



Alumni Weekend 2024

May 2024 | Special Double Issue | Issue No. 80

A Spring to Remember: Alumni Weekend 2024



Nearly 570 alumni, guests, faculty, students, and staff joined us for Alumni Weekend 2024!

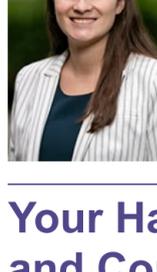
Congratulations, again, to all our milestone reunion classes. We were thrilled to induct the Class of 1974, our 50-year reunion class, into the Half Century Club and to celebrate all our Half Century Club Members.

Alumni from the classes of 1959, 1964, 1969, 1979, 1984, 1989, 1994, 1999, 2004, 2009, 2014, and 2019 also marked milestone reunions this year.

This fun-filled weekend was marked by numerous opportunities for our alumni and friends to make memories that will last a lifetime. We hope that you enjoyed the chance to reconnect with your classmates and reminisce about your time spent on our beautiful Chicago campus. For more Alumni Weekend content, visit the [Feinberg News Center](#) and check out our [Alumni Weekend photo album](#).

Thank you to everyone who joined us. If you couldn't make it to the Windy City this time, then mark your calendars for next year. **Please save the date and join us next year for Alumni Weekend 2025, May 2-3.** Let's plan to celebrate in Chicago!

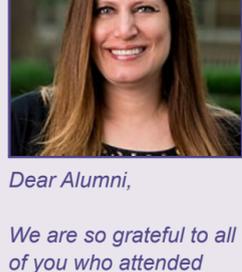
ALUMNI WEEKEND 2024 PHOTO ALBUM



If you have any questions about Alumni Weekend or want to get more involved with your reunion, contact:

Katie Ferris
Assistant Director
312-503-0111
katie.ferris@northwestern.edu

From the Director's Desk:



Dear Alumni,

We are so grateful to all of you who attended Alumni Weekend in April. We had **nearly 570 attendees** at our events, forums, dinners, and tours. If you were in attendance but have not filled out our [Alumni Weekend Survey](#), please take a few minutes to do so now. Your feedback is very important to us, and we always love to hear from you. We worked hard to put on an engaging and informative set of events, so please share what you liked, what wanted to see more (or less) of, and your suggestions for future Alumni Weekends. Save the date for Alumni Weekend 2025, May 2-3, and plan to join us on our beautiful Chicago campus.

We hope that you enjoy our recap of Alumni Weekend 2024 in this month's newsletter!

Thank you,
Babette

Babette Henderson '21

CERT

Senior Director, Alumni Engagement

312-503-0855

FIND US ON FACEBOOK

FOLLOW US ON INSTAGRAM

Your Half Century Club is Having Coffee and Conversations



On May 14, members of our Half Century Club (HCC) met online once again as part of our exclusive HCC series "Have Coffee and Conversations." During these meetings, alumni from across the country join us virtually via Zoom to learn more about our HCC programming and engage in insightful conversations on industry trends, personal experiences, and the future of healthcare. This month's topic featured a question that is on many of our minds: "Exercise Is Medicine: Are You Taking the Right Dose?" **Margaret Danilovich, '07 PT, DPT, PhD, '22 MBA**, adjunct assistant professor of Physical Therapy and Human Movement Sciences, led the discussion on how research is helping to define the exact "prescription" for aging well.

This series is a unique opportunity for our most distinguished alumni to reconnect, share experiences, and enjoy meaningful conversations in a relaxed setting. These informal conversations also offer a space for you to share topics and interests that you would like to learn more about in future discussions.

The Half Century Club (HCC) recognizes our alumni who graduated 50+ years ago and celebrates their dedication to the betterment of human health. Are you a Half Century Club alum interested in connecting with fellow HCC members? Have questions about how to use Zoom? Contact Meghan Monaghan or Allison Glibowski for more information on this exciting series.



Meaghan Monaghan
Associate Director
meaghan.monaghan@northwestern.edu



Allison Glibowski
Assistant Director
allison.glibowski@northwestern.edu

Welcome to the Medical Alumni Association!



Congratulations to our 2024 MD, PA, PT, NUPOC, and GME graduates!

