

Celebrating 100 Issues!

Our 100th Issue

Welcome to the 100th issue of the *Medical Alumni Association Newsletter*! In celebration of this milestone, we are thrilled to bring you a very special issue this month, featuring new and exclusive content, news from across our alumni community, and recaps and reflections, including a letter from Eric G. Neilson, MD, vice president for Medical Affairs and Lewis Landsberg Dean.

We are deeply grateful to all our alumni subscribers. Your engagement, stories, and support over the years have made this newsletter possible. Thank you for sharing in this journey with us.

—Your Medical Alumni Association and Alumni Relations Team

A Letter from the Dean:



Dear Alumni,

As we celebrate the first 100 issues of the *Medical Alumni Association Newsletter*, we are reminded of all that we have achieved together. Since the inaugural issue in January 2017, we have had the distinct privilege of recognizing the personal and professional triumphs of countless members of our alumni community. We applaud all your inspiring accomplishments and the many ways you have supported our students over the years. Your commitment to scholarships, mentorship, medical education, learning resources, and student wellness has ensured that the next generation of professionals has the tools they need to thrive as they follow in your footsteps. Moreover, your support of our academic mission has enabled us to pursue excellence in teaching, breakthrough research, and world-class clinical care.

We commend the extraordinary number of scientific discoveries made by our community since the first issue of this newsletter, as well as the many students who have turned their tassels and joined our alumni ranks, now serving patients around the world. These milestones have contributed to Northwestern's powerful trajectory and have further cemented Feinberg's status as a leader in medical education and biomedical research.

As we set our sights on the next 100 issues, our focus will remain on recognizing your achievements, celebrating your dedication to your alma mater, and working together to improve human health.

From our newest graduates to members of our Half Century Club—wherever you are in the world—your connection to Northwestern remains. We are proud to call you our alumni. Thank you for all that you do.

With gratitude and warmest regards,

Eric G. Neilson, MD
Vice President for Medical Affairs
Lewis Landsberg Dean
Feinberg School of Medicine
Northwestern University

From the Director's Desk:

Dear Alumni,

We are so excited to celebrate the 100th issue of our *Medical Alumni Association Newsletter*. We hope that you have enjoyed the stories, updates, and details on upcoming events.

Please join me in sincerely thanking Jillian Kurtz Brubaker, associate director of Alumni Engagement, who developed the content for the last 100 newsletters! She has done an amazing job, and we are very grateful for her efforts.

We hope to see you at Alumni Weekend on May 1–2. **Early bird pricing ends February 28.**

Please reach out with any questions.

Thank you,

Babette



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A Note from the Editor:



Your Feinberg Alumni Relations Team (Pictured Left to Right: Allison Glibowski, Kirsten Byers, Katie Bradshaw Ferris, Larry Kuhn, Vic Maurer, Emma Wittkowski, Babette Henderson, Jillian Kurtz Brubaker, and Meghan Monaghan)

Hello Fellow Alumni!

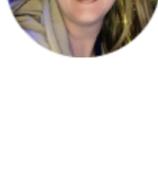
My name is Jillian Kurtz Brubaker, and I have served as editor of the *Medical Alumni Association Newsletter* since our very first issue in January 2017. This newsletter was created to serve as a monthly touchpoint with you, our incredible alumni. Over the past nine years, we have hosted countless events virtually, across the country, and abroad; welcomed thousands of alumni back to campus for Alumni Weekend; facilitated numerous mentoring opportunities for our students; saluted thousands of graduates as they entered the Medical Alumni Association; built a thriving alumni community for our Half Century Club members; and had the pleasure of celebrating you and

your accomplishments in this publication each month. It has been my great honor not only to witness the impact you've made, but to help share these remarkable stories with our entire community.

I hope that you will continue to engage with us, share your thoughts and news, and stay connected. Your commitment to Northwestern is inspiring, and the ways in which you support one another, our students, and this institution are unparalleled.

Producing this newsletter each month has been an immense privilege, and I sincerely thank you for allowing me the opportunity. Here's to the next 100!

