducted by Northwestern’s McCormick School of Engineering and Applied Science, Northwestern Medicine’s Department of Physical Medicine and Rehabilitation and the Rehabilitation Institute of Chicago.

“Lou and Kimberly are truly exceptional philanthropists,” said Northwestern President Morton Schapiro. “Their understanding of our biomedical research enterprise is remarkable, and their leadership and commitment to Northwestern inspire all of us. We are deeply grateful for this latest expression of their enormous faith in Northwestern University and the important work that is ahead.”

Breaking News...

Louis Simpson and Kimberly Querrey Make $92 Million Gift to Northwestern for Biomedical Research Building
Simpson is a Northwestern Board of Trustees member and a 1958 alumnus of the University's Judd A. and Marjorie Weinberg College of Arts and Sciences, and his son, Ted, is a 1996 graduate of Northwestern’s Kellogg School of Management. Simpson has been on the Northwestern Board since 2006 and serves on the investment and educational properties committees. He is chair of SQ Advisors, LLC, an investment advisory firm located in Naples, Florida. Previously, he was president and chief executive officer of Capital Operations at GEICO Corporation.

Querrey is president of SQ Advisors. Previously, she was president of Querrey Enterprises, a consulting firm. She currently serves on the Board of Directors and executive committee for both Artis Naples and the Chicago Council on Global Affairs. She also is a member of the Council on Foreign Relations. The couple resides in Naples, Florida.

The couple’s new gift comes on the heels of a $100 million gift to Northwestern made in January by Roberta Buffett Elliott, the largest single gift in the University’s history.

Total giving to We Will. The Campaign for Northwestern now stands at $2.2 billion. The We Will Campaign is a $3.75 billion University-wide fundraising initiative announced in March 2014, when the campaign total was $1.52 billion. The funds raised through the campaign will help realize the transformational vision set forth in Northwestern’s strategic plan and solidify the University’s position among the world’s leading research universities. More information on We Will. The Campaign for Northwestern is available at wewill.northwestern.edu.

“Kimberly and I are proud to support the leading-edge science that is occurring at Northwestern. The research that is being done now will have a real impact on people’s lives and give new hope to those who have been affected by injuries and disease.”

—Louis Simpson
On October 28, more than 220 friends, supporters, faculty, and staff of Northwestern Medicine gathered to celebrate the launch of the new Institute for Translational Neuroscience. Researchers and clinicians presented more than 35 scientific posters on the latest research in the neurosciences, including breakthrough investigations in neurology, ophthalmology, radiology, neurological surgery, physiology, psychiatry, and physical therapy, among numerous other disciplines. The evening’s program featured four experts across the neurosciences at Northwestern Medicine who are having a tremendous impact on healthcare through their work. The program also featured a panel discussion of clinicians and scientists who focus on the neurosciences.

Neurological diseases and disorders affect children and adults of all ages. They encompass a spectrum of diseases such as epilepsy, Parkinson’s disease, macular degeneration, amyotrophic lateral sclerosis (ALS), and Alzheimer’s disease, as well as injuries of the brain, spinal cord, sensory organs, and peripheral nervous system. There is an urgency for institute members to work collaboratively to find answers and introduce therapies for these conditions that have eluded effective treatments and cures. The institute also is focused on becoming an internationally recognized medical education and training epicenter for future generations of neuroscience experts.

“To be here at the creation of an institute is the great thing about being president,” said Morton Schapiro, president of Northwestern University, who welcomed guests and shared his own excitement about the road ahead. “The translational element in all of this is both what makes the world a better place and what makes us unique as Northwestern. It is truly magical—we are changing people’s lives.”

D. James Surmeier, PhD, Nathan Smith Davis Professor of Physiology and chair of the Department of Physiology, provided an in-depth overview of the new institute, sharing an exciting vision for future breakthroughs driven by multidisciplinary collaboration.

Eric G. Neilson, MD, vice president for medical affairs and Lewis Landsberg Dean, addressed the crowd: “We hope that you come away feeling proud and further interested in the groundbreaking projects led by members of the institute. So many of you have supported the neurosciences through your philanthropy and involvement. This institute has a bright future in your hands.”

“With your ongoing support, we promise to work hard, collaborate, and, as Dr. Krainc said, ‘never give up.’”

—Dean M. Harrison
Delving Into Fascinating Research

Andrew T. Parsa, MD, PhD, Michael J. Marchese Professor and chair of the Department of Neurological Surgery, spoke at the event about advances in awake brain surgery to facilitate motor and sensory mapping. “Brain mapping allows us to figure out how much tumor to leave behind so that we don’t violate the normal functions of the brain. We can assess in real time how much of the tumor we should leave and how well that portion will respond to post-surgical radiation therapy.”

“Never give up—that’s the key,” said Dimitri Krainc, MD, PhD, Aaron Montgomery Ward Professor of Neurology and chair of the Ken and Ruth Davee Department of Neurology, who discussed his exploration of clinical and genetic links between rare and common disorders in order to uncover specific targets and pathways for therapeutic development. “If we work together, we will stop these terrible diseases.”