Your hard work has paid off, and we tip our hats to you. As you turned your tassels, you became part of the Medical Alumni Association, a network of 33,000+ fellow graduates who once stood where you now stand. We are so proud to call you our alumni and can't wait to watch your journeys unfold.

Welcome to the Medical Alumni Association!

To read more about this year's graduation, check out [Feinberg's event coverage](#).



NUPOC Graduation: March 22



PT Graduation: April 18

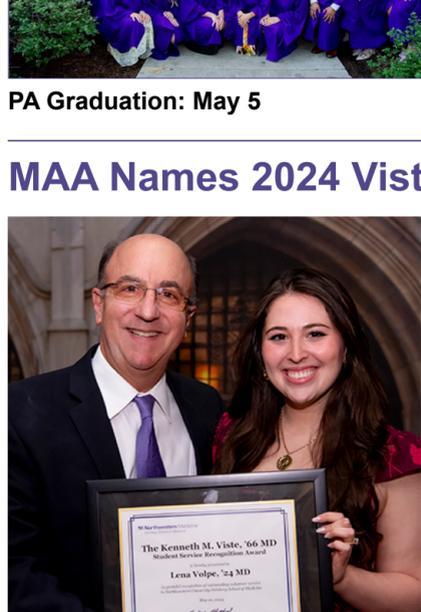


PA Graduation: May 5



MD Graduation: May 13

MAA Names 2024 Viste Award Recipient



Congratulations to **Lena Volpe, '24 MD**, this year's winner of the **Kenneth M. Viste, '66 MD**, Student Service Recognition Award. Presented by the MAA at the annual Honors Day ceremony that was held on May 10, the Viste Award is presented in grateful recognition of outstanding volunteer service to Northwestern University Feinberg School of Medicine. Congratulations to Dr. Volpe and all the awardees!

For a full listing of this year's Honors Day recipients, please [visit our website](#).

A special thank you to **Jeffrey J. Schaider '83, '85 MD**, MAA board member and co-chair of the Alumni and Student Connections Committee, for presenting Dr. Volpe with the award. Dr. Schaider also gave a wonderful speech at the Dean's Graduation Luncheon that followed, during which he welcomed this year's MD graduates to the Medical Alumni Association. Thank you, Dr. Schaider!

MAA Digital Series: Hosted by Joseph Gugenheim, '72 MD

“Who’s Who in the Northwestern Neighborhood: Part II”

Who’s Who in the Northwestern Neighborhood Part 2

Joseph J. Gugenheim, '72 MD



It's been four years since we launched the MAA Digital Series with our fantastic host and historian, alum **Joseph Gugenheim, '72 MD**. Our inaugural episode, “Who’s Who in the Northwestern Neighborhood,” quickly became an alumni must-see and launched this as a monthly installment series. The rest, as they say, is history.

In this exciting and long-awaited sequel, alumni will learn more about the individuals behind some of the most iconic names of the Chicago medical campus—Foster McGaw and Alexander McClurg, as well as the Searle and Lavin families. As we look back over the past four years, we're thrilled to have had the opportunity to share so much of our incredible medical school and Chicago history with you. We're very grateful to Dr. Gugenheim for sharing his time, his talents, and his love of Northwestern and the beautiful city of Chicago with us each month. Here's to you, Dr. Gugenheim!

Dr. Gugenheim presents [“Who's Who in the Northwestern Neighborhood: Part II.”](#)

Thank you, Dr. Gugenheim!

VIEW “WHO'S WHO IN THE NORTHWESTERN NEIGHBORHOOD: PART II”

COMING SOON!

The next installment in our digital series begs the question, what do you get when you cross a logger, a circus owner, a vaudeville performer, a gun runner, an attempted murderer, and a polygamist? Answer: One man—George Wellington Streeter. Or so it seemed for many years. When it comes to the famed Streeterville namesake, where does the truth lie? The stories surrounding George Streeter have changed as much as the Streeterville shoreline.

Join Dr. Gugenheim next month for “George Streeter: The Man and the Myth.”

Catch up on all previous episodes of our MAA Digital Series on our [MAA website](#) and [YouTube channel](#).

“Cats in Medicine”: NAA Podcast



On the *Northwestern Intersections* podcast, alumni share stories about how key experiences have propelled them in their life's work. Alumni guests share what they've done right and wrong and what they've learned at each intersection along the way.