Gratefully yours,
Jillian



Jillian Kurtz Brubaker '18 MS
Associate Director, Alumni Engagement
Editor, *Medical Alumni Association Newsletter*
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Contributor Recognition

This newsletter would not be possible without the support and contributions of many individuals each month, and I extend my sincere thanks and appreciation to: **Katie Bradshaw Ferris; Kirsten Byers '19 CERT, '21 MS; Haleigh Ehmsen '22 MS; Emma Florio; Allison Glibowski; Joseph Gugenheim '72 MD; Babette Henderson '21 CERT; Larry Kuhn '02 CERT; Katie Lattal; Vic Maurer '11 CERT, '22 CERT; Medical Alumni Association Board Members; Nicole Mladic; Meghan Monaghan '19 CERT; Brooke Morris-Chott; Samm Neilson; Sara Neuner; Lauren Robinson '19 MS; Ann Ross; and Emma Wittkowski.**

Register Today for Alumni Weekend 2026: Time is Running Out on Early Bird Pricing



Alumni Weekend will be here soon! **Join us in Chicago on May 1–2** for a memorable celebration with fellow alumni, faculty, students, and guests.

Take advantage of early bird pricing* before it ends on February 28. Our most popular events are filling up quickly, so secure your spot now via the [Alumni Weekend website](#).

Alumni Weekend is for everyone. Whether it's your reunion year, you're a Half Century Club member, or you simply want to reconnect, all alumni, guests, and family are welcome. Enjoy complimentary offerings like CME forums, campus tours, and more. Plan your weekend today!

Take advantage of early bird pricing for a limited time. **Enjoy 20% off paid events with NO PROMO CODE NEEDED. Early Bird Promo Pricing automatically applies through February 28. Regular Event Pricing is in effect starting March 1.*

Register today and start planning your return to campus. We can't wait to welcome you back!

Register for Alumni Weekend 2026

If this is your reunion year and you are interested in becoming more involved with your class committee, please reach out to Katie Bradshaw Ferris.



Katie Bradshaw Ferris
Assistant Director, Reunion and Leadership Giving
Northwestern University Feinberg School of Medicine
katie.ferris@northwestern.edu



100 Editions. 100 Years of History.



Courtesy: Galter Health Sciences Library, Chicago, Illinois.

To mark our 100th issue, we're looking back 100 years to the construction of Northwestern's Chicago campus and the Montgomery Ward Memorial Building. The Gothic architectural profile of the building, which became the largest University structure on the downtown campus, would set the tone for the entire collegiate campus.

We are pleased to share a collection of little-seen photographs, from the Northwestern University Dental School archives, taken between 1925 and 1926 that offer a rare glimpse into a transformative moment in the University's history and the beginnings of the medical campus we know today. One image, from page 25 of Irving S. Cutter's *Dedication of the Montgomery Ward Memorial Building* (Northwestern University Medical School: R.R. Donnelley, 1929), is included among these archival documents, providing a historic context for the building's dedication.

We invite you to explore these images and step back in time to experience this remarkable chapter in Northwestern's history.

Courtesy: Galter Health Sciences Library, Chicago, Illinois.

Explore the Ward Building Construction Album

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

"Chess Records"

Chess Records



The Growth of Chicago Rhythm and Blues



Leonard Chess



Chuck Berry



Phil Chess

Joseph Gugenheim, '72 MD

We're thrilled to bring you the newest installment of our MAA Digital Series from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

In this episode, Dr. Gugenheim takes us to the heart of Bronzeville to explore Chess Records, widely celebrated as a cornerstone of American music. Praised by music critic Cob Koda as "America's greatest blues label" and by Chicago singer John Primer as "the greatest recording studio in Chicago," Chess Records was founded by Polish immigrant brothers Lawrence and Phil Chess (born Leizzor and Fishel Czyż).

At Chess, African American musicians and Jewish entrepreneurs came together to create a sound that transcended genres, including R&B, blues, jazz, soul, gospel, and doo-wop, reaching audiences around the world. Dr. Gugenheim highlights iconic artists such as Muddy Waters, Howlin' Wolf, Chuck Berry, and the Moonglows, whose recordings not only defined a generation but also influenced legends like the Rolling Stones and Bob Dylan.