Julius P.A. Dewald, PT, PhD, professor and chair of the Department of Physical Therapy and Human Movement Sciences at the Feinberg School and professor of biomedical engineering at the McCormick School of Engineering, discussed the development of small robots to help study the brain and to overcome movement impairments following stroke or cerebral palsy. “Stroke is the leading cause of disability in adults, and cerebral palsy causes the same in children,” shared Dr. Dewald. “With the aid of these innovative technologies, we can create physical training environments that are underpinned by novel science. These environments will help our patients to regain the ability to move and perform everyday functional activities.”

Phyllis C. Zee, MD, PhD, Benjamin and Virginia T. Boshes Professor of Neurology, professor of neurobiology, and director of the Center for Circadian and Sleep Medicine at Feinberg, and director of the Sleep Disorders Center at Northwestern Memorial Hospital, spoke about the evolution of circadian and sleep medicine. Dr. Zee and her team are at the forefront of discovering how circadian time and sleep are integrated with many, if not all, functions of the body. “There is tremendous potential in this area,” she said. “The formation of the Center for Circadian and Sleep Medicine within the institute will allow us to bring forth new tools for diagnosis from our basic science efforts. This promises to have a profound affect across the field of neuroscience.”
Rex L. Chisholm, PhD, Adam and Richard T. Lind Professor of Medical Genetics and vice dean for scientific affairs and graduate education, led a panel discussion with key faculty members including Drs. Dewald, Krainc, Parsa, Surmeier, and Zee, as well as Ravi Allada, MD, John G. Csernansky, MD, and Nicholas J. Volpe, MD. The discussion focused on the question: Five years from now, how will your research contribute to a change in treatments and outcomes for patients with neurological diseases and/or contribute to a better understanding of the disease fundamentals?

"By talking to one another and focusing on points of interaction, which are critical to the discovery process, we can bring people together to research and test ideas in the clinic," said Dr. Parsa.

The Importance of Philanthropy

Robin Lowenberg Tebbe, president of Magellan Property Management, spoke about her family’s steadfast support of the neurosciences at Northwestern Medicine. Her late husband, Louis Berger, who was diagnosed with a brain tumor six years ago, sought care from faculty-physicians at Northwestern. While he ultimately lost his battle, he thrived during the last years of his life thanks to the care he received.

"The progress we’ve seen in six short years since Louis’s diagnosis is astonishing. We are proud to support Northwestern and hope that it serves as inspiration for others to join us," said Ms. Lowenberg Tebbe, who continues to support the Northwestern Brain Tumor Institute alongside her husband, Mark Tebbe, and children.

Craig Grannon, executive administrator at The Davee Foundation, spoke about the late Ken and Ruth Davee, who not only named the neurology department at the Feinberg School and the emergency department at Northwestern Memorial Hospital through their foundation, but also supported and established professorships, fellowships, and important research initiatives. Though Ken died in 1998 and Ruth in 2011, The Davee Foundation continues to advance the Davees’ philanthropic vision.

"They both had a passion for medical research and how it could improve the lives of future generations. But even more than this, I think it was the people they met at Northwestern and the passion and dedication they saw that inspired them to give," said Mr. Grannon. "I know that both Ruth and Ken would be so proud to see how their investment is paying off."

Dean M. Harrison, president and chief executive officer of Northwestern Memorial HealthCare, concluded the launch of the Institute for Translational Neuroscience with more words of thanks: "With your ongoing support, we promise to work hard, collaborate, and, as Dr. Krainc said, ‘never give up.’"

For more information about supporting the new Institute for Translational Neuroscience, please contact Courtney Weeks at (312) 503-3080 or c-weeks@northwestern.edu or Leslie Post-Weissinger at (312) 926-0450 or lpostwei@nmh.org.

"The translational element in all of this is both what makes the world a better place and what makes us unique as Northwestern. It is truly magical—we are changing people’s lives."

—Morton Schapiro

Ms. Lowenberg Tebbe and Mr. Grannon

Teepu Siddique, MD, Les Turner ALS Foundation/Herbert C. Wenske Foundation Professor and professor of neurology and cell and molecular biology, explains one of the scientific posters to President Schapiro.
Northwestern Memorial HealthCare and Cadence Health Become Unified Health System

This New Year is an exciting time for our growing Northwestern Medicine health system as we continue to advance our Patients First mission. On September 1, 2014, Northwestern Memorial HealthCare (NMHC) and Cadence Health combined to create an integrated academic health delivery system that now includes four Illinois hospitals—Northwestern Memorial Hospital in Chicago, Northwestern Medicine Lake Forest Hospital in Lake Forest, Central DuPage Hospital in Winfield, and Delnor Hospital in Geneva. The integrated system encompasses more than 60 sites of care across Chicago and the suburbs to the north and west, with more than 4,000 physicians and 25,000 employees serving 600,000 patients annually.

“We are honored to welcome Cadence Health into the Northwestern Medicine family,” said Dean M. Harrison, Northwestern Memorial HealthCare president and chief executive officer (CEO). “Cadence is an ideal health system to combine with as their vision, mission, and values are very similar to ours. Together, we will continue to deliver the Northwestern Medicine brand promise, which is to provide trusted, quality care that is accessible where patients live and work, to be safe and accountable, and to center our work on world-class medicine.”

Cadence Health is one of the premier health systems in Illinois with a strong portfolio of primary and specialty care. With more than 7,500 employees, Cadence Health also operates the state’s only Proton Center where patients with cancer benefit from advanced radiation treatment.