[“Cats in Medicine, with Feinberg Alumni”](#)

Episode 157 was specially recorded as part of Alumni Weekend 2024. Join us for a conversation with five alumni of

Northwestern University Feinberg School

of Medicine as they share information about their medical school experience and the Feinberg alumni community. Featuring Medical Alumni Association Board members **Darren Wethers, '88 MD** (president-designate and co-chair, Inclusion and Allyship committee); **David Lee, '89 MD**; **Jeff Schaidt '83, '85 MD** (co-chair, Alumni and Student Connections committee); **Nupur Ghoshal, '01 PhD, '03 MD** (president); and reunion alum **Boris Sheynin, '99 MD**.

To listen to the episode, visit the [Northwestern Intersections website](#).

Northwestern Intersections is available to listen and subscribe to on most podcast streaming apps.

NORTHWESTERN INTERSECTIONS:
“CATS IN MEDICINE, WITH FEINBERG ALUMNI”

Our Mentoring Programs Need You!

Our mentoring programs have been in full swing this spring. We've been fortunate to have so many of our incredible alums provide mentoring opportunities for our current students in April. Thank you to everyone who shared your time, insights, and advice with our students. Enjoy photos from a few of these events and learn more on how you can get involved.



On April 2, **Trevor Hedberg '21 MMS** led an Alumni Physician Assistants of Feinberg session for our PA students. This very successful series will return in the fall.



On April 19, MAA Board member **David A. Lickstein, '93 MD, '94 GMER**, hosted a Dinner with a Doc event with current students from the plastic surgery interest group. The students loved the opportunity to connect with and ask questions of Dr. Lickstein and also learn more about his work.



On April 18, new MAA Board member **Alice Yeh, '93 MD**, led a special mentoring and pizza event for some of our surgery students, working with them on their suturing skills. This workshop was very popular and greatly appreciated by our students! Dr. Yeh will kindly be leading two more of these sessions in the fall.



On April 20, **Alice Yeh, '93 MD**, also hosted a dinner for medical students as part of our Dinners with a Doc program. Dr. Yeh shared that she was in active communication with all three of these students prior to the event, which made the get-together truly special and memorable. She plans to connect again with them in the future on campus and said she found the experience to be extremely rewarding.

These mentoring opportunities are of the utmost importance for our students. They provide unique opportunities for students to gain knowledge and connect with alumni working in their field of choice. There's never been a better time to get involved.

We welcome those near and far to mentor our students either here in Chicago or virtually. For more information or to get involved with our mentorship programs, contact Allison Glibowski at allison.glibowski@northwestern.edu.

May: Alumni Spotlight

May is National Nurses Month

In celebration of National Nurses Month, we invite you to [learn more about the history of nursing education](#) at Northwestern University on Prism.

The article states: “Through a span of 85 years, more than 5,100 graduates in the various nursing programs affiliated with the University have provided health and nursing services to many generations.”

Thank you for all that you do, nurses!



Celebrating Our NUPOC Alumni!



We want to express our gratitude to all who joined us at our inaugural NUPOC alumni reception! It was a privilege to commemorate our alumni and acknowledge the outstanding legacies of John Michael and Marty Carlson.

Special thanks to Bryan Malas and **Mindy Thorpe '03 Cert, '04 Cert, '23 MIDS** for their commitment in organizing a truly memorable occasion.

We are looking forward to finding new ways to connect with our NUPOC alumni in the future. If you'd like to join our alumni database or update your existing contact information, please [complete our online form](#).

Thank you to all who joined us on March 7!

Diversity & Inclusion Matters Spring Newsletter



We invite you to check out the [spring newsletter](#) from the medical school's Office of Diversity and Inclusion!

In this issue, hear from our vice dean of Diversity and Inclusion, read more about and check out photos from Alumni Weekend, and learn about the portrait unveiling honoring HPME alum **Tacoma McKnight '81, '83 MD, '87 GMER** (pictured left).
Dr.

McKnight was the second Black woman to become an Obstetrics and Gynecology resident at Prentice Women's Hospital, the first Black woman to join the faculty at Feinberg, and the inaugural associate dean for the Office of Diversity and Inclusion (formerly known as the Minority and Cultural Affairs Office).

Discover more about all of Feinberg's events, resources, and initiatives that promote inclusion, equity, and allyship.

