As I write this Fall is coming way too quickly. It seems like we just started summer in Chicago, sure wasn’t our usual summer but it was wonderful. Your Alumni Board has been busy and I would just like to highlight some special activities and events that have taken place in the last few months.

Alumni Weekend, April 24-25, 2009, was wonderful. We had 68 alumni, faculty, students and significant others participate in strong continuing education and varied social activities. This year was notable as we combined with the Medical School Alumni Weekend as they celebrated their 150th Anniversary. We are going to continue to combine our Alumni Weekend with them for more opportunities of continuing education and social activities as well as other events and outings they plan to coincide with the meetings. We are already planning for next year’s Alumni Weekend which will be April 9-10, 2010. PLEASE SAVE THE DATE AND PLAN ON JOINING US.

On May 28, 2009, a job fair was held at Northwestern from 5-8 PM. There were 52 students attending from NUPT as well as other local schools. There were 19 healthcare organizations participating. The response was overwhelmingly positive. We will be doing this again next year; please let us know if your practice would like to be represented.

On June 5, 2009, the students planned a Lake Michigan boat cruise following their White Coat Ceremony. They had approached the Alumni Board for help in supporting the cost of the occasion so it would be more affordable for students. The alumni board was able to give $1300 towards the cost of the celebration. We received a lovely note from the students thanking us for our support. It was a great time with students, faculty and some of the local alumni attending.

We are trying to make frequent contacts with the students and the student representatives so we can help them know what their Alumni Board does and encourage them to stay connected to Northwestern in the future. We are looking for ways to support them whether through identifying alumni in cities where they may do a clinical rotation, as mentors, or as leads for positions upon graduation. If you would like to be part of this please contact me or Bill Healey who is the faculty liaison to the Alumni Board.

The new class of 2012 begins on Wednesday, August 26th. We will welcome them on behalf of the Alumni Board and will distribute Feinberg School of Medicine tote bags for them as a gift from the PT Alumni Association. This will be a wonderful exciting time for the new students and faculty as they bring in the new class and being the process of educating PTs again.

We have a wonderful faculty that is so dedicated to the education and growing of professionals and we need to thank them for their commitment, continued research and learning, and how that so greatly benefits our students. In addition I want to thank Dr. Jules Dewald who has been so supportive of our Alumni Board. We are excited to be able to donate $15,000 to the school towards a new audiovisual, streaming video system, which we will be hearing more about. This may be an opportunity not only for the current students but hopefully for continuing education for our alumni.

We are continuing in our efforts for fund raising for student scholarships. All schools have had to raise tuition and we want to continue to bring in the top students. There are opportunities for you to help listed in the newsletter. In addition our Alumni Weekend and Job Fairs have raised money for the school, approximately $5800 and a phone-a-thon also raised additional funds. We thank the Board members for their work on these projects.

As an Alumni Board we cannot do everything we would like to support students. We are always looking for alumni who may be willing to help. If you are interested, please contact me or Bill Healey at NUPT. If you are interested in serving on the Board, we would be happy to talk with you as well and share the responsibilities and opportunities.

Bill Healey has worked tirelessly (and probably is pretty tired from the effort!) for the Alumni Board. Through his work planning the PT Alumni Weekend, he was able to show his (continued on page 5)
Alumni News

1987 Toni Sander (MS’87; Naperville, IL) and Betsy Brown Campione (’03; Chicago) spent 2 weeks in June, 2009, teaching lymphedema skills to therapists at Christian Medical College, Vellore, India. The trip was arranged through Health Volunteers Overseas, a not-for-profit organization with the mission to improve global health through education. http://www.hvousa.org/

1993 Donna Zielke (Naperville, IL) and husband Kevin are the proud parents of Allison Carol, born June 16th. Big brother Adam is adjusting—he has been king of the castle for 4 years.

1999 Philip Olasa (Elmhurst, IL) was certified as both an Orthopedic Certified Specialist by the APTA Board of Physical Therapy Specialties and as a Certified Manual Therapist through The Manual Therapy Institute in 2009. Phil and his wife Asha welcomed daughter Riya on January 2nd of this year.

2004 Amy Fong (Davis, CA), passed her exams to be Board Certified as a Sports Clinical Specialist. Amy works at a hospital-based outpatient clinic in Davis, CA, and volunteers as a physical therapist for the University of California, Berkeley (CAL) Sports Medicine Department.

