President's Message

The start of the New Year is a great opportunity for reflection. The events that happened in the previous year are reflected upon, and the opportunities of the New Year are assessed in an effort to make the New Year bigger and better.

In 2007, the NUPT Alumni Association and the Board of Directors continues to support the PT Department at Northwestern. Graduation and incoming student receptions were provided to the students as a means to link them with the Association. Alumni serve as mentors not only to students currently enrolled at Northwestern but also often in lifelong mentoring relationships as the graduates enter the workplace and develop and evolve their professional practices.

Scholarships and gift giving continues to grow through the generosity of many alumni. This financial support to the University helps not only individual students but helps the Department of Physical Therapy and Human Movement Sciences as well.

Educational offerings through Alumni Weekend as well as the newly implemented Summer Institute continue to provide an opportunity for alumni to stay in touch with the Department, classmates and other colleagues.

A job fair was successfully implemented in 2007 by the Alumni Association to facilitate employee-employer opportunities for current students as well as NUPT alumni. These are a few of the activities that your Alumni Association has worked on this past year. It is through the voluntary efforts and hard work of alumni and members of the Board that made 2007 a successful year.

In 2008 the Association is striving to increase attendance at Alumni Weekend and other educational offerings; involve greater member participation in Association-sponsored activities; and increase financial support and gift giving by the members to allow greater numbers and dollar amounts of scholarships. I am asking each one of you to increase their participation and involvement in the association by volunteering during an activity, attending an educational offering, and financially supporting our students and association. If you have not returned your annual gift back to the University, please do so within the next few weeks.

I want to thank those outgoing Board Members for all their efforts and contribution of their time over their term of office. I welcome our new Board to their elected positions. With all of OUR efforts we can together make 2008 a successful and outstanding year for ourselves, the students, and the NUPT department. I wish you and your family a very prosperous and enlightening 2008!

Sincerely,

Larry Rechlin ('78)
President, NUPT Alumni Association

WE'RE ONLINE...
Reconnect with NUPT Alumni on the web at:
www.feinberg.northwestern.edu/nupthms
A Day in the Life of Robyn Bronner, Class of 2008

The day starts at 5:15 a.m. Technically, it should have started at 5:00, but until I devise an electric sapper that attches my big toe to my alarm clock, I will always fight a battle with the snooze button. I fall out of bed and stumble around my apartment in the pre-dawn light. Eventually, I launch myself out of the apartment building and arrive downtown by 6 a.m. (with friends) at the gym for a weight lifting class called Buff, Lean, and Mean. Somehow, I draw attention to myself and am berated by the instructor for using measly five-pound weights. I am chastised until I grab the nine-pound weights off the rack; for the rest of the hour I tell myself delayed-onset muscle soreness is never really that bad... Right? A workout and a shower later, I'm off to the 7:15 for a morning tea because its the cheapest I've found without staying from the most direct route to school. I arrive at 845 N. Michigan Ave., 7th floor, just before 8 a.m. when the first class of the day begins.

Five minutes into listening to Bill Hinkley introduce the topic of the day, which is communicating with individuals who have speech and language problems, I realize I'm ravenously hungry. I delve into the depths of my lunch sack, which yields nothing enticing. As 6:30, we get the first break of the morning and I sprint to the elevator and across Erie Street to the Corner Bakery for a morning snack. I get back in time just to sit down with my group, where we have started our discussion with a person who has expressive aphasia.

When 10 a.m. rolls around, Cardiovascular and Pulmonary PT begins with a lunchlab on airway clearance techniques. By 10:30 a.m. Donna Frommeller has the whole class practicing a forced expiratory technique called “huff.” Everyone was more than a little amazed at Donna’s demonstration of the huff, and I find even more amazing when the whole class is attempting the technique. It’s almost 11:30 and I finally cave to my desire to my lunch sack open with my teeth and cannily devour my peanut butter and jelly sandwich. I get steers from several classmaters by the chowing sounds that are blocking out Donna’s lecture.

At the conclusion of class at noon, I stash my bags in the locker room and grab my bag, and my first-year companion and embark on our public transportation trek to our Patient Management Experience. We were assigned to the outpatient physical therapy department at the University of Illinios at Chicago (UIC) Medical Center; once there, we assist in evaluating and intervening in two or three patient cases. Later on in the term, we’ll give a presentation to a small group of peers and a faculty member about what we observed and performed on this trip. At 3:00, we leave UIC and head back to school. The first year student who accompanies me to the UIC medical center. She has long white hair and glasses. She has some knowledge of patient care. She keeps a record book before a test at the end of the week, and I have plans with classmates to get some neurological examinations. I eventually head home from school at about 6 pm.

The rest of my day involves few, a couch, and several books and binders. Life as a physical therapy student is more than a daily task. We must think of the day when I can sign my name, Robyn Bronner. PT. No matter how much I grieve, there are always perks to school life, namely, student discounts, spending the government’s money on other things than tuition with reckless abandon, going to school on the Magnificent Mile, and making friendships that will last a lifetime.