CHECK OUT THE SPRING ISSUE OF THE NEWSLETTER

NMO Spring Concert Recap

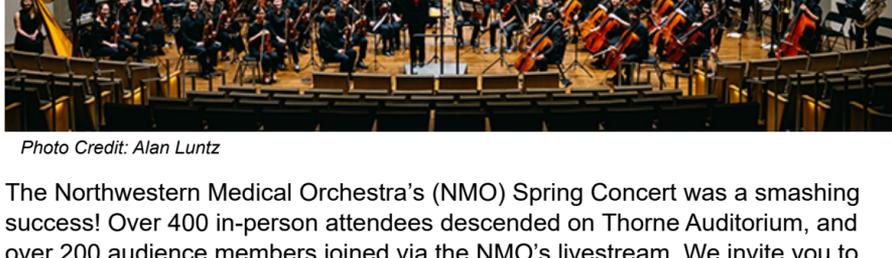


Photo Credit: Alan Luntz

The Northwestern Medical Orchestra's (NMO) Spring Concert was a smashing success! Over 400 in-person attendees descended on Thorne Auditorium, and over 200 audience members joined via the NMO's livestream. We invite you to [check out this recording](#) of the Spring Concert.

The orchestra did a phenomenal job with this fun and challenging performance. The program included *The Sorcerer's Apprentice* by Dukas, *Pine of Rome* by Respighi, "Overture" from *Die Fledermaus* by Johann Strauss II, and a rousing encore performance of *Galop* by Offenbach. Congratulations to the NMO on another terrific performance!

For more information and ways to support the NMO, please [visit their website](#).

VIEW THE NMO SPRING CONCERT RECORDING

Pearls of Wisdom

Reflections From Our Half Century Club Members



In this "Pearls of Wisdom" section of the newsletter, we share reflections, words of advice, anecdotes, and tales of the storied careers of our Half Century Club alumni members.

In this month's feature, we're pleased to share advice from **Renee S. Hartz, '74 MD, '75 GMER, '79 GMER, '81 GMEF** (pictured above):

"I was accepted by Northwestern University Medical School just before Christmas in 1969, and I hung the acceptance letter on my Christmas tree. This remarkable accomplishment had been possible only because of the tremendous support and encouragement I had received from Philip Y. Paterson, MD, and other Northwestern faculty members when I worked as a lab technician in the Immunology department.

Ten years later, while I was chief resident on the chair of Surgery's service, I went into labor with my first son and a large photo of me (in surgical scrubs and eight months pregnant) was subsequently displayed in the medical school Admissions office. The then-dean of Admissions (James Eckenhoff, MD) was actively recruiting women to Northwestern University Medical School, and he considered me a role model for female students.

Another twelve years passed. Now, I was a tenured associate professor of Surgery in the Cardiothoracic (CT) Surgery Division, a clinician-researcher, and mother of two sons. I had been recruited to CT surgery by Lawrence Michaeli, MD, who had always been extremely supportive and a great friend to me. He became the godfather of my second son in 1982.

I became professor and division chair at two separate universities (University of Illinois Chicago and Tulane University) but never again experienced the acceptance and support that I had received at Northwestern. To this day, I am glad that I decided to attend Northwestern and grateful for all those who supported me as a lab technician, surgical resident, cardiothoracic surgery fellow, and faculty member in the Division of Cardiothoracic Surgery at Northwestern University and Hospital. Because of them, I was able to become an academic surgeon in the smallest surgical specialty (and with the smallest number of women faculty members). Thank you, Northwestern!

I didn't find cardiac surgery. Cardiac surgery found me—because I didn't let others discourage me or drown out my inner voice."

Thank you to Dr. Hartz for sharing her reflections and pearls of wisdom with us!

Are you a member of our Half Century Club, our esteemed alumni who graduated 50+ years ago? Then we want to hear from you!

Send us your "Pearls of Wisdom" for inclusion in an upcoming newsletter. Email Jillian Kurtz Brubaker at jillian.brubaker@northwestern.edu for more information.

Mini Reunion in Costa Rica!



Pictured left to right: **Bryan W. Goss, '99 MD; Lara Letteau Goss, '99 MD, MBA; Carolyn Jachna, '98 MD; and Jody T. Jachna, '99 MD**

Alumni members of the classes of 1998/1999 recently enjoyed a trip together in Costa Rica. The group is celebrating 25 years since their medical school graduation.