Northwestern Memorial HealthCare and Cadence share a commitment to a patient-centered culture focused on excellence, quality, teamwork, and transparency. The integrated academic healthcare delivery system operates as Northwestern Medicine, with Mr. Harrison remaining president and CEO of the expanded NMHC health system, and Mike Vivoda, Cadence Health’s president and CEO, serving as NMHC Regional President, Western Region.

The cornerstone of the partnership is a shared vision with Northwestern University Feinberg School of Medicine, which centers on enhancing the patient experience through growing clinical programs and services; attracting and retaining leading physicians, medical researchers, and clinical experts; and building a high-performing workforce.

Other benefits for patients include (but are not limited to) clinical and economic efficiencies through:
- Shared best practices across our medical staffs in areas such as quality, safety, and evidence-based care, to cite a few examples;
- Expanded outpatient and preventive medicine services;
- Coordinated access to tertiary care through primary care physicians; and
- Increased access to clinical trials and specialized acute care in health specialties including neurology and neurosurgery, cardiology and cardiac surgery, transplant, hematology and oncology, orthopaedic interventions, high-risk obstetrics, and more.

“Our union is great for patients because it positions us to continue to provide unrivaled quality care within our communities,” said Mr. Vivoda. “As one integrated health system, not only can we continue to fulfill the health needs of our region, we also can leverage our collective strength as Northwestern Medicine to build stronger, healthier communities.”

To learn more about Cadence Health, please visit cadencehealth.org. We thank you for your ongoing commitment to Northwestern Medicine.
A new, contemporary patient pavilion, located at 259 East Erie Street, opened its doors to patients on October 13. Adjacent to Northwestern Memorial Hospital’s Feinberg and Galter pavilions, the facility is welcoming increasing numbers of patients from Chicago and the Midwest, as well as referrals from across the nation, all of whom are benefitting from integrated care across numerous specialties and, thus, more coordinated, seamless healthcare. Available services run the full gamut—from specialty appointments, diagnostics, and testing, to myriad treatments and complex, minimally invasive surgeries—and are provided in a single location and, in many cases, during a single visit.

Patients are experiencing high-touch, service-oriented amenities such as spectacular views of Lake Michigan and Chicago’s skyline from waiting areas, an indoor parking structure, retail shops, public transportation, and convenient access to hospital-based services (such as imaging and outpatient operating rooms) and programs. Public pathway bridges connect the new facility with the medical campus, allowing patients and staff to remain indoors and safe from the elements while moving from building to building.

**The new 259 East Erie facility includes:**
- Approximately one million square feet;
- 25 floors for patient care, services, public spaces, retail, parking, and physician offices;
- An Ambulatory Surgery Center with eight state-of-the-art operating rooms and room for future expansion;
- A Diagnostic Center for blood draws, EKGs, and an array of medical imaging, diagnostics, and therapeutics including MRI, CT scan, ultrasound, and plain film;
- Drive-through access to 575 enclosed parking spaces and valet services available for patients and visitors;
- Retail offerings including an expanded Walgreens Pharmacy, the Vision Care Center at Northwestern Medicine, and a Gateway Newsstand;
- Restaurants including Cosi, Stan’s Donuts, an Au Bon Pain kiosk, How Do You Roll, and LYFE Kitchen (coming soon);
- Bridges to the Feinberg Pavilion and an external parking garage; and
- A “green” design to meet Silver Certification requirements from the United States Green Building Council’s Leadership in Energy and Environmental Design (LEED) program.

**A One-Stop Shop for Healthcare**
The anchor tenant of the pavilion is the new Center for Comprehensive Orthopaedic and Spine Care. Featuring specialty centers for spine, joint, sports medicine, hand, foot, trauma, and affiliated specialties, the center has experienced a significant increase in the number of patients treated per day—growing from 150 to roughly 400 patients per day in the new facility. Led by Terrance D. Peabody, MD, Edwin Warner Ryerson Professor of Orthopaedic Surgery and chair of the Department of Orthopaedic Surgery, the new center is working to revolutionize the patient care model by focusing on high efficiency for patients. Neurology and orthopaedic physicians work together in one facility to cover the entire spectrum of the spine, from trauma to tumors to minimally invasive surgery. In fact, this collaboration sets the premise for the entire facility—a one-stop shop for healthcare.

“By blending new physician talent with our established team of experts in this new state-of-the-art facility, we are working to build a more comprehensive and robust set of musculoskeletal services for you, the patients of Chicago and the Midwest,” said Dr. Peabody.
We Are Northwestern Medicine

Notably, the 259 East Erie pavilion and all programs therein unite Chicago’s finest physicians, who represent many medical disciplines, in a quest to deliver the finest healthcare to our patients. The synergy from multidisciplinary interactions is vital to the success of Northwestern Medicine, particularly as we seek to further establish our reputation as a great academic medical center. Collaborations of this nature promise to accelerate discovery, to enhance safe, effective, patient-centered care, and to facilitate the training of the next generation of healthcare leaders.