Join Dr. Gugenheim as he examines Chess Records' enduring legacy marked by creativity, collaboration, and musical innovation that continues to resonate today.

Dr. Gugenheim presents "**Chess Records**."

Thank you, Dr. Gugenheim!

[Stream "Chess Records"](#)

COMING SOON:

"The 6888th Central Postal Directory Battalion"

Next month, Dr. Gugenheim will share the story of the US Army's 6888th Central Postal Directory Battalion. Known as the "Six Triple Eight," this remarkable unit was sent to Europe in 1945 during World War II to clear a massive backlog of undelivered mail, completing a task in just three months that boosted troop morale across the front lines.

Among these trailblazers was Margaret Glenn Sales Semmes, who studied music at Northwestern in the 1940s and whose dedication and leadership exemplified the courage and ingenuity of the battalion. In 2025, the 6888th was awarded the Congressional Gold Medal, and their story continues to inspire new generations.

Stay tuned as Dr. Gugenheim brings this extraordinary chapter of history to life next month!

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

Help Us Celebrate Abbott Hall!



Abbott Hall has been home to generations of Northwestern students as a place of late-night study sessions, lifelong friendships, and unforgettable memories. We want to hear yours!

Add your photos, stories, or favorite memories to our "[Memories of Abbott Hall](#)" [Kudoboard](#) now, and they may be featured during Alumni Weekend 2026 as part of our *Have Coffee and Conversations with the Half Century Club: The History of Abbott Hall* presentation with **Joseph Gugenheim, '72 MD**.

Your stories will help bring Abbott Hall's history to life!

[My Memories of Abbott Hall](#)

From Hospital to Home



On January 29, your MAA hosted our most recent webinar, "From Hospital to Home: Early Therapy Helps High-Risk Babies Move, Grow, and Thrive," featuring [Jessica Trenkle, PT, DPT](#), board-certified clinical specialist in pediatric physical therapy and assistant professor in the Department of Physical Therapy and Human Movement Sciences at Northwestern University Feinberg School of Medicine, and [Ali Liddle, PT, MPP, PCS](#), associated member of faculty.

The presentation, and the engaging Q&A that followed, highlighted the importance of early physical therapy for infants discharged from the neonatal intensive care unit. Research shows that delivering therapy immediately after discharge is not only feasible but also significantly improves motor development during these critical early months. Acting early can support better long-term outcomes and help every child reach their full potential.

This engaging webinar series continues to connect alumni and friends with the latest research and discoveries. You can register to have the recording delivered directly to your inbox or stream this session and all previous MAA webinars anytime through the [MAA Virtual Event Recording Archives](#).

The Healing Power of Music



On February 4, alumni and friends joined us in Southeast Florida for “A Night with Northwestern in Florida: Music and Medicine” at the Boca Raton Museum of Art. The program featured a dynamic panel exploring the effects of music on health, including Sarah Bartolome, associate professor at the Bienen School of Music; [Borna Bonakdarpour, MD](#), associate professor of Neurology in the Division of Behavioral Neurology at Feinberg; and Bharath Chandrasekaran, department chair of Communication Sciences and Disorders in the School of Communication. The discussion was moderated by Dean Jonathan Holland of the Bienen School of Music.

In May 2021, Dr. Bonakdarpour and violist and music practitioner Clara Takarabe founded Northwestern’s Music and Medicine program which brings clinically oriented music to patients, investigates the efficacy of interventions and their mechanisms of action, and educates the public and trainees.

Event attendees enjoyed a thought-provoking evening of conversation, learning, and engagement with our faculty. We invite you to check out our [Music and Medicine Photo Album](#). Thank you to all who joined us!

[Check Out Our Music and Medicine Photo Album](#)

Have Coffee and Conversations: Exploring AI in Healthcare



On February 11, Half Century Club (HCC) alumni joined us from across the country for a *Have Coffee and Conversations* session with [Faraz Ahmad, MD, MS](#). Dr. Ahmad shared highlights from the Implementation Intelligence Lab, offering insights into how artificial intelligence is being used to improve clinical outcomes, support decision-making, and shape the future of healthcare delivery.