Alumni News

1969
Donna Frommeller (Olean, NY) was co-director with Marilyn Merlat on the 2007 book, Cardiovascular and Pulmonary Essentials, NUPP faculty who wrote chapters in the book included Tinu Bander (MS ’87) on lymphedema and integrative displacement course at NUPP the last 2 years and serves as a guest lecturer at U of Illinois’ State University’s physical therapy program (in Illinois on various wound care topics). Kelli, her husband, UL, and sons Jacob and Ethan welcomed Liam Joseph on 9/21/07. Kelli continues to work as a registry PT at Evanston Hospital, Evanston, IL.

1978
Kristin Krosschell (Chicago, IL) was certified as an Orthopedic Certified Specialist by the APTA Board of Physical Therapy Specialties. She also assisted in classes at NUPP this past spring.

1981
Paul Hiltbrand (New Orleans, LA) was elected to the APTA Nominating Committee.

1982
Marlene West-Gid (Chicago, IL) is working at West Suburban Hospital, Oak Park, Il, on the subsacute rehab unit. Marlene and husband, Joseph, have 2 daughters, Kristina who is a pre-PT student at NU, and Samantha who is an active 6th grader. Marlene is actively involved in her children’s school and extracurricular activities as well as her church’s "Contemporary Choir".

1983
Patricia Byrne-Bowens (Chicago, IL) was certified as a Geriatric Certified Specialist by the APTA Board of Physical Therapy Specialties in 2007.

1995
Alben Cooper (Chicago, IL) is Director of Rehabilitation Services at Thorne Rehabilitation, Chicagio, and is currently enrolled in a MBA program at UIC. Alben recently participated in a December panel discussion with 2nd-year physical therapy students regarding issues in the healthcare industry.

2000
Jennifer Hiltbrand Kahn (South Elgin, IL) serves as a mentor through the APTA in the specialty of lymphedema management.

2002
Nora Francis (Chicago, IL) was certified as a Neurologic Certified Specialist by the APTA Board of Physical Therapy Specialties in 2007. Jennifer and husband Lenny welcomed son Joshua Tyler on 6/30/07. Jennifer works at the Rehabilitation Institute of Chicago and assists during Pressure Relief maneuvers: Insights into Preventing Pressure Ulcers.

2007

2007 Research Achievement Award is Dr. Karen Hayes' (65). Again, the words of her peers and colleagues who wrote letters of recommendation capture her true character and support the committee’s selection. I believe Hayes’ work record truly reflects that of an individual who has engaged in productive career. She has served as either the principal investigator or co-investigator on research grants totaling in excess of $900,000 during her career in addition to her own research activity. She has served as a research mentor on graduate thesis committees of 34 students, 21 of which are in her direct line. Hayes’ research interests extend to the rehabilitation of patients with acute spinal cord injury. Hayes’ work on her success fulacquisition of a three year HEALTH PROFESSIONAL CREDENTIALING PROGRAM, co-sponsored by Schwab Rehabilitation Center and the Department of Physical Therapy and Human Movement Sciences, Northwestern University, Feinberg School of Medicine, Chicago, IL, September 15 & 16, 2007. Congratulations to Dr. Fang "Amanda" Lin on her success fulacquisition of a three year ROA grant from the National Institutes of Health, National Institute of Arthritis and Musculoskeletal and Skin Diseases (NAMS) 1R33AR053609 - 01A Title: Define an accurate predictive model for psoriasis, and map its orthodermic distribution. 09/01/2007 - 07/31/2010.

FACULTY NEWS

Congratulations to Alison Chang on her successful acquisition of a Health Professional Research Investigator Award from the American College of Rheumatology and the National Rheumatology Education Foundation. This award will provide support for her research over the next two years.

Timothy Hain, MD, was listed in the January 2008 Chicago Magazine “Best Specialists” in wide range of rehabilitation medicine, and is a leader in the field of myofascial release therapy and on head-neck posture control in whiplash injury. He presented the lecture “Assessing the Adult: Osteopathic Clinical Instructor Education and Credentialing Program, co-sponsored by Schwab Rehabilitation Center and the Department of Physical Therapy and Human Movement Sciences, Northwestern University, Feinberg School of Medicine, Chicago, IL, September 15 & 16, 2007.

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PUBLICATIONS


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A new adventure for Mark and Lynn

Dear Colleagues,

Effective April 30, 2008, Mark has accepted a position as vice chair for research and director of the PhD program in physical rehabilitation science in the department of physical therapy and rehabilitation science at the University of Maryland, school of medicine, in Baltimore. Mark has provided multiple contributions to the department of physical therapy and human movement sciences (PTMMS) over the last 20 years. In the area of physical therapy education, Mark has introduced the concept of the ‘motor control framework’ an approach that allows clinicians to analyze movement disorders based on motor control principles. Mark also has been instrumental in designing an integrated neuroscience course incorporating neuroanatomy, neurophysiology and neurology related to the sensorimotor system in a 2-trimester course.