What a beautiful backdrop for a mini-reunion! Thank you to Dr. Bryan Goss for sharing this incredible photo with us.

Have photos of your own alumni gatherings to share with us? We want to see them! Email us your photos at medalum@northwestern.edu for inclusion in an upcoming edition of this newsletter.

Congrats Are in Order!



Thomas Quinn, '74 MD, MSc, was awarded the Northwestern University Feinberg School of Medicine Distinguished Medical Alumni Award at Alumni Weekend 2024. Created in 1998 by then-vice president and dean of the medical school Harvey Colten, this award is presented annually to recognize an alum whose outstanding professional achievements bring honor to the medical school and merit special recognition. Dr. Quinn is professor of Medicine and Pathology in the Johns Hopkins School of Medicine and professor of International Health, Epidemiology, and Immunology and Molecular Microbiology in the Johns Hopkins Bloomberg School of Public Health. The founding director of the Johns Hopkins University Center for Global Health, he also is currently an NIH Distinguished Scientist Emeritus and the former associate director of International Research at the National Institute of Allergy and Infectious Diseases. Read more about the presentation of this award in the [Feinberg News Center](#).

Congratulations, Dr. Quinn!



Bradley D. Allen, '11 MD, '12 GMER, chief of Cardiovascular and Thoracic Imaging and assistant professor of Radiology in Feinberg's Department of Radiology, is co-founder of Third Coast Dynamics. Along with fellow co-founder and Feinberg faculty member Michael Markl, PhD, Third Coast Dynamics is developing a cloud-based risk stratification tool for aortic diseases that uses artificial intelligence to provide hemodynamic imaging



Amit B. Ayer, MD, '19 MBA, '20 GMER (pictured top), and **Nikhil K. Murthy, MD, '21 MBA, '22 GMER** (pictured bottom), recently partnered with Weinberg College of Arts and Sciences alum **Casey G.**



Sudip K. Bose '95, '99 MD, is featured in a new, gripping documentary. This intense and heartfelt series, *Desert Doc*, follows Dr. Bose in his work as an emergency physician in West Texas, at Medical Center Hospital—the highest-level trauma center for 38,000 square miles. A former US Army combat physician, Dr. Bose provided treatment to soldiers in the most dangerous war zones of Iraq and treated Saddam Hussein after his 2003 capture.

biomarkers (blood flow metrics) from standard CT angiography and MR angiography images. The start-up team, led by Feinberg students Tyler Andrew Jacobson and Gabriela Suzel Martinez, was recently awarded the 2024 MIT Sloan School of Business Healthcare Innovations Prize. Visit LinkedIn for more information and a [photo of the award ceremony](#). Congratulations to Dr. Allen, as well as his Third Coast Dynamics colleagues!

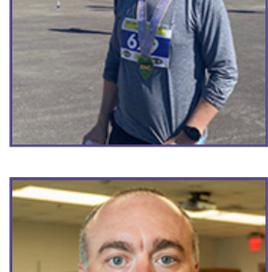
Qadir '19 to form Hubly Surgical. The partnership took place as part of NUvention Medical, a graduate-level course offered by the Farley Center for Entrepreneurship and Innovation. Ms. Qadir identified the need to modernize the standard two-person hank-crank cranial drill while studying neuroscience as an undergraduate. As neurological surgery residents, Drs. Ayer and Murthy worked with Ms. Qadir to develop Hubly Surgical's battery-powered drill with a variety of safety features including an auto-stop mechanism, a cone-shaped drill bit to protect against over-penetration, and a color-changing LED light that allows users to determine if they are applying the correct amount of force. The Hubly Drill was piloted at Northwestern Medicine and aided in saving the life of an ICU patient. For more information on this breakthrough device, visit the [Northwestern Medicine website](#). Congratulations to Ms. Qadir, and Drs. Ayer and Murthy!

Dr. Bose is a Bronze Star recipient, awarded in recognition of his completion of one of the longest combat tours by any physician since World War II. *Desert Doc* is an inspiring must-watch, available to stream on [Prime Video](#). View the [trailer online](#).

Congratulations, Dr. Bose!