The Half Century Club remains a vibrant and engaged community, bringing together alumni who are eager to learn, connect, and share experiences. Events like this HCC session offer a relaxed, conversational setting to explore emerging topics in medicine, hear directly from faculty, and deepen connections with fellow alumni. By participating, you help sustain the energy and impact of the HCC through curiosity, collaboration, and lifelong learning.

Looking ahead, join us for a special in-person *Have Coffee and Conversations* during Alumni Weekend 2026. This session will feature *The History of Abbott Hall*, presented by **Joseph Gugenheim, ’72 MD**, and will be held on Saturday, May 2, 2026, from 9–10 a.m. CDT on the Chicago campus. While the Half Century Club celebrates our 50+ year alumni, we invite ALL alumni and guests to join us for this forum.

We have a host of Half Century Club programming and perks at Alumni Weekend that you won’t want to miss! Take a moment to [register today](#).

[Register for Alumni Weekend HCC Events](#)

For more information on upcoming HCC events or to get involved, please contact:



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What a Weekend in Arizona!



On February 20–21, alumni and friends of Feinberg gathered for our annual weekend of connection, fun, and baseball in sunny Arizona. The festivities once again kicked off on Friday evening with dinner in Phoenix, where alumni and friends reconnected, shared stories, and enjoyed great conversation.

The following day, attendees headed to Sloan Park in Mesa to cheer on the Chicago Cubs as they faced the Texas Rangers. While the Cubs fell short of a win, everyone still enjoyed the excitement of opening weekend of spring training at the ballpark. We’ll get ‘em next time!

Explore moments from the weekend in our [Arizona 2026 Photo Album](#). Thank you to everyone who joined us from near and far!

[Explore the Arizona 2026 Photo Album](#)

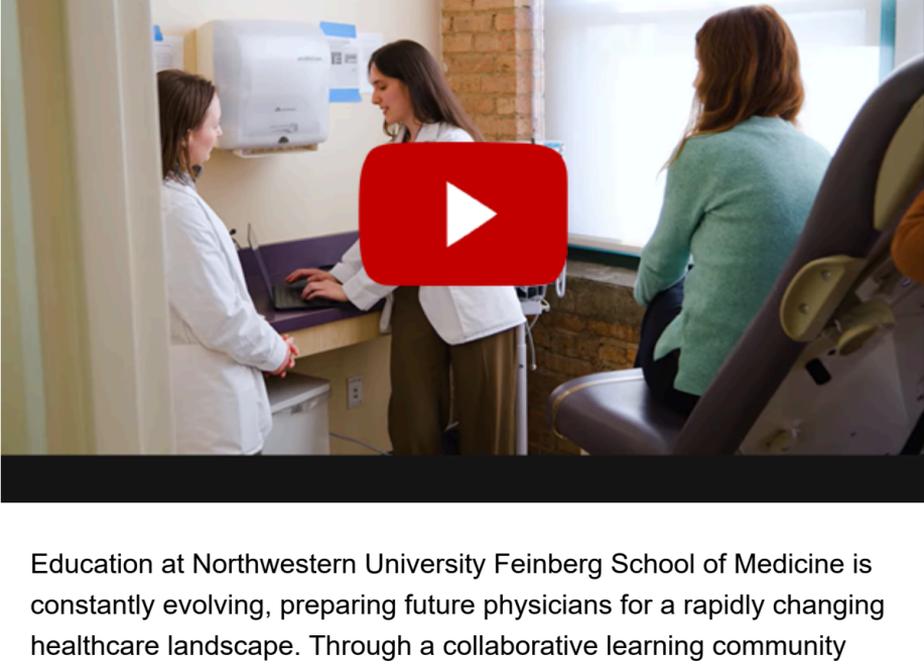
Extra! Extra! What’s New at Northwestern



WHAT’S NEW

We invite you to check out [What’s New at Northwestern](#). This update from Feinberg’s Development and Alumni Relations office features the latest from the medical school—including innovative research, leadership news, student and alumni highlights, faculty achievements, and the impact of philanthropy. Take a moment to see how our community continues to advance the future of medicine.