Faculty News

Jane Sullivan (MS’87), Toni Sander (MS’87) and Babette Sanders have been promoted to Clinical Track Associate Professors in PTHMS. Kathy Martinez has been promoted from Instructor to Assistant Professor on the clinical track in PTHMS.

This past spring, Kirsten Potter, PT, DPT, NCS, assumed the position of Assistant Director of Clinical Education, she joins Nora Francis, PT, DHS, OTR, Assistant Professor and Assistant Chair of Clinical Education, in managing full-time student clinical experiences. Alice Salzman, PT, EdD, has assumed more teaching responsibilities within the curriculum.

New Grad Corner

Thanks to Board member, Nelson Liu, who initiated this column and contacted our first New Grad respondent, Blaire Brosers, Class of 2008.

1. Describe the steps you took in finding your job.
I went about looking for a job by talking to people that were already out in the field (friends in the classes above me, CIs and teachers). I thought that they gave you a different perspective from what you see as a person just entering the environment as well as give you good information about the clinic that you can talk about during the interview that you might not get on the website (which helps show interest and commitment to the potential position). For my first job, I was looking for a clinic that had a large PT staff (so I had different people to ask questions and observe their practice), a clinic that saw a diverse patient population (to gain experience and exposure to help me learn and find my niche), a clinic that gives you at least 30-60 min of 1:1 patient care (I believe strongly in 1:1 patient care), and a clinic that had opportunities to get involved with aspects of PT other than patient care (research, education/being a CI, participating in rounds/clinics with other health care professionals).

2. How are you managing the transition from student to practicing, licensed therapist? What are the challenges?
I think at first it was a little challenging because I was used to always reporting back to someone about my patients at some point in the day. I really had to stop and tell myself that this is my time to really start to figure things out and trust that I am prepared to do so. I tried to anticipate situations that I felt I would need guidance and ask ahead of time so I had a game plan going into the situation and then tried to execute on my own. I’ve also asked some of the therapists to share a patient with me that has a diagnosis that I don’t have much experience with; in that way I have a balance of guidance (because they are providing input into the plan of care) and independence (because are not co-treating the sessions).

3. How did your interests in a specific PT practice setting/with a patient population change over the course of your NUPT education?
That’s a very tough question. I feel that my interests in a specific PT practice are changing daily. It may be because I see a WIDE variety of patients - neuro, ortho, geriatric and amputee patients, some kids, athletes, worker’s comp, post surgical patients, etc.

4. How has your NUTHMS education prepared you for your current work?
NUTHMS has prepared me very well for the real, working world. The saying “it depends” often used throughout my time at NUPT haunted me during school and now I cannot answer a question regarding patient care any other way. It has given me principles that I can apply to any type of patient population or patient situation, which is invaluable because patients, even with the same diagnosis, are completely different. I feel that the high standards of professionalism that were held since day one have made the transition from being a student to a practicing PT easier.

5. How are you continuing to develop as a therapist? What are your plans?
I am hoping to get APTA Board-certified as an Orthopedic Certified Specialist in the next two years and become a CI as well.

6. What advice do you have for the current 2nd and 1st-year students?
My advice to 2nd-year students isn’t the most uplifting, but is something that was said to me and made the transition from school to working much easier. I was told by a friend of mine to remember that even if you love your
profession, work is still going to be work. As nice as it is to be working, independent, and having a pay check, being out in the clinic as a practicing PT is still going to be work. I think that during school students get so ready to move onto the next step (i.e., graduation and working) that it’s easy to put that goal up on a pedestal and the experience might not live up to what you’re expecting. Work will continue to provide you with stresses and challenges just like school. However, at the end of the day, it’s great to know that in the midst of those challenges and stresses, you are helping people ease their pain and return to their hobbies.

7. How do you see the NUPT Alumni Association interacting with you?
I would like to continue to be informed about NUPT’s recent changes, successes and progression as a program. It is difficult to keep in touch with all the great teachers, mentors and classmates on a regular basis after graduation and I see the Alumni Association as a way to enable easier communication and updates.

8. How do you spend time outside of work? What do you do for fun?
I spend my time outside work with friends and family. I like to cook, try new restaurants, running errands (not much fun but so hard to do when you are working!!) train for triathlons, catch up with friends, and basically anything else that allows me to focus on other aspects of my life besides work :) I find that when I leave PT thoughts and concerns at work, I am better able to fully commit myself when I’m at work because I get some relief through my personal life.

