

# Medical Alumni Association NEWSLETTER

May 2025 | Issue No. 91 | Special Double Issue



## What a Celebration in Chicago!



### Alumni Weekend 2025

**Over 650 alumni, guests, faculty, students, and staff came together for Alumni Weekend 2025!**

The weekend was packed with opportunities to reconnect and reflect, from milestone reunion celebrations to meaningful moments with classmates and friends. A special congratulations to our reunion classes—including 1960, 1965, 1970, 1975, 1980, 1985, 1990, 1995, 2000, 2005, 2010, and 2015—and a warm welcome to the Class of 1975, now officially part of our Half Century Club.

We loved seeing so many familiar faces back on campus and hope that you enjoyed your time reliving memories and creating new ones.

**If you joined us for Alumni Weekend, we'd appreciate your feedback—please take a moment to [complete our survey](#).**

Couldn't make it this year? We hope that you'll join us next time!

**Save the date: Alumni Weekend 2026 will take place May 1–2 in Chicago.**

In the meantime, don't miss our coverage from the [Feinberg News Center](#).

Alumni Weekend 2025  
Recap

If you have any questions about Alumni Weekend or want to get more involved with your reunion, contact:



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### From the Director's Desk:

Dear Alumni,

We're thrilled to share that our Alumni Weekend was a great success, with more than 650 alumni, guests, faculty, students, and staff joining us during the first weekend in May.

Highlights included our Welcome Reception, faculty- and alumni-led forums, campus and city tours, Celebrate in Chicago—our all-alumni party—Pancakes and Perspectives, which honored the 50-year reunion class, Conversations with the Dean, and our reunion and Half Century Club dinners.

**Save the date for Alumni Weekend 2026: May 1–2 on our Chicago campus.**

Please reach out with any comments or questions.

Thank you,  
Babette



**Babette Henderson '21 CERT**

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### LIVE from Alumni Weekend, It's the *Northwestern Intersections* Podcast!



*Host Max Herteen; Gary Rusk '65, '69 MD; Amy Wang '91, '95 MD; and Sanjiv Shah '97, '00 MD (pictured left to right)*

#### Episode 177: Live from Feinberg Alumni Weekend

Catch the recording of this [special live episode](#) of *Northwestern Intersections*, the Northwestern Alumni Association's podcast, hosted by Max Herteen and recorded during Alumni Weekend.

Double-purple alums including MAA Board Member and Half Century Committee Chair **Gary Rusk '65, '69 MD**; **Amy Wang '91, '95 MD**; and Feinberg faculty member **Sanjiv Shah '97, '00 MD**, joined Max for a candid conversation about their time in medical school, the pivotal moments that shaped their careers, and the lessons they've learned along the way.

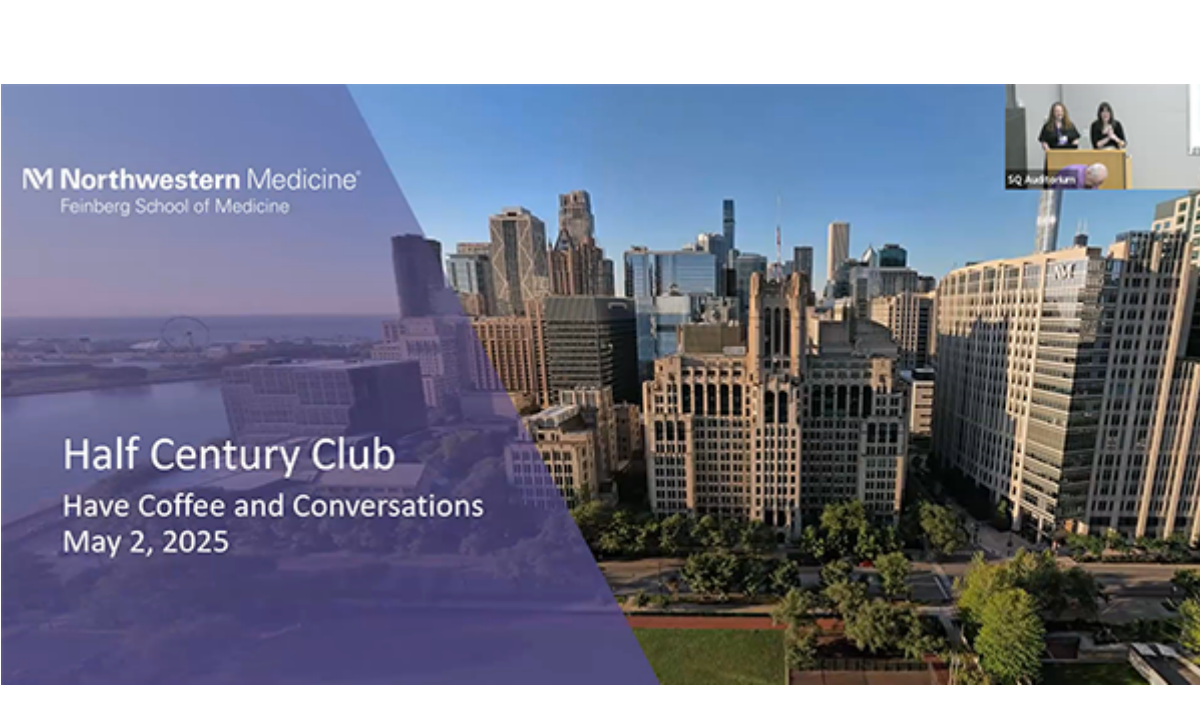
Tune in as they reflect on their Northwestern experiences, how they made their way in the medical field, and what advice they would give to current and prospective students.