Jeffrey M. Brandt '01
CERT, certified prosthetist-orthotist of Brandt Ventures, recently announced a \$10,000 donation over two years to the Orthotics and Prosthetics Foundation for Education and Research. The gift will sponsor six prosthetic and orthotic patient care providers with one-year subscriptions to the National Limb Loss & Preservation Registry (LLPR). Serving as a clinical liaison to the prosthetics & orthotics profession, Mr. Brandt helped to build and operationalize the LLPR—a “first of its kind” national quality registry. The LLPR connects hospitals, prosthetics and orthotics providers, and patient-reported outcomes data together in one centralized database, allowing for improved predictive analytics and early interventions. The LLPR will lead to improved patient care and outcomes, as well as a deeper understanding of social determinants of health disparity and allocation of resources. Mr. Brandt is donating to support data literacy and engagement, having run a half marathon last year (pictured below) to raise a portion of the donated funds. For more information on the LLPR, please [visit their website](#). Congratulations, Mr. Brandt!

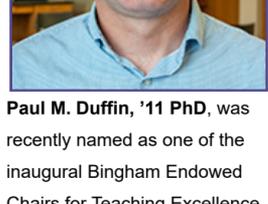


Wayne N. Burton, MD, '77
GMER, clinical associate professor in Feinberg's Division of General Internal Medicine in the Department of Medicine, is the recipient of the 2024 Oregon Health Sciences School of Medicine Alumni Association's Esther Pohl Lovejoy Leadership Award. The award is named for Dr. Lovejoy, a graduate of the Oregon Health Sciences University School of Medicine who played a significant role in public health reform. This award honors alumni of the medical school who have demonstrated exceptional leadership and service to the medical profession and contributed to systemic improvements in health outcomes. Dr. Burton is a pioneer and innovator in the field of occupational medicine, having served in various executive roles including corporate medical director for First National Bank of Chicago (later Bank One and JPMorgan Chase) and chief medical officer for American Express until his retirement in 2017. Congratulations, Dr. Burton!

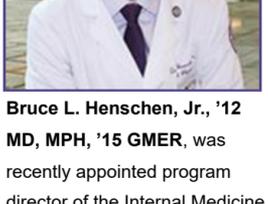
(Photo Credit: Mary Rafferty)



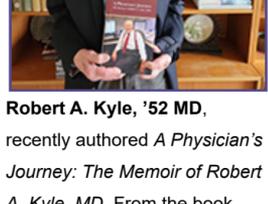
Abigail R. Citterman '24
MPO, was recently awarded the American Academy of Orthotists and Prosthetists (AAOP) Women in O&P Research Award. A recent graduate of Northwestern's Prosthetics-Orthotics Center's (NUPOC) Master of Prosthetics and Orthotics (MPO) program, Ms. Citterman received the award at the AAOP's 50th Annual Meeting and Scientific Symposium in Chicago. The award recognizes her research, "[Transcutaneous Electrical Nerve Stimulation at the Wrist as a Method to Restore Sensory Feedback for Individuals with Partial Hand Amputation](#)," and has a \$1,500 honorarium. She will soon begin her prosthetics and orthotics residency on a research track at Gillette Children's Hospital in Saint Paul, Minnesota, in which she will focus on 3D printing. For more information about Ms. Citterman and the award, please visit the [Feinberg News Center](#). Congratulations, Ms. Citterman!



Paul M. Duffin, '11
PhD, was recently named as one of the inaugural Bingham Endowed Chairs for Teaching Excellence at Transylvania University in Lexington, Kentucky. Dr. Duffin also is associate professor of Biology at the university and serves as the presiding faculty officer. Dr. Duffin's research includes the areas of molecular microbiology, bacteriology, bacterial pathogenesis, and bacterial genetics. He also works extensively training students in his lab during the summer to provide them with additional experience. Congratulations, Dr. Duffin!