Given this climate of progress, the future of medicine at Northwestern has never looked brighter, but we continue to depend on philanthropy to provide the best care options to our patients and the recruitment of the best and brightest physicians and researchers. Some examples of current philanthropic naming opportunities include the 259 East Erie pavilion, its 13th floor Center for Comprehensive Orthopaedic and Spine Care and specialized clinics, the 12th floor Ambulatory Surgery Center, the ground level Arrival Court, the first floor main lobby, and more. For more information about naming opportunities or supporting the programs within 259 East Erie, please contact Ann E. Murray at (312) 926-7073 or aemurray@nm.org.

He also noted that before the 259 East Erie pavilion opened, complex spine surgery patients were required to travel extensively across campus on the day of surgery. Starting with parking at the hospital, the patients then checked in with their physicians in the Galter pavilion; walked to the Feinberg pavilion for x-rays; then to the Arkes pavilion for CT scans and labs; visited with the perioperative medical group at the Olson pavilion; returned to the Feinberg pavilion for the actual surgeries; and finished the day by returning to the hospital’s parking garage. For these patients, who are often unable to walk or stand, a simple elevator ride now enables patient-centered care all in one new pavilion.

“By blending new physician talent with our established team of experts in this new state-of-the-art facility, we are working to build a more comprehensive and robust set of musculoskeletal services for you, the patients of Chicago and the Midwest.”

— Terrance D. Peabody, MD
Faculty, staff, alumni, and friends gathered November 14 to celebrate and honor the accomplishments of Jeremiah Stamler, MD, founding chair of the Department of Preventive Medicine at Northwestern. The occasion not only marked a celebration of a 70-year career, but also Dr. Stamler’s 95th birthday. Over the course of his career, Dr. Stamler has published more than 560 peer-reviewed papers, 840 co-authored papers, and 22 books and monographs, with his work cited more than 25,000 times in 147 different countries. He also mentored nearly 40 scientists. Speakers at the event said that the relationships Dr. Stamler built with his protégés and trainees would impact science for decades. At the American Heart Association’s (AHA) recent annual meeting, Dr. Stamler received yet another honor: he was presented with the Eugene Braunwald Academic Mentorship Award, the highest mentoring honor awarded by the AHA.

Photographed above, Dr. Stamler with Mary McGrae McDermott, MD, the first holder of the Jeremiah Stamler Professorship, at her formal investiture on October 30.

More than 200 supporters of the Global Health Initiative (GHI) Fund at Northwestern University Feinberg School of Medicine gathered on October 21 at The Peninsula Chicago to celebrate the impact of their generosity to the GHI over the past year. Created seven years ago, the GHI provides resources for global health research initiatives and education programs that benefit medical students, residents, fellows, and faculty members at the Feinberg School. Since its inception, the GHI has raised over $4 million in philanthropic gifts to fund global health electives, including travel costs, for 450 medical students and residents in 36 under-resourced countries. As a result of student participation, Northwestern is now the number one school in the country in medical student global health elective rotations.

On August 22, the official groundbreaking for the new Northwestern Medicine Lake Forest Hospital took place. Nearly 300 individuals—including physicians, hospital leadership and staff, members of the Lake Forest community, and representatives from local, state, and national government—came together to celebrate this momentous day in Lake Forest Hospital’s 115-year history. Pictured above: Debbie Saran (left) and Jim Stirling (right), co-chairs of the Lake Forest Destination for Health: Our Legacy. Our Future. campaign, join Tom McAfee (center), president of Northwestern Medicine Lake Forest Hospital, in helping to break ground on the new hospital, which is scheduled to open its doors in 2017.

More than 1,200 people attended the Lynn Sage Cancer Research Foundation’s Annual Fall Benefit Luncheon on October 14 at the Hilton Chicago. Co-chaired by D’Rita Robinson and Lisa Saul, the event featured NBC 5 Chicago’s Zoraida Sambolin as Mistress of Ceremonies and Academy Award, Emmy, and Golden Globe-winning actress, director, and producer Sally Field as the keynote speaker. All proceeds from the event support innovative breast cancer research projects, educational initiatives, and clinical programs at Northwestern Memorial Hospital and the Robert H. Lurie Comprehensive Cancer Center of Northwestern University. Pictured above (from left to right): Ms. Sambolin, Ms. Robinson, Ms. Field, Ms. Saul, and Bill Zwecker, who interviewed Ms. Field as a part of the keynote speech.
On November 5, Northwestern University Feinberg School of Medicine emeriti faculty and Northwestern Memorial Hospital emeriti physicians enjoyed lunch, presentations, and time to mingle at an annual event celebrating their service to Northwestern Medicine. The program’s keynote speaker, Phyllis C. Zee, MD, PhD, Benjamin and Virginia T. Boshes Professor of Neurology, professor of neurobiology, and director of the Center for Circadian and Sleep Medicine at Feinberg, and director of the Sleep Disorders Center at Northwestern Memorial Hospital, discussed the importance of sleep and circadian timing, citing its effects on all types of other bodily functions. Not only are sleep issues linked to obesity, diabetes, heart disease, lung disease, and mood disorders, improvement in sleep can reduce the risk of age-related neurologic disorders such as Alzheimer’s and Parkinson’s diseases. Photographed above, Dr. Zee (right) speaks with faculty and physicians emeriti and their spouses.