Listen now to this [exclusive Alumni Weekend episode](#) and explore more stories on *Northwestern Intersections*.

Northwestern Intersections  
LIVE! Recording

### Special Alumni Weekend Event: Have Coffee and Conversations





**M Northwestern Medicine**  
Feinberg School of Medicine

## Half Century Club

Have Coffee and Conversations  
May 2, 2025

On May 2, as part of our Alumni Weekend programming, we were pleased to welcome outgoing **MAA Board President Nupur Ghoshal, '01 PhD, '03 MD**, for a special hybrid edition of Have Coffee and Conversations. Speaking before an audience of in-person and virtual attendees, Dr. Ghoshal presented *Dementia Dialogue: Discussing Evaluation through Care Options*, offering a clear overview of how dementia is assessed and managed across its stages. She provided valuable context around the patient and caregiver experience, as well as emerging approaches in the field. Thank you to all who joined us!

The Half Century Club (HCC), which recognizes our alumni who graduated 50+ years ago, continues to bring together alumni for meaningful dialogue and connection. Whether you're a long-time member or new to the group, we invite you to get involved by joining us for future HCC events and helping us spread the word to your classmates.

Mark your calendar for **our next Have Coffee and Conversations, which will take place virtually on Tuesday, September 9, 2025, from 10:00 to 11:00 a.m. CDT**. Stay tuned for details on our featured speaker and topic—we look forward to seeing you online!

For questions or to learn more about the HCC, contact:



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## Welcome to the Medical Alumni Association!



(Pictured left to right, top to bottom: NUPOC Graduation, March 28; PT Graduation, April 18; PA Graduation, May 10; and MD Graduation, May 19)

### Congratulations to all our 2025 graduates!

Your dedication and perseverance have brought you to this moment, and we celebrate all that you've accomplished. As you turn your tassels, you officially join the Medical Alumni Association (MAA)—a vibrant community of more than 34,000 alumni who once stood where you do today. We're honored to welcome you into this network and excited to see where your careers take you.

### Welcome to the Medical Alumni Association!

To see highlights from this year's graduation events, explore [Feinberg's coverage](#).

## MAA Names 2025 Viste Award Recipient



Congratulations to **Bettina Cheung, '23 PhD, '25 MD** (pictured right), this year's winner of the **Kenneth M. Viste, '66 MD**, Student Service Recognition Award.

Presented by the MAA at the annual Honors Day ceremony held on May 16, the Viste Award is given in grateful recognition of outstanding volunteer service to Northwestern University Feinberg School of Medicine.

Congratulations to Dr. Cheung and all the awardees!

For a full listing of this year's Honors Day recipients, please [visit our website](#).

A special thank-you to **Shelly Vaziri Flais '95, '99 MD, '02 GMER** (pictured left), MAA Board and Feinberg faculty member, for presenting Dr. Cheung with the award. Dr. Flais also delivered a heartfelt and inspiring address at the Dean's Graduation Luncheon, where she welcomed this year's MD graduates into the Medical Alumni Association.

Thank you, Dr. Flais!