Bruce L. Henschen, Jr., '12
MD, MPH, '15
GMER, was recently appointed program director of the Internal Medicine residency program for McGaw Medical Center of Northwestern University. Dr. Henschen is associate professor of Medicine in the Department of General Internal Medicine and Geriatrics, and of Medical Education. Dr. Henschen's academic focus is on transitions of care between the hospital and clinic. He is co-director of the Complex High Admission Management Program, a clinic caring for medically complex patients who are frequently hospitalized, and also involved in the Feinberg Education Centered Medical Home, a longitudinal clinical clerkship for teams of medical students to meaningfully contribute to clinical care. Thank you to Dr. Henschen's classmate and friend, Javier Guevara, Jr., '12 MD (co-chair, Northwestern University Medical Alumni Association Inclusion and Allyship committee) for alerting us to this news. Congratulations, Dr. Henschen!



Robert A. Kyle, '52
MD, recently authored *A Physician's Journey: The Memoir of Robert A. Kyle, MD*. From the book synopsis—"Regrettably, I did not know three of my four grandparents. So begins *A Physician's Journey*, a quintessential modern memoir. Beginning in the tradition of the prairie reverie with snow-filled winters and single room school houses and ending with a litany of late-life accolades, Dr. Robert Kyle details his life from the farm, to smoke jumper school, to the University of North Dakota, to Northwestern Medical School, to the US Air Force and eventually to a career at Minnesota's Mayo Clinic. At the Mayo Clinic, he met his wife, Charlene, pioneered new treatments for cancer, and started his family. The story that Dr. Kyle tells is unique, but somehow still familiar and endearing. By drawing us into his life and accomplishments, we encounter a narrative suffused with the memories of an American experience that through his work, interests, and travels had a global reach." The book is available on [Amazon](#) and where books are sold. Congratulations, Dr. Kyle!



Hercules D. Logothetis '09,
MD, '18
GMER, owner of Eye Medicine of Libertyville, a state-of-the-art ophthalmology clinic, recently announced that his company has acquired Northern Illinois Eye Clinic in Mundelein. Dr. Logothetis shared, "This acquisition allows us to provide exceptional eye care services beyond our community . . . Our team is focused on optimizing our patients' vision and helping them see what matters most to them." Congratulations, Dr. Logothetis!



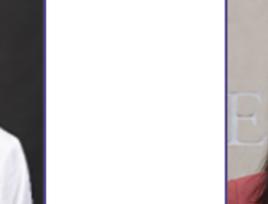
Gil D. Rabinovici, '01
MD, gave the Mendelson Annual Lecture at the [30th Annual Alzheimer Day](#), hosted by the Mesulam Center, on May 3. Dr. Rabinovici is the Edward Fein & Pearl Landrith Distinguished Professor at University of California, San Francisco (UCSF), and director of the UCSF Alzheimer Disease Research Center. Alzheimer Day showcases Alzheimer-related dementia and aging research conducted throughout Northwestern. Attendees had the opportunity to connect with community members and researchers over lunch and through the presentation of research posters. Congratulations, Dr. Rabinovici!



Mehul V. Raval, MD, '07
GMER, '10
MS, '12
GMER, professor in Feinberg's departments of Surgery and Pediatrics, has been named the Orvar Swenson Founders' Board Chair in the Division of Pediatric Surgery at Ann & Robert H. Lurie Children's Hospital of Chicago. Dr. Raval is vice chair of Quality and Safety in the Department of Surgery and director of the Pediatric Surgery Research fellowship program. Congratulations, Dr. Raval!



Hannah Sy, '24
DPT, was named the winner of the 2023-2024 *Journal of Humanities in Rehabilitation* Student Essay Contest, co-sponsored by the American Counsel of Academic Physical Therapy. The seventh in an annual series, this national contest offers a creative opportunity to ignite critical reflection in physical therapy students across the nation to support holistic approaches to patient care. The focus of this year's essay contest was "Advances in AI technology are poised to transform the landscape of rehabilitation, raising intriguing questions about its impact on humanism in the field." Dr. Sy's award-winning submission, "At Capacity: How Physical Therapists Will Gain More by Doing Less," is available for download on the [Journal of Humanities in Rehabilitation website](#). Dr. Sy is a 2024 graduate of Feinberg's Doctor of Physical Therapy program. Congratulations, Dr. Sy!



Himabindu Vidula, '07
MD, '10
GMER, '13
GMEF, '14
GMEF, was recently elected to serve as chair of the American College of Cardiology (ACC) Board of Governors and secretary of the Board of Trustees. Dr. Vidula will lead governors from chapters representing all 50 states, the District of Columbia, Puerto Rico, Canada, Mexico, and representatives from the US health services. The Board of Governors is the governing body of the ACC, a leading cardiovascular organization that represents 56,000+ cardiovascular care team members worldwide. Dr. Vidula also is associate professor of medicine and medical director of Mechanical Circulatory Support at the University of Pennsylvania. Congratulations, Dr. Vidula!