On October 18, guests of all ages joined members of Northwestern Medicine Lake Forest Hospital’s Women’s Board for “Carnaval de Paris,” the board’s annual benefit. A whimsical, festive event, “Carnaval de Paris” featured Cirque Dreams and included a silent auction, a luxury vacation drawing, and the signature “Care to Make a Difference” paddle-raiser to benefit the Women’s Board’s $2 million commitment to the Lake Forest Destination for Health: Our Legacy, Our Future campaign. Pictured above (from left to right): Becky Milliman, vice president of the Women’s Board; Melissa Goltra, event co-chair; Jennifer Horan, president of the Women’s Board; and Kristin McCain, event co-chair.

Save the Date for Upcoming Northwestern Medicine Events

Gensler’s 9th Annual Big Ed Bowl
March 24, 2015 | 5:00 p.m.
Lucky Strike Lanes, 322 East Illinois Street, Chicago, IL
Info: Elizabeth Knollman, (312) 503-1656 or elizabeth.knollman@northwestern.edu

Lewis Landsberg Research Day
April 2, 2015
Research Day events will take place on Northwestern University’s Chicago Campus in both the Robert H. Lurie Medical Research Building and in Northwestern Memorial Hospital’s Conference Center in the Feinberg Pavilion
Info: Melanie Kruchten, (312) 503-2421 or melanie@northwestern.edu

Alumni Weekend 2015
April 17-18, 2015
Northwestern University, Chicago Campus
Info: ML Farrell, (312) 503-0855 or mlfarrell@northwestern.edu
feinberg.alumni.northwestern.edu

The Carol Gollob Foundation
24th Annual “Swinging for a Cure” Charity Tennis Clinic
April 18, 2015 | 6:00 p.m.
Midtown Athletic Club, 2020 West Fullerton Avenue, Chicago, IL
Info: Elizabeth Knollman, (312) 503-1656 or elizabeth.knollman@northwestern.edu
http://www.carolgollobfoundation.org

Northwestern Brain Tumor Institute
Minds Matter Benefit Dinner
May 1, 2015 | 6:00 p.m.
Hilton Chicago, 720 South Michigan Avenue, Chicago, IL
Info: Elizabeth Knollman, (312) 503-1656 or elizabeth.knollman@northwestern.edu or Jacqueline Evans, (312) 926-4199 or jevans3@nm.org
braintumorinstitute.org

Thoracic Oncology Cocktail Party
May 8, 2015 | 7:00 p.m.
Gibson’s Steakhouse, 1028 North Rush Street, Chicago, IL
Info: Kristyn Eskridge, (312) 926-0286 or keskridg@nm.org

HOPE Art Event
May 21, 2015 | 5:30 p.m.
Floating World Gallery, 1925 North Halsted Street, Chicago, IL
hope-chicago.org

Bears Care Gala
May 30, 2015 | 6:00 p.m.
Soldier Field, 1410 South Museum Campus Drive, Chicago, IL
chicagobears.com/community/bears-care.html

22nd Annual Cancer Survivors’ Celebration, Walk & 5K
May 31, 2015 | 7:00 a.m.
Grant Park, Chicago, IL
Info: Elizabeth Knollman, (312) 503-1656 or elizabeth.knollman@northwestern.edu
cancer.northwestern.edu/walk

Lynn Sage Cancer Research Foundation
“Play for the Cure” Golf Outing
June 15, 2015 | 11:00 a.m.
Westmoreland Country Club, 2601 Old Glenview Road, Wilmette, IL
lynnsgagefoundation.org

7th Annual Global Health Initiative Golf Invitational
June 22, 2015 | 1:00 p.m. Tee Time | 5:30 p.m. Cocktails and Dinner
Evanston Golf Club, 4401 Dempster Street, Skokie, IL
Info: Cindy Garbutt, (312) 503-0761 or cynthia.garbutt@northwestern.edu

The Auxiliary Board of Northwestern Memorial Hospital
“Summer Lovin’ 2015”
June 26, 2015 | 7:00 p.m.
Chicago History Museum, 1601 North Clark Street, Chicago, IL
summerlovin.net

Chicago Baseball Cancer Charities
46th Annual Golf Outing
June 29, 2015 | 8:00 a.m.
Twin Orchard Country Club, 22353 Old McHenry Road, Long Grove, IL
chicagocancercharities.com

The H Foundation
15th Annual Goombay Bash
July 18, 2015 | 5:00 p.m.
Navy Pier, Grand Ballroom, 600 East Grand Avenue, Chicago, IL
Info: Elizabeth Knollman, (312) 503-1656 or elizabeth.knollman@northwestern.edu
goombaybash.com

North Shore Men’s Health Initiative
Havana Daydreaming Charity Event
August 2, 2015
The Peninsula Chicago, 108 East Superior Street, Chicago, IL
Info: Ian Jipp, (312) 503-3088 or ian.jipp@northwestern.edu
The 35-year partnership between Northwestern University Feinberg School of Medicine and the Les Turner ALS Foundation was strengthened recently with the Foundation’s $10 million commitment to create the Les Turner ALS Research and Patient Center at Northwestern Medicine.

Now, the Foundation and the Feinberg School are leading a major effort to raise $10 million in endowed funds to establish the naming of the Les Turner Center in perpetuity. The $10 million will keep the momentum of discovery going. It will also help to leverage opportunities to bring care to people with amyotrophic lateral sclerosis (ALS) more quickly by providing resources that will hasten translational breakthroughs in the realm of neurological disease. This fundraising effort is intended to assist those currently fighting ALS as well as to accelerate the progress toward curing the disease.