## Passing the Torch: Welcoming New MAA Leadership



At the spring 2025 Medical Alumni Association Board of Directors Meeting, we celebrated a leadership transition as the presidential gavel passed from **Nupur Ghoshal, '01 PhD, '03 MD**, to **Darren E. Wethers, '88 MD** (pictured left to right).

Dr. Ghoshal led the board with dedication and vision during her term as the 17th MAA president, significantly broadening the reach and impact of the MAA across our alumni network. Thank you, Dr. Ghoshal, for your service and inspiring leadership.

We now proudly welcome Dr. Wethers as the 18th president of the Medical Alumni Association. A committed leader, Dr. Wethers brings a deep passion for engagement and connection among our alumni and students.



We look forward to all that lies ahead under Dr. Wethers's leadership.

Congratulations to both Dr. Ghoshal and Dr. Wethers!

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## MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

Celebrating Five Years!

### "Abbott Hall: The War Years"

## Abbott Hall: The War Years



Joseph J. Gugenheim, '72 MD

We're thrilled to bring you the newest installment of our MAA Digital Series from our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**.

Calling all Abbott Hall enthusiasts! This month, join Dr. Gugenheim as he explores the history and origins of one of our Chicago campus mainstays. Completed in 1940, Abbott Hall first served as a U.S. Navy midshipmen's school before becoming a cherished residence for generations of Northwestern medical students. In this episode, Dr. Gugenheim explores the building's transformation during World War II and its pivotal role in the war effort—leading up to the close of the conflict in 1945. Tune in for a fascinating look at this storied chapter in Abbott Hall's history—one that shaped both the building and the lives of those who passed through its halls.

**This special installment marks the fifth anniversary of the MAA digital series!** Celebrate with us as we explore a pivotal chapter in Abbott Hall's history.

Dr. Gugenheim presents "**Abbott Hall: The War Years.**"

Thank you, Dr. Gugenheim!

Stream "Abbott Hall: The War Years"

### COMING SOON:

In recognition of D-Day next month, join Dr. Gugenheim in June as he explores "The 12th General Hospital Unit: Northwestern's War Hospitals" and the vital role Northwestern physicians, nurses, and medical students played in both World Wars. From makeshift tent hospitals in France to converted villas in Northern Africa and fortress hospitals in Italy, the 12th General treated tens of thousands of Allied and Axis troops with exceptional skill and innovation. Discover how this extraordinary unit shaped military medicine and carried Northwestern's legacy of service to the front lines of history.

*Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).*

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## Healthspan in the City of Brotherly Love



On April 3 in Radnor, Pennsylvania, alumni and friends gathered at The Inn at Villanova University for a thought-provoking presentation by Douglas E. Vaughan, MD. Dr. Vaughan explored the science of aging, the shift from lifespan to healthspan, and what these developments could mean for the future of medicine. Guests enjoyed dinner and an engaging conversation about one of the most pressing topics in healthcare today.

Special thanks to the NU Club of Philadelphia for their partnership on this event, including **Betty Rhiew-Breslin '96 MMT** and medical alum **Karen Miller '83, MD, '92 GMER**.

Thanks to everyone who joined us for a great evening of learning and conversation!