NEW! Go Inside the Feinberg Curriculum



Education at Northwestern University Feinberg School of Medicine is constantly evolving, preparing future physicians for a rapidly changing healthcare landscape. Through a collaborative learning community and meaningful mentorship, students are supported as they develop the knowledge, skills, and professional identity necessary for careers in medicine.

We invite you to [check out our new video](#), which offers an exclusive look inside the Feinberg Curriculum.

Stream the Feinberg Curriculum Video

Alumni Catch Up in Sunny California



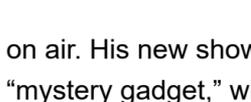
MAA Board members **Jeffrey Schaidler '83, '85 MD**, **Greg Stainer, '76 MD**, and their spouses recently got together to catch up in sunny California and snapped this pic to share with us.

Pictured left to right: Dr. Schaidler, Dr. Stainer, Ginny Stainer '74, and Anna Antonette.

Thanks to Drs. Schaidler and Stainer for this fantastic photo!

Have photos from your own alumni gatherings to share? Send them to us at medalum@northwestern.edu.

Congrats Are in Order!



Steve Greenberg, '82 DDS, has launched the guess-the-gadget game show [What the Heck Is That?](#) across YouTube, TikTok, and the streaming platform DBTV. A longtime television tech and gadget reporter, Greenberg began his career as a television news reporter before transitioning to showcasing innovative products on air. His new show features panelists attempting to identify a “mystery gadget,” with each episode revealing its identity and function, while creating a platform for inventors, startups, and entrepreneurs to highlight their latest innovations. In addition to hosting the show, he is the author of *Gadget Nation: A Journey Through the Eccentric World of Invention* and serves as the “Gadget Guy” on more than 40 TV stations nationwide. To learn more, check out [Dr. Greenberg's new show online](#) or [visit his website](#). Congratulations, Dr. Greenberg!



Marissa Luck, MD, '22 GMER, has joined Pinnacle Fertility Oregon (formerly ORM Fertility) as a reproductive endocrinology and infertility specialist. Dr. Luck brings advanced clinical training and expertise in helping individuals and couples build their families. She previously served as an andrologist at the practice, before returning in her new role, where she will provide comprehensive, patient-centered fertility care. Congratulations, Dr. Luck!



Christopher R. Rehm, '98 MD, MAA Board member, has joined HCA Healthcare as chief medical officer of Enterprise Practice Operations for HCA Physician Services. Drawing on years of experience in clinical care, operations, and technology, Dr. Rehm's work is focused on advancing physician engagement and elevating patient outcomes. In his new role, he will lead enterprise clinical strategies, strengthen physician leadership, and drive improvements in quality, access, and patient outcomes across one of the nation's largest healthcare delivery systems. Congratulations, Dr. Rehm!

Upcoming Events



Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple calendar](#)?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about other University-wide events and offerings.

Bookmark the MAA calendar or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Visit the MAA Plan It Purple Calendar

Designing & Implementing Simulation-Based Mastery Learning Curricula

SAVE THE DATE
Monday, March 2 – Wednesday, March 4, 2026
Northwestern Simulation | Chicago, IL

Mastery learning, a rigorous competency-based medical education model, improves patient care quality and reduces healthcare costs. Northwestern Simulation faculty are leading experts in this field. This comprehensive three-day course offers the knowledge and skills needed to design and implement mastery learning curricula.



Designing & Implementing Simulation-Based Mastery Learning Curricula | Chicago, Illinois

Monday, March 2–Wednesday, March 4, 2026

Mastery learning, a rigorous competency-based medical education model, improves patient care quality and reduces healthcare costs. Northwestern Simulation faculty are leading experts in this field. This comprehensive three-day course offers the knowledge and skills needed to design and implement mastery learning curricula.

Northwestern Simulation | Chicago, Illinois

Advance registration is required.