ALS, also known commonly as Lou Gehrig’s disease, is a progressive neurological disorder in which the degeneration of neurons leads to muscle weakness and impaired speaking, swallowing, and breathing, eventually causing paralysis and death. It affects 350,000 people worldwide, with an average survival of three years. Although there is currently no cure for ALS, all of those involved in the creation of the Les Turner ALS Research and Patient Center are confident that it will be a catalyst for advancing even further on the trajectory of aggressively pursuing breakthrough treatment options—a trajectory for which Northwestern Medicine is already well known.

"Northwestern scientists are leaders in ALS research, and this important commitment from the Les Turner ALS Foundation to create a new center will help to advance our research discoveries in support of people with this devastating neurodegenerative disease," said Eric G. Neilson, MD, vice president for medical affairs and Lewis Landsberg Dean at Feinberg.

A Longstanding and High-Impact Partnership

The Les Turner ALS Foundation, founded in 1977, is Chicago’s leader in ALS research, patient care, and education, serving more than 90 percent of people with ALS in the area, offering help and hope when it is needed most. The Foundation’s full spectrum of patient service programs include in-home consultations, support groups, equipment loans, and educational programs. The Foundation has been offering hope for a future without ALS by supporting Northwestern researchers and scientists since 1979, when it established the first Les Turner ALS Foundation Research Laboratory.

“We are proud to deepen our longstanding partnership with Northwestern and are confident that this commitment will enhance the exceptional care provided to people with ALS and also further scientists’ understanding of this complex disease,” shared Ken Hoffman, president of the Foundation.

The gift to create the Les Turner ALS Center exemplifies the shared commitment of the Foundation and Northwestern Medicine to raise awareness about ALS and support for finding its cure. ALS is a debilitating and life-altering disease, but with the Foundation’s partnership, Northwestern Medicine is setting the pace in the field of ALS and is offering hope for the future of care, research, training, and outreach relating to ALS and a broad scope of other neurological disorders.

Note: Andrea Pauls Backman has been appointed as the next executive director of the Les Turner ALS Foundation. She will begin working closely with longtime executive director Wendy Abrams to transition into the role and ensure transfer of knowledge. Wendy plans to retire this spring.
Breakthroughs to a Brighter Future
Under one umbrella, the new Les Turner ALS Research and Patient Center will bring together three Les Turner ALS Research Laboratories, the Lois Insolia ALS Clinic, the ALS Tissue Bank, and other ALS research, clinical, and education activities at Northwestern.

“The advantage of having all the research and clinical activities joined as a part of the center is that it will enhance collaborations between researchers and clinicians and, therefore, facilitate the development of new therapies for ALS,” said Dimitri Krainc, MD, Aaron Montgomery Ward Professor and chair of the Ken and Ruth Davee Department of Neurology.

The anticipated interfaces and collaborations between the Les Turner ALS Center staff members and those at other centers within the Institute for Translational Neuroscience at Northwestern Medicine will have a resounding impact in the realm of neurodegenerative disease research. This is because the molecular underpinnings of one type of neurodegenerative disorder can often have important implications for the treatment of another. This concept has been exemplified at Northwestern Medicine by Teepu Siddique, MD, the Les Turner ALS Foundation/Herbert C. Wenske Foundation Professor at Feinberg, who, through identifying the genetic causes of ALS, showed that all types of it are tributaries, pouring into a common river of cellular dysfunction.

Philanthropy Leading to Progress
The establishment of the Les Turner ALS Research and Patient Center has created an unprecedented opportunity to further advance scientists’ understanding of this very challenging disease and, consequently, enhance the care provided to people with ALS today and in the future.

“This is a monumental time for all of us who are passionate about creating a world without ALS. This center will hold an important place in the ALS community, and we are deeply appreciative of all those who will join us in working to ensure its future success,” shared Wendy Abrams, executive director of the Les Turner ALS Foundation.

For more information about supporting the new Les Turner ALS Research and Patient Center, please contact Courtney Weeks at (312) 503-3080 or c-weeks@northwestern.edu.
In September, the medical school launched a dedicated faculty campaign as an integral part of We Will. The Campaign for Northwestern Medicine. The collective participation of faculty members is as important to this fundraising effort as the generous gifts they are providing in support of Feinberg.

“Our faculty members commit themselves fully and every day to the missions of the Feinberg School and Northwestern Medicine. They are the heart of our medical school and are a tremendous asset to our students, trainees, their colleagues, and patients,” said Eric G. Neilson, MD, vice president for medical affairs and Lewis Landsberg Dean. “Philanthropy affects the life of our medical center every day. The generosity of donors, including our faculty, is put to work to help our exceptional students, faculty, and academic and clinical programs. We cannot fulfill the aspirations of this campaign without our faculty’s support and participation,” Dr. Neilson continued.

As of January 2015, 7.4 percent—or 286 members—of our Feinberg faculty have made contributions to the medical school as a part of this campaign totaling $818,581.74.

Longtime supporters of the medical school, Drs. McColley and Brown have been making gifts regularly to the Medical School Annual Fund since 1987. Recently, though, they decided to increase their support as a part of the faculty campaign. An alumna of both the Honors Program in Medical Education and the medical school at Northwestern, Dr. McColley currently serves as professor of pediatrics-pulmonary medicine. Dr. Brown also is an alumnus of the Feinberg School and currently serves as a lecturer.