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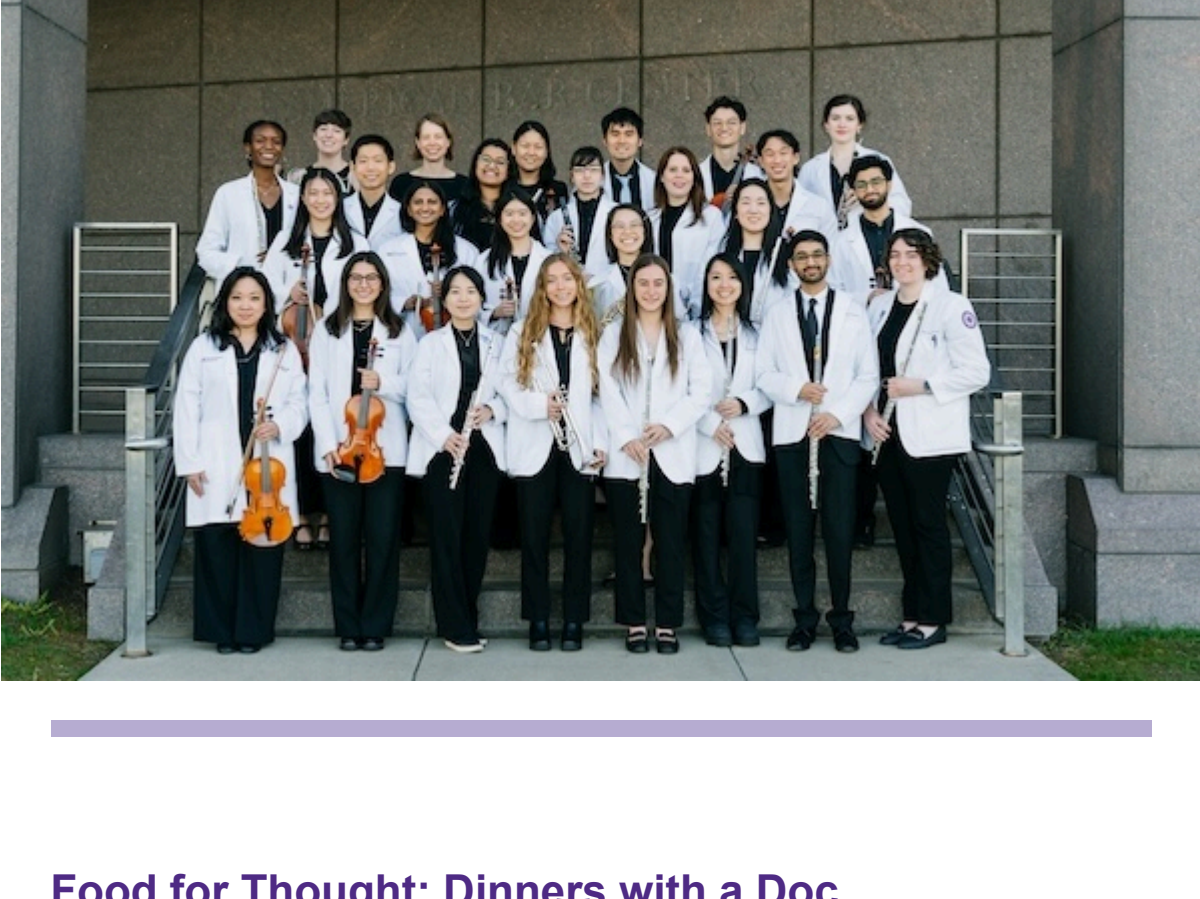
## NMO Spring Concert Recap



On May 9, the Northwestern Medical Orchestra (NMO) performed for a capacity audience of over 500 music lovers of all ages at Thorne Auditorium, as well as over 350 more via livestream. The program featured themes of travel, conflict, grief, and the preciousness of life, as the NMO performed *An American in Paris* by Gershwin, Overture and Polovtsian Dances from *Prince Igor* by Borodin, and *This Moment* by contemporary composer Anna Clyne. The crowd was also treated to an encore of Rossini's *William Tell Overture* led by a guest conductor from the audience! We invite you to [stream the concert recording](#).

**Save the Date: Friday, June 27 (7 p.m. CDT)**

NMO Summer Wind Band Concert at Thorne Auditorium (with livestream option as well).



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## Food for Thought: Dinners with a Doc





Thank you to the MAA Board members who hosted students for spring Dinners with a Doc!

On April 30, **Thomas E. Bournias, MD, '92 GMER**, welcomed a group of first-year ophthalmology students to Francesca's on Chestnut for dinner and conversation. The evening offered a valuable opportunity for students to hear firsthand about the field and Dr. Bournias's path in medicine.

The following night, on May 1, **MAA Board President Darren E. Wethers, '88 MD; Jeffrey J. Schaider '83, '85 MD; F. Douglas Carr '76, '78 MD; and Jamie Terry, '89 MD**, gathered with a group of M1s and one M4 at Beatrix. With a range of specialties represented, the group sparked wide-ranging discussion and meaningful connections. Several students have since reached out, eager to stay engaged and explore future mentoring opportunities.

Interested in getting involved with our Dinners with a Doc program?

Contact Allison Glibowski for more information.



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## NU Day @ Wrigley 2025



*Pictured at NU Day @ Wrigley: **Amy S. Wang '91, '95 MD, '99 GMER**, and Assistant Director Katie Ferris*

On May 14, members of the Medical Alumni Association joined thousands of Wildcats from across the University at Wrigley Field for the annual NU Day @ Wrigley. Attendees cheered on the Cubs as they took on the Miami Marlins and enjoyed a memorable evening of baseball, camaraderie, and purple pride.