Register for Simulation-Based Mastery Learning



Northwestern Connects | Global

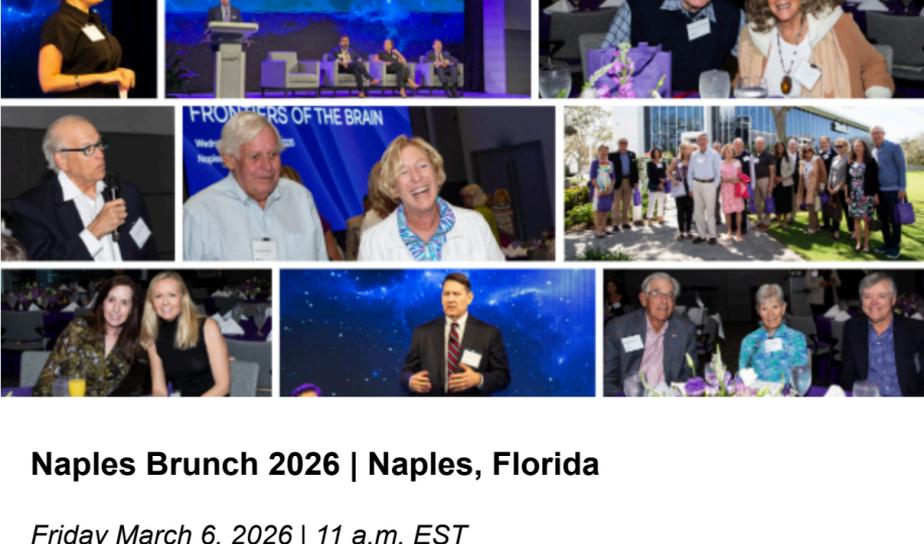
Tuesday, March 3, 2026

Join alumni from across schools, class years, and regions for Northwestern Connects, the Northwestern Alumni Association's annual signature global networking event. Held simultaneously in cities around the world, Northwestern Connects offers an opportunity to reconnect with fellow alumni, expand your personal and professional networks, and celebrate your Purple Pride, wherever you may be.

With events hosted in locations near home and around the globe, alumni can choose the experience that fits them best. Last year, more than 100 events took place worldwide, and additional locations will continue to be added.

Most events are free, but advance registration is required. Visit the [Northwestern Connects website](#) to explore locations and register. For questions, email connects@northwestern.edu.

Register for Northwestern Connects



Naples Brunch 2026 | Naples, Florida

Friday March 6, 2026 | 11 a.m. EST

The Northwestern Club of Southwest Florida and the Half Century Club of Northwestern University's Medical Alumni Association invite you to our annual Feinberg Naples Brunch.

Game-Changing GLP-1 Obesity Medications: Exciting Breakthroughs But Challenges Remain

Welcome Reception: 11–11:30 a.m.

Program and Brunch: 11:30 a.m. (Begins promptly)

This year's program offers a rare opportunity to hear from one of the world's foremost authorities on metabolic health: [Robert F. Kushner, MD, '82 GMER, MS](#).

GLP-1 medications, such as Wegovy and Zepbound, have experienced blockbuster success since their entry into the market over the past four years, changing the lives of thousands of people living with obesity. What is the science behind GLP-1, and what are the challenges they present? This presentation will review the hype behind this transformative drug, from discovery to its current and future applications.

About Robert F. Kushner, MD, '82 GMER, MS

A leading scientist who co-authored the pivotal [New England Journal of Medicine](#) study that helped spark global interest in GLP-1 medications, Dr. Kushner is professor emeritus of Medicine in the Division of Endocrinology, Metabolism, and Molecular Medicine and of Medical Education at Feinberg.

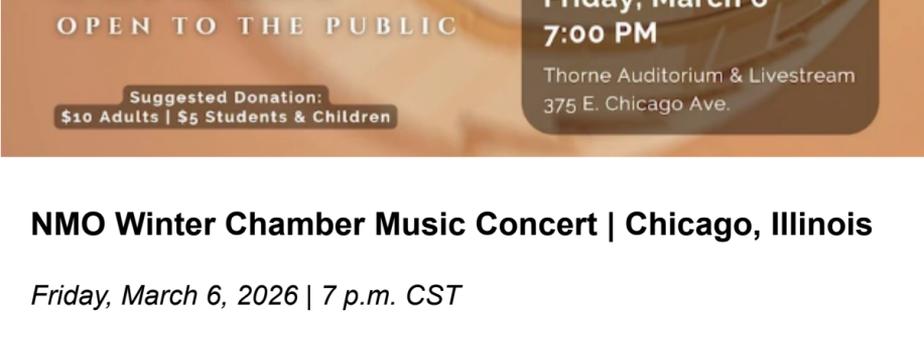
Arthrex, Inc. Corporate Headquarters

[1 Arthrex Way | Naples, Florida 34108](#)

Note: If 1 Arthrex Way doesn't appear in your navigation app, try using the older map address of 1250 Creekside Parkway | Naples, FL 34108

Advance event registration is required.