Combined Sections Meeting
Las Vegas, NV February 9-13, 2009

Photos (clockwise): Mary Massery ('77), presented the 2009 Linda Crane Memorial Lecture ... Mary Ziomek ('81) and Paul Hildreth ('81) ... Karen Hayes ('65) with APTA president, Scott Ward ... Jane Sullivan (MS '87), Marjorie Johnson Hilliard, and Bill Healey (MS '93).
NUPTAA - Board of Directors Elections 2008

The purpose of the Board is to: serve as the official voice of the NUPT Alumni Association, hold the authority and responsibility to establish policies and procedures that ensure the timely and effective functioning of the Association, act as channels of communication between alumni and the Department of Physical Therapy and Human Movement Science, establish the goals and priorities of the Association annually, conduct the business of the Association through participation in scheduled meetings and timely communication between meetings, and attend a minimum of 2/3 (two thirds) of the meetings scheduled during a term of office as well as participate in assigned committees. Nominee biographies are available below.

**Director**

**Pat Byrne-Bowens, PT, PCS (1983)**

Following graduation, I accepted a rotating position as a new graduate at the University of Chicago Medical Center and am currently the Senior NICU therapist on the pediatric team. I received ABPTS certification in Pediatrics in 1995 and renewed my certification in 2007. I am presently involved in assisting development of a Pediatric Residency Program at UCMC. “Working in Chicago, I have ample opportunity to interact with NUPT DPT students. These students never fail to impress with their academic preparation and clinical decision making abilities. As these students enter the work force, they prove to have the tools necessary to promote the profession towards the goal of Vision 2020. As an experienced clinician at a Bachelor-level degree, I enjoy working with, and mentoring, these enthusiastic and capable physical therapists. I frequently find myself in a position to learn from their training and abilities in research and evidence based practice and realize we have much to offer one another. If elected to the Board, I hope to act as channel of communication between alumni and students and the Department of Physical Therapy and Human Movement Science.

**Betsy Brown Campione, PT, DPT, CLT-LANA (2003)**

I have had the opportunity to work in multiple clinical settings over the past years including acute care, home health and outpatient. My greatest passion and clinical special interests lie with the oncology and lymphedema population. I received my lymphedema certification from the Norton School in 2005 and passed the LANA exam earlier this year. I am currently practicing in an outpatient clinic near my home, where I serve as the Coordinator of Lymphedema and Oncology Rehabilitation Programs. In 2008, I received the company award for Commitment to Excellence for my commitment to treating special populations. In the spring of this past year, I became a member of NUPTHMS’s contract faculty and assisted in the department’s Lymphatic and Integumentary Dysfunction course. In addition to these commitments, I am involved with teaching continuing education for local and national companies. I am incredibly passionate about what I do and feel a responsibility to give my time, effort and commitment back to the academic program that has allowed me to grow into the clinician I am today.

**Margaret Wente Danilovich, PT, DPT (2007)**

Since graduation, I have worked at the Presbyterian Homes, and I have known from my first day that I had been called to a career I would love forever. I work with geriatric clients throughout the continuum of the older adult years, with cardiopulmonary conditions being my area of interest. Outside of clinical practice, I am active on the Editorial Advisory Board for Perspectives Magazine, the APTA publication for new professionals. I am also an APTA Credentialed Clinical Instructor. It would be an honor to serve on the BOD and give something back to a school which has prepared me so well for my professional career. NUPT provided me with challenges and experiences which gave me the best start possible. These experiences shouldn’t end. One of my goals as a BOD member would be to enlarge educational and mentoring resources between NUPT and alumni, as well as to facilitate networking opportunities.

**Gia Fruscione, PT, DPT (2003)**

I am nearing the end of my first three-year term on the Alumni Board of Directors and am seeking re-election. Since graduation from Northwestern, I have been practicing in outpatient orthopedics, working in both hospital based and private practice settings. Last year I also accepted a teaching position in Drexel University’s entry-level physical therapy program teaching in both kinesiology and clinical orthopedic courses. I have been an active APTA member since my time at Northwestern, and presented my first research poster in the Orthopedic Section at CSM 2009. Before entering the first DPT class at NUPT in 2001, I attended Princeton University graduating in 2000 with a degree in psychology.

Please VOTE for (5) Directors. The Directors will serve 3-year terms. Return the ballot (by mail, fax, or e-mail) to:

NUPTAA Nominating Committee, c/o Bessie Ward, 645 N. Michigan Ave., Suite 1100, Chicago, IL 60611.