Alumni kicked off the evening with a lively pregame reception, reconnecting over shared memories and appetizers before heading to the game. Outfitted in limited-edition Cubs hats in Northwestern colors, they brought plenty of purple pride to the ballpark.

Thank you to everyone who joined us for this beloved tradition! We look forward to seeing you again next season at the Friendly Confines.

## Extra! Extra! What's New at Northwestern



We invite you to check out [What's New at Northwestern](#).

This update from Feinberg's Development and Alumni Relations office features the latest from the medical school—including innovative research, leadership news, student and alumni highlights, faculty achievements, and the impact of philanthropy. Take a moment to see how our community continues to advance the future of medicine.

Explore What's New at Northwestern: Spring 2025

## NUPOC News: Advancing Prosthetics and Orthotics

# NUPOC NEWS

The official newsletter of the Northwestern University Prosthetics-Orthotics Center



Check out the April 2025 edition of *NUPOC News*, the quarterly newsletter from the Northwestern University Prosthetics-Orthotics Center. This publication highlights student achievements, staff updates, and more. [Download the full newsletter](#) and [visit the NUPOC website](#) to learn more about their mission of helping people affirm their lives with hope, independence, and enthusiasm by advancing technology and knowledge about prostheses and orthoses.

Explore What's New at Northwestern: Spring 2025

## National Survey: Wearable Devices

### A Message from Brian Han '11, '15 MD



To the Northwestern Medical Alumni Network,

My name is Brian Han (Class of 2015), and I am currently a pediatric cardiologist at Stanford Medicine. My team and I are leading a national survey to better understand clinicians' knowledge of the medical capabilities of wearable devices and their potential impact on patient care, and we would appreciate your assistance!

The number of smartwatches sold is growing (184M sold in 2023), and additional regulated features continue to be added, yet we haven't assessed medical providers' knowledge of these smartwatch data and individual features. Without a base



understanding of how they work, this data/these alerts won't be used to their full potential and, even worse, may be misused. As a result, we are formally studying clinical providers' baseline understanding of smartwatch features. We think that it is important to understand if further education is needed on this topic and, if so, in what areas.

To that end, please fill out the anonymous survey below (should take <5 mins). We are not collecting any identifying information in this IRB-exempt study.

Thank you so much for all your help!

**Brian Han '11, '15 MD**

Wearable Devices Survey

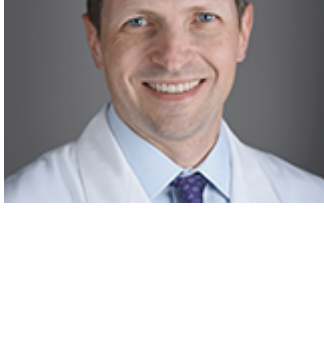
## Congrats Are in Order!



**Richard Schlegel, '75 MD, PhD**, was awarded the [Northwestern University Feinberg School of Medicine Distinguished Medical Alumni Award](#) at Alumni Weekend 2025. Created in 1998 by then-vice president and dean of the medical school Harvey Colten, this award is presented annually to recognize an alum whose outstanding professional achievements bring honor to the medical school and merit special recognition. Dr. Schlegel is director of the Center for Cellular Reprogramming and the Oscar B. Hunter Endowed Chair of the Department of Pathology at Georgetown University Medical School at Washington, DC. Dr. Schlegel is widely regarded as the principal investigator behind the development of the technology for the first human papillomavirus (HPV) vaccine, marketed as Gardasil. Read more about the presentation of this award in the [Feinberg News Center](#). Congratulations, Dr. Schlegel!



**Thomas W. Gardner, MD, '83 GMER, '84 GMEF**, has been honored with the 2025 Outstanding Science Alumni Award from Penn State's Eberly College of Science. Dr. Gardner serves as professor of Ophthalmology and Visual Sciences, Molecular and Integrative Physiology, and Internal Medicine at the University of Michigan. He also is a senior scholar at the A. Alfred Taubman Medical Research Institute and scientific co-director of the Mary Tyler Moore Vision Initiative. A clinician–scientist, Dr. Gardner has made significant contributions to precision medicine in ophthalmology, particularly in the area of diabetic retinal disease. Congratulations, Dr. Gardner!