Register for Naples 2026 Brunch



NMO Winter Chamber Music Concert | Chicago, Illinois

Friday, March 6, 2026 | 7 p.m. CST

The Northwestern Medical Orchestra (NMO) invites you to its Winter Chamber Music Concert, showcasing talented members of the Northwestern medical community. Join the NMO for an evening of delightful small ensemble music by Brahms, Franck, Ravel, Schumann, Shostakovich, and other classical greats, as well as contemporary composers such as Bernard Andres, Yasunori Mitsuda, and more! Enjoy the music and meet the musicians.

Northwestern University Pritzker School of Law, Thorne Auditorium 375 East Chicago Avenue | Chicago, Illinois

Suggested Donation: \$10 for adults; \$5 for students and children

This concert will be held in-person or can be accessed via livestream. A link to the livestream will be shared with registrants.

The Northwestern Medical Orchestra is comprised of Northwestern medical students, trainees, faculty, staff, alumni, and community members. For more information about the Northwestern Medical Orchestra, please contact nmorchestra@u.northwestern.edu.

Register for the NMO Winter Concert



SAVE THE DATE: From Bench to Bedside and Back Again: The Cycle of Successful Translational Research in Brain Tumors | Webinar

Tuesday, March 24, 2026 | 12–1 p.m. CDT

This webinar will highlight successful collaborations of Northwestern University lab research that continued to clinical trials in patients. Dr. Kumthekar will present how scientific research starts in the Northwestern lab and how this science is brought to patients at Northwestern Memorial Hospital.

Priya U. Kumthekar, MD, '08 GMER, '11 GMER, '12 GMER, is professor of Neurology in the Division of Neuro-Oncology and of Medicine in the division of Hematology and Oncology; disease team lead for clinical trials; and director of the Brain Metastases Program.

Stay tuned for more information coming soon.



Alumni Weekend 2026 | Chicago, Illinois

Friday, May 1–Saturday, May 2, 2026

Celebrate in Chicago this spring!

Alumni Weekend is the cornerstone event for the Medical Alumni Association. Spend the weekend reconnecting with friends and classmates as you explore campus, participate in lectures and tours, and celebrate at class dinners. We are thrilled to welcome our 2026 reunion classes, as well as all members of our Half Century Club and the Northwestern University Dental School.

Not your reunion year? Not a problem! There's so much to see and do. Alumni of ALL classes, along with guests and family members, are welcome to join the festivities. Plan to spend the weekend with us.

Don't wait: Secure your hotel for Alumni Weekend 2026 now!

We've arranged discounted room blocks at several local Chicago hotels, including Aloft Chicago Mag Mile, Omni Chicago Hotel, and The Ritz-Carlton, Chicago. Early booking is strongly recommended, as rooms are limited and offered on a first-come, first-served basis.

Visit the "**2026 Travel and Accommodations**" portion of our [Alumni Weekend website](#) for more information.

To register, visit the [Alumni Weekend website](#).

Take advantage of early bird pricing for a limited time. **Enjoy 20% off paid events with NO PROMO CODE NEEDED.** Early Bird Promo Pricing automatically applies through February 28. Regular Event Pricing is in effect starting March 1.

See you in Chicago!

Register for Alumni Weekend 2026



New Paths for Diagnosing and Treating Lyme Disease

with Brandon Jutras, PhD

[Listen to the Episode >>](#)



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Check out the latest episode: "[New Paths for Diagnosing and Treating Lyme Disease with Brandon Jutras, PhD.](#)"

For Physicians Claiming CME Credit: Most episodes are approved for CME credit. After streaming the episode, you will find the eligible credit amount at the bottom of each podcast webpage and a "claim your credit" button, which will take you to Feinberg's CME website. Just sign in and fill out the form.

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