Research wise, Mark has become a well-known investigator in the area of postural control in aging. His research has been both basic and applied and is now expanding in the area of interventions research for the preservation of posture and balance in the aging. Mark has also been expanding his research in the area of Parkinson’s Disease, using posture assisted locomotion (PAL), and Stroke.

At the administrative level, Mark has served as director of research, interim chair of the department, and currently as the associate chair of post professional education during his tenure at PTMMS. David Brown will assume the responsibilities for the position of associate chair of post professional education.

Lynn has served the department for the last 14 years as the Manager of Admissions and Student Affairs. Lynn has been crucial in setting up our web-based admits’ system as well as associated databases containing information of current and past applicants and physical therapy students. Lynn also played an important role in web management and graphic design for the department.

I’m sure that you will all join me in wishing Mark and Lynn the very best as they take advantage of this great new opportunity. We hope to stay in touch with Mark and Lynn both at a personal and professional level. Mark can be reached at m-rogers@northwestern.edu and Lynn at lynncrogers@gmail.com.

Sincerely,
Jules Dewald

Welcome Class of 2009!

On August 30, Class of 2009 students met alumni, current students, and faculty at the New Student Reception. This event is held annually at the end of a 3-day orientation for the new class.

Congratulations Class of 2007!

The Alumni Association, Children’s Memorial Hospital, Evanston Northwestern Healthcare and Northwestern Memorial Hospital sponsored a reception for the Class of 2007 on December 14, 2007, a day before graduation. This event is held annually to welcome graduates to the Alumni Association.

Clockwise from top left:
- Nora Francis, Sonia Palmer
- Amy Albison, Sarah Schwin, Britt Rundt, Nicola Bell
- Kathleen McGaghie, Monika Pawar
- Lisa Oakes-Uhrich and her mother
- Allison Balmal and her parents with Steve Sadorsky, Robert Kennedy and Teri Jacobs

PARTNERS IN PHILANTHROPY

Alumni of the Department of Physical Therapy and Human Movement Sciences, along with several friends, have shown their support for scholarships and program initiatives through their philanthropic gifts. Since the beginning of the new academic year on September 1, 2007, the following support has been received:

Janet L. Hemzacek Scholarship Fund: $3,000 from 3 donors
Physical Therapy Gift Fund: $1,385 from 8 donors
Physical Therapy Scholarship Fund: $1,670 from 12 donors
Sally C. Edelsberg Scholarship Fund: $2,600 from 24 donors
Wood/Voss Scholarship Fund: $885 from 10 donors

We appreciate the support of all donors to date. If you would like information on making a gift or learning about opportunities to include the Department in your estate plans, please contact Jeff Nearhoof at 312 503-3088 or at j-nearhoof@northwestern.edu.

Welcome Class of 2009!

Columbia Fleeces For Sale

In order to raise money for the Marquette Challenge and the Foundation for Physical Therapy, NUPT students are offering custom made Columbia Fleeces. These very soft, full-zip fleece jackets are Charcoal Grey, include the No Physical Therapy logo, and are offered in all sizes. Each fleece raises $5 for the Foundation. Send your order today.

Please mail this form with a check made out to S.J Broers Co. to Bill Healey, NUPTHMS, 645 N Michigan Ave, Suite 1100, Chicago, IL 60611. LIMITED SEASONAL OFFER!!

Name: __________________________
Shipping Address: __________________________

Womens: __________________________ Mens: __________________________
☐ S ☐ S
☐ M ☐ M
☐ L ☐ L
☐ XL ☐ XL
☐ XXL (add $2.75) ☐ XXL (add $2.75)

WE'RE ONLINE ... Reconnect with NUPT Alumni on the web at: www.feinberg.northwestern.edu/nupthms

MARK YOUR CALENDARS!!
Alumni Weekend October 3-4, 2008

Half-Century Club Lunch a Big Success during Alumni Weekend!
Five graduates from the class of 1957, one graduate from 1956, and one graduate from 1952 enjoyed a wonderful lunch at a downtown Chicago restaurant with their families, friends, Sally Edelberg, Larry Rechlin, Jules Dewsett, and Bill Healey on Friday, October 12, as part of the 2007 Alumni Weekend festivities. Attendees included Dorothy Danielson ('57), Physia Grey ('56) & guest, and 1957 classmates Robert Babbs Jr., & his wife, Diane Eberhardt, Karin Green & her son, Louise Joyes, and Wendell Venerable & his wife & daughter. The 2008 Half-Century Club Lunch will be held during this fall's Alumni Weekend on Friday, October 3. Graduates from before and including the Class of 1958 and their families or friends are invited.

Pictures (top to bottom):
- Half-Century Members, Angela Venerable Joyner, Shirley & Wendell Venerable
- Robert & Julie Babbs
- Jules Dewsett & Dorothy Christopherson Danielson
- Karin Green & son

Pictures (bottom to top):
-  Half-Century Members: Angela Venerable Joyner, Shirley & Wendell Venerable
- Robert & Julie Babbs
- Jules Dewsett & Dorothy Christopherson Danielson
- Karin Green & son