**Dan Handel '97, '02 MD, MPH**, recently published *Healthcare Administration, Leadership, and Management (HALM): The Essentials, First Edition*, the first board-preparation textbook for the new ACGME-accredited HALM Fellowship programs. This important resource supports emerging leaders in healthcare administration and management. Learn more at [physicianleaders.org](#). Congratulations, Dr. Handel!



**Leo A. Gordon, '73 MD**, has had a new fiction piece published in the *Fiction* section of the *Hektoen International Journal*. Titled “Meshamorphosis,” the story reimagines Franz Kafka’s *Metamorphosis* through a surgical lens—offering a creative and clinical twist that caught the attention of the journal’s editors. A retired surgeon and longtime writer, Dr. Gordon explores the intersection of medicine and the humanities in this piece, [available online](#). Congratulations, Dr. Gordon!



**Tina Hittenberger '75 CERT** served as the keynote speaker at the 2025 Northwestern University Prosthetics and Orthotics Center graduation ceremony (NUPOC). A distinguished alum, Ms. Hittenberger earned her orthotics certification after completing an orthotics course at Northwestern in 1975, becoming one of the first women ever to do so. Her dedication to advancing the field is reflected in the [Hittenberger Legacy Fund Scholarship](#), which provides critical support for NUPOC students. Through her leadership and generosity, she continues to shape the future of care in the orthotics and prosthetics profession. Congratulations, Ms. Hittenberger!



**Soyoung Lee '25 MPO** recently celebrated the official opening of the Public Children’s Rehabilitation Center in Korea, where she established an orthotics and prosthetics clinic and a dedicated fitting room to provide specialized care for children. With orthotic and prosthetic care growing in Korea, she hopes to help develop structured education and training programs locally. Congratulations, Ms. Lee!



**Niccolo Emanuele Mencacci, MD, PhD, '21 GMEF**, was recently featured in [Northwestern Now](#) for his role in identifying key genes involved in Parkinson’s disease using CRISPR technology. Dr. Mencacci is assistant professor of Neurology in the Division of Movement Disorders in the Ken and Ruth Davee Department of Neurology at Northwestern University Feinberg School of Medicine. He co-authored a large-scale study that pinpointed new genetic contributors to the disease, paving the way for more precise therapeutic targets. His work represents a major step forward in understanding the genetic architecture of Parkinson’s. Congratulations, Dr. Mencacci!



**Monica E. Rho '01, '05 MD, '09 GMER**, was featured by the Museum of Science and Industry in Chicago as part of its Women in Science exhibit in honor of Women’s History Month. Dr. Rho is the Reva and David Logan Section Chief of Musculoskeletal Medicine, director of residency training, and director of Women’s Sports Medicine at the Shirley Ryan AbilityLab and associate professor of Physical Medicine and Rehabilitation at Northwestern University Feinberg School of Medicine. Dr. Rho also serves as head physician for the US Women’s National Soccer Team and accompanied the team to the 2024 Summer Olympics in Paris, where they won the gold medal. The Women in Science program is made possible by **Ann M. Drake '84 MBA**. Congratulations, Dr. Rho!



**Jeffrey Sherman, MD, '83 GMER, '85 GMER**, Medical Alumni Association Board member, was recently acknowledged in *The Inner Circle* as a Pinnacle Lifetime Member for his contributions to medical innovations and advocacy. With more than 25 years of pharmaceutical experience, Dr. Sherman specializes in regulatory and clinical strategy and therapeutic development for rare diseases. He served as executive vice president and chief medical officer at Horizon Therapeutics from 2009 to 2023, a global biotechnology company focused on medicines for rare, autoimmune, and severe inflammatory diseases. Congratulations, Dr. Sherman!

Do you have news to share with us or know of an alum we should recognize? Post it on our [Facebook](#) page, tag us on [Instagram](#), or email us at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

## Upcoming Events





## Medical Alumni Association: Plan It Purple Calendar

Did you know that the MAA has its very own [Plan It Purple calendar](#)?

With the Plan It Purple calendar, you'll never miss a Medical Alumni Association event!

You can register for events, download a save-the-date reminder to your calendar, and learn more about other University-wide events and offerings.

Bookmark the MAA calendar or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Visit the MAA Plan It Purple Calendar

## The Evolution and Impact of the Tommy John Surgery in Sports Medicine | Webinar

Thursday, June 12, 2025 | 12–1 p.m. CDT

The Northwestern Alumni Association invites you to an engaging event featuring [Lucas Buchler, MD, '18 GMER](#), assistant professor of Orthopaedic Surgery at Northwestern University Feinberg School of Medicine, orthopaedic sports medicine physician at Northwestern Medicine, and assistant team physician for the Chicago Cubs.