“As both alumni and faculty of Northwestern University Feinberg School of Medicine, we understand the importance of philanthropy to support students and faculty. Student scholarships that attract diverse and accomplished medical students, support for faculty education time, and provision of resources for growth of innovative programs are essential for continued excellence at Feinberg,” said Dr. McColley. “We have benefitted from our education and long-term affiliations with Feinberg, and feel it is a high priority to give back.”

Drs. McColley and Brown’s recent giving to the medical school will be recognized with membership in the Nathan Smith Davis Society. The society carries the name of one of the founders of the medical school at Northwestern, who was also its first dean and a pioneer in medical education. Membership in this prestigious society is bestowed on individuals who support the medical school through generous philanthropy and volunteerism. The society honors medical school alumni, faculty, friends, and staff members who make annual and cumulative gifts to support the essential teaching and research missions at Feinberg. The minimum giving level for Nathan Smith Davis Society membership is $1,000 annually, $300 annually for young alumni.
Dr. Nuber has been making gifts to the medical school since 1985—just two short years after he completed his medical training here and the same year he re-joined Northwestern as a member of the faculty. Today, he serves as professor of clinical orthopaedic surgery. Dr. Nuber has supported myriad areas across Feinberg, including the Medical School Annual Fund, the Galter Health Sciences Library, and many different education and research initiatives. Most recently, he made a generous leadership pledge to the Michael F. Schafer, MD, Fund, which supports education and research within the Department of Orthopaedic Surgery and honors Dr. Schafer, former chair of the department.

"As a member of the faculty, I think it is important to give back via education and philanthropy to those who so graciously gave before." Quoting writer Albert Pike, Dr. Nuber continued: "What we have done for ourselves alone dies with us; what we have done for others and the world remains and is immortal. Giving is a small way of maintaining the legacy of those who gave before."

Dr. Nuber is a member of the Lifetime Giving Society at Feinberg. This group within the Nathan Smith Davis Society honors cumulative lifetime giving between $35,000 and $999,999. As with all faculty members at this Lifetime Giving level, Dr. Nuber will be recognized for his commitment with an engraved nameplate featured on a desk in Hughes Auditorium, as well as on a plaque in Hughes.

Deborah S. Clements, MD, FAAFP

Dr. Clements, the newly named Nancy and Warren Furey Professor of Community Medicine and chair of the Department of Family and Community Medicine since May 2013, made her first gift to the medical school as a part of the faculty campaign. She chose to earmark her generous contribution for the Medical School Annual Fund, thereby supporting the greatest needs and most immediate priorities within Feinberg.

"I contribute to the medical school because I believe in the work we're doing together to bring the next generation of leaders into medicine," said Dr. Clements. "Without the support of others, I would never have had such rich opportunities to learn from both patients and mentors in the community and classroom. I believe that we have a responsibility to future generations of physicians to expand their realm of possibility."

In recognition of her giving, Dr. Clements is now a member of the Nathan Smith Davis Society.

Gordon W. Nuber, ’83 MD

Since 2010, Dr. Fatone has been supporting the Northwestern University Prosthetics-Orthotics Center (NUPOC) both through her daily work as an associate professor of physical medicine and rehabilitation and through annual philanthropic gifts. Most recently, as a part of the faculty campaign, she increased her support with a gift to the Dudley S. Childress, PhD, Research & Education Fund, which was established in honor of Dr. Childress’ legacy and in support of education initiatives at NUPOC.

"I am indebted to Northwestern University and Dr. Childress for helping me to build a rewarding career advancing science to improve the lives of people with physical disabilities," said Dr. Fatone. "I believe it is important that, as Northwestern faculty, we contribute in every way possible, as teachers, researchers, mentors, and donors, to give others similar opportunities."

Dr. Fatone is now an esteemed member of the Nathan Smith Davis Society.
Funded initially by a generous gift from philanthropist Neil Bluhm that was announced on February 14, 2005, Northwestern Medicine's Bluhm Cardiovascular Institute is celebrating its 10th anniversary. Proud of the significant impact it has made on the cardiovascular landscape, the Bluhm Cardiovascular Institute has far exceeded its original goal of establishing a national reputation by bringing together a team of the nation's cardiovascular leaders who provide expert care for the most common occurring cardiac and vascular conditions to the most complex.

Patrick M. McCarthy, MD, chief of the Division of Cardiac Surgery at Northwestern Memorial Hospital, executive director of the Bluhm Cardiovascular Institute, Northwestern Medical Group, and Heller-Sacks Professor of Surgery at the Feinberg School, said: "Chicago and this region have needed a great heart program for quite some time. A decade ago, many patients traveled outside the state to the Mayo Clinic, the Cleveland Clinic, and other great heart centers because they did not believe that the most cutting-edge treatment with the best outcomes was available locally." He continued, "With the burgeoning Northwestern Medicine enterprise, which now serves four hospitals, the Bluhm Cardiovascular Institute brand is expanding and patients are realizing that the very best cardiovascular care is available only miles away."