Do you have news to share with us or know of an alum we should recognize in the newsletter? Post it on our [Facebook](#) page, tag us on [Instagram](#), or email us at medalum@northwestern.edu.

Upcoming Events: Mark Your Calendars!



[Medical Alumni Association: Plan It Purple Calendar](#)

Did you know that the MAA has its very own Plan It Purple calendar?

With the [Plan It Purple](#) calendar, you'll never miss a Medical Alumni Association event!

VISIT THE MAA'S
PLAN IT
PURPLE PAGE

You can register for events, download a save-the-date reminder to your calendar, and learn more about all the other University-wide events and offerings.

Bookmark the [MAA calendar](#) or visit the [MAA home page](#) to keep tabs on all of our upcoming events.

Wellness Walks | Chicago, Illinois

Spring–Fall 2024

Chicago Parks Foundation (CPF) presents Wellness Walks, led by local medical professionals in the parks. Wellness Walks is a seasonal walking program where medical professionals lead 45-minute park walks and informal discussions on health-related topics like sleep, nutrition, and exercise. CPF is partnering with students and healthcare providers from local medical institutions including Northwestern Medicine to lead their walking program.

CPF's Wellness Walks are a free, low-pressure way to get some movement, connect with fellow community members, learn about your own health, and enjoy your beautiful parks. Get outside and join us!

VISIT THE WELLNESS WALKS WEBSITE

31st Annual Cancer Survivors' Celebration Walk & 5K

Sunday, June 2, 2024 | 8:30 a.m. CDT

Held on National Cancer Survivors Day, our 31st Annual Cancer Survivors' Celebration Walk & 5K features a non-competitive walk or chip-timed 5K run along Chicago's lakefront, T-shirts, refreshments, music and entertainment, activities for the family, and a chance to share a message on the Dedication Wall. It is a day for cancer survivors, wearing purple shirts, to connect and celebrate milestones with the friends, family members, and medical professionals who supported them along the way.

REGISTER TODAY

Webinar: Demystifying Dementia—Breakthroughs in Diagnosis and Treatment

Tuesday, June 18, 2024 | 4:00–5:00 p.m. CDT

Northwestern University Medical Alumni Association invites you to a virtual event: "Demystifying Dementia—Breakthroughs in Diagnosis and Treatment."

Featuring:

Nupur Ghoshal, '01 PhD, '03 MD

President, Medical Alumni Association Board

Professor, Departments of Neurology and Psychiatry

Knight Alzheimer Disease Research Center

Washington University School of Medicine

Dr. Ghoshal will offer a dementia primer and provide a survey of the leading causes of dementia including Alzheimer disease and frontotemporal dementia. The new molecular tools available to derive a diagnosis during a patient's lifetime will be reviewed. Exciting breakthroughs in the field in terms of treatment advances, now or soon to be available to patients, will also be explored.

Advance registration is required.

REGISTER TODAY

Medical Alumni Association Get-Together | Iowa City, Iowa

Wednesday, July 31, 2024 | 5:30–7:30 p.m.

We're Coming to Iowa City! Join us and connect with fellow Northwestern alumni and friends of the medical school at our Medical Alumni Association Get-Together.

Location TBD. Please reach out to us to indicate your interest in attending. Full details will be provided soon.

Feel free to bring a guest and please let us know of any Northwestern-affiliated friends or colleagues who may be interested in this event.

To RSVP, please contact Emma Wittkowski at medalumevents@northwestern.edu.

REGISTER TODAY

SAVE THE DATE: Northwestern Leadership Symposium

Wednesday, November 13–Friday, November 15, 2024

Join this complimentary symposium for our most engaged alumni volunteer leaders to learn from expert faculty members, network with fellow alumni, and enhance your volunteer role with the University. Events begin Wednesday evening before Homecoming and Reunion Weekend.

The NAA will share the full schedule, event registration, and hotel accommodations this summer. Visit the [Leadership Symposium page](#) for additional resources. Information will be updated frequently.

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