Dr. Buchler will delve into the captivating history of the Tommy John surgery, which offers second chances to countless athletes whose careers might otherwise have been cut short. Thousands of pitchers from the major leagues to high schools have undergone this elbow ligament reconstruction, and the procedure boasts return to sport rates approaching 90%. What began as a long-shot idea is now regarded as one of the most important medical advances in baseball history.

Advance registration is required.

Register for the Tommy John Surgery Webinar

## A Golden Summer: Paris Olympics 2024 | Webinar

Tuesday, June 17, 2025 | 11 a.m.–12 p.m. CDT

The Northwestern Alumni Association invites you to a virtual event featuring [Vehniah Tjong, MD, '2016 GMEF](#), associate professor of Orthopaedic Surgery at Northwestern University Feinberg School of Medicine and orthopaedic surgeon at Northwestern Medicine.

Dr. Tjong will share her professional journey to becoming the orthopaedic team physician for the US Women's National Soccer Team. She also will discuss her unique experience at the Paris 2024 Olympics with a behind-the-scenes look at how the team won the gold medal.

Advance registration is required.

Register for the Golden Summer Webinar

## Lessons Learned from the NPR Resilience Challenge | Webinar

Tuesday, June 17, 2025 | 4–5 p.m. CDT

The Northwestern University Medical Alumni Association invites you to a virtual event featuring [Judy Moskowitz, PhD, MPH](#).

Dr. Moskowitz will discuss the experience of partnering with NPR to make her program of positive emotion skills widely available to their listeners. The program, which teaches participants skills to bolster mental resilience, was offered in conjunction with NPR's Stress Less series and garnered interest from more than 11,000 volunteers. Dr. Moskowitz also will share her research on the impact of positive emotion and how to increase it to help manage stress and enhance emotional well-being.

Advance registration is required.

Register for the Positive Emotions Webinar

## 2025 CFAAR Food Allergy Summit | Chicago, Illinois

Friday, June 27, 2025 | 8 a.m.–9:30 p.m. CDT

The Center for Food Allergy & Asthma Research (CFAAR) invites Feinberg alumni working in pediatrics and primary care to a dynamic day of education and connection focused on food allergy care.

Held in Chicago, the Pediatric Track of CFAAR's annual summit will offer clinicians—including pediatricians, nurse practitioners, physician assistants, nurses, and allied health professionals—cutting-edge tools and evidence-based strategies to better support children and families managing food allergies and related conditions.

Highlights include:

- Earn CME credit (AMA PRA Category 1 Credit™)
- Networking cruise on Lake Michigan
- Poster sessions and travel stipends available

Register now and receive 40% off as a Northwestern alum.

Register for the CFAAR Summit

## From the South Side to Streeterville: The Creation of the Chicago Campus | Hybrid

Available Now In-Person and Online

One hundred years ago, on May 8, 1925, Northwestern administrators, students, and major donors gathered to break ground on a new campus in the up-and-coming Streeterville neighborhood. This campus would bring together Northwestern's medical, dental, law, and business schools for the first time, fulfilling a vision nearly 20 years in the making. Those 20 years had seen many changes in medicine and medical education, and the planned Ward Memorial Building, home of Northwestern University Medical School (the future Northwestern University Feinberg School of Medicine), would allow Northwestern to remain at the forefront of medical education, research, and care.

**Now on display in the Eckenhoff Reading Room**, *From the South Side to Streeterville: The Creation of the Chicago Campus* uses items from Galter's archival, artifact, and book collections to explore the story of the medical school's move to Streeterville, including its former locations, the decision to move, the changing landscape of science and medical education, and the financial campaigns that raised millions to create the Chicago Campus. [The exhibit also is available online.](#)



Explore the Galter Exhibit  
Online

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## The Science Behind Sleep Health

with Minjee Kim, MD

Listen to Breakthroughs >>



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Check out the latest episode: [“The Science Behind Sleep Health with Minjee Kim, MD.”](#)

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**Questions?** Contact us anytime at [medalum@northwestern.edu](mailto:medalum@northwestern.edu).

Thank you for engaging with us and staying connected to your alma mater!

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