Outcomes and Accomplishments
Under Dr. McCarthy’s leadership, the cardiology and heart surgery program at the Bluhm Cardiovascular Institute has ascended from unranked in 2004 to #13 in 2014 in U.S. News & World Report’s “Best Hospitals” list. Growth of its clinical program has been phenomenal at a time when many cardiac and vascular programs have stayed flat or even suffered diminished cardiovascular volume. Over the past decade, the program experienced an increase in new cardiology visits from 3,406 to 7,612 (compound annual growth rate of 8.4%). Cardiac surgery case volume also has increased from 275 to 929 (compound annual growth rate of 13%), and the majority of this growth has been in the most complex cardiac surgery operations (valve surgery, heart transplantation, ventricular assist device implant, and others), which grew from 100 to 748 operations, a 648% growth rate (compound annual growth rate of 22.3%).

The Bluhm Cardiovascular Institute’s improved outcomes have been acknowledged with multiple awards, including the highest level of recognition by the Society of Thoracic Surgeons for complex valve cases and coronary bypass, listing among the leaders in the United States for the shortest “door to balloon time” in 2014, and recognition for the second-best survival in the United States for Medicare heart attack patients in 2013.

A targeted recruitment effort, along with retention and development of existing team members, has been a successful catalyst to advancing the Bluhm Cardiovascular Institute’s reputation. The staff features nationally renowned and world-recognized leaders in heart failure treatment and prevention, carotid artery stenting and aortic aneurysm stent grafting, and heart valve disease treatment. Currently, it is the only heart program with two past presidents of the American Heart Association on staff. A longtime Bluhm Cardiovascular Institute physician chaired the expert panel that wrote the new national guidelines, which were published in November 2013 by the American College of Cardiology and the American Heart Association, for managing blood cholesterol in people at risk for heart attacks and strokes.
In February 2012, the Magnificent Mile literally “bloomed” with the launch of a colorful display of 100 one-of-a-kind, five-foot heart sculptures on display as a part of “Hearts a Bluhm,” a city-wide cardiovascular awareness campaign from the Bluhm Cardiovascular Institute. Photographed above, Dr. McCarthy (left) shaking hands with Mr. Bluhm.

A Bright Future for the Bluhm Cardiovascular Institute

As the cardiovascular landscape continues to transform, so too does the innovative approach of the Bluhm Cardiovascular Institute. For instance, the team realizes that not all surgery will be necessary in the future. Already, they are replacing heart valves without “surgery” through access via leg vessels and a very small incision at the tip of the heart. This will become more common practice and expand from treatment of aortic valve disease to treatment of mitral valve disease in the next few years. Clinical research efforts in the Clinical Trials Unit and database facilitate the advancement of scientific knowledge, the prevention of disease, and the improvement of the quality of care for all patients by searching for new and better ways to understand and treat disease. Additionally, not all research is being performed via direct patient care. Data mining uses large data sets and provides information about large populations of patients with common medical conditions such as atrial fibrillation, heart failure, and valve disease.

A Campaign for the Bluhm Cardiovascular Institute

To commemorate the 10th anniversary of the Bluhm Cardiovascular Institute, we have launched a campaign to support the future of the institute and its patients.

Dr. McCarthy said, “The first decade set the stage and we want to be certain that 10 and 20 years from now, those gains are not fleeting, but instead enduring. To this end, we seek to build an endowment to assure that the Bluhm Cardiovascular Institute will be a unique and important resource, not just for the citizens of the region, but indeed for the United States and the world.” By establishing this robust endowment, we will be able to maintain our current level of activities and expand them into the future to ensure that funds are available to support our cutting-edge research, to recruit and retain the best and brightest experts, and to provide outstanding clinical care.

For more information about the Bluhm Cardiovascular Institute, please visit heart.nm.org or facebook.com/BluhmCardiovascularInstitute.

Should you have any questions about the Bluhm Cardiovascular Institute 10th anniversary campaign, please contact Holly Gibout at (312) 926-4016 or hgibout@nm.org.

“I am very proud that, in its first decade, the great cardiovascular program at Northwestern Medicine has become one of the top cardiovascular programs in the country. When I think of how many patients and families have benefitted from the expertise of Northwestern’s cardiovascular team, I am truly amazed—and I am privileged to contribute to such an exemplary program. I know that, in the next ten years, the program will only continue to grow stronger, and many more lives will be saved and improved.”

—Neil Bluhm

The Institute in Action

Roseland resident and Southwest Airlines baggage specialist Rebekah Harper is especially thankful to the Bluhm Cardiovascular Institute for her two heart transplants. Rebekah’s journey to heart health began when she was only eight months old and contracted a virus that settled in her heart and enlarged the heart muscle. By four years old, she was medically stable. After starting school at Southern Illinois University in 2000, she suddenly had to return home due to being in heart failure. Her first heart transplant occurred on September 10, 2001. When she awoke on September 11, she was told that the heart would be good for about a decade, which proved true because she again started to experience symptoms such as shortness of breath and swelling in 2012.

At that time, Rebekah was warned that finding a second heart would be like finding a “needle in a haystack” because of all the antibodies in her system from the first transplant. “I prayed a lot,” she said of how she kept her hopes up as she waited in the ICU almost six months for a heart. “I knew that I had not gotten this far for it to be over...for this just to be it.” Now 32 years old, she received her second heart transplant at the Bluhm Cardiovascular Institute on July 24, 2014.