FAX: 312-503-4398 | EMAIL: b-ward@northwestern.edu

**Director** (choose 5)

_____ Pat Byrne-Bowens
_____ Margaret Wente Danilovich
_____ Diana Abu Jamra Sahakian
_____ Gia Fruscione
_____ Robyn Bronner Wells-Mangold

**Betsy Brown Campione**

_____ Betsy Brown Campione

**Gia Fruscione**

_____ Gia Fruscione

**Gary Sutton**

_____ Gary Sutton

**Robyn Bronner Wells-Mangold, PT, DPT (2008)**

My name is Robyn Wells-Mangold (formerly Robyn Bronner) and I would like to be considered as a candidate for the NUPTAA Board of Directors. I graduated from Northwestern University this past December and served as a student representative to the Board during my first and second years there. I am currently employed at Elmhurst Memorial Hospital in the Transitional Care Unit where I see a primarily geriatric and post-surgical population. Prior to my employment in Elmhurst, IL, I had student clinical affiliations at Mayo Clinic in Rochester, MN, Physical Therapy Chicago in Chicago, IL, and SSM Rehab in St. Louis, MO. I would love to be a member of the Board to continue forging new opportunities for greater alumni student/interaction, connect further with other alumni, and assist to maintain and enhance the excellent workings of NUPT. Thank you for your consideration.

**Diana Abu Jamra Sahakian, PT, MPT, MS (1999)**

I graduated from NUPT in 1999 with a Master in Physical Therapy, and have been practicing orthopedic and sports injuries for the last 9 years. Prior to that, I earned a Master of Science in Counseling in 1997. I worked in corporate physical therapy setting as a staff clinician, and then became a clinic director, starting and managing various clinics in the Chicagoland area. In 2006, I chose to leave corporate physical therapy, and to open my own private practice. I now own and operate Stay Fit Physical Therapy & Core Wellness, Inc. located in downtown Mount Prospect, Illinois. Stay Fit offers a combination of one-on-one physical therapy, small group fitness classes and massage therapy. I am certified in Pilates for the rehab professional, and am fluent in Spanish, French, and Arabic. I would like to participate as a candidate for NUPTAA Board of Directors so I can promote positive relationships between alumni and students.

**Gary Sutton, PT, MS, DPT, OCS, SCS (1978)**

I am currently a manager at the Sports and Occupational Rehab Center in Richmond, Virginia. I completed a Master of Science degree in Orthopaedic Physical Therapy from the University of St. Augustine (formerly the Institute of Graduate Health Sciences) and a Post-Professional Doctorate in Physical Therapy from Washington University in St. Louis. I have ABPTS Board Certifications in Orthopaedic and Sports Physical Therapy, NATA certification as an Athletic Trainer, and NSCA Certification as a Strength and Conditioning Specialist. In reflecting on my first term on the NUPTAA Board I have enjoyed “re-connecting” with the school from which I graduated over 30 years ago. I marvel at the faculty, the facilities, the graduate programs, the current students……and the cost of going to school here! Regarding the last point, I recognize the diligence of my fellow Board members and fellow NUPT Alumni, both in Chicago and out-of-town, for their fund-raising efforts in providing resources for student recognition, special projects and program development. I believe the NUPTAA is on the way to becoming an important link between NUPTHMS and students, both past and present. For this reason I would like to continue to support the NUPTAA to the best of my ability by continuing as a Board member.
organizational and professional ability to collaborate with Ginny Darakjian, the Assistant Dean for Alumni Relations at Feinberg School of Medicine, in combining the PT with the Medical School’s Alumni Weekend. Consequently, Ginny requested that a member of the Alumni Board serve on the editorial board of Ward Rounds that goes out on a regular basis. This way we will be able to post information more easily for the activities of the students, faculty and alumni from NUPT. Our new Board member June Macchiaverna has agreed to be our board liaison. Thanks Bill for all your hard work and effort - it is greatly appreciated. We also welcome our other new Board members and thank you for volunteering to support NUPT; they are Pam Hatton, Nelson Liu, Karen Stevens, and Cindy Weinstein.

Hope to see many of you at the next Alumni Weekend, April 9-10, 2010. Please try to plan now and come and see the school and enjoy a weekend in this fabulous city. We will be looking for you and you will be glad you came!

Best regards,

[Signature]

Donna Frownfelter (1969)
President, NUPT Alumni Association

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**Partners in Philanthropy**

**Scholarship & Gift Fund Donors: June 2008 - June 2009**

<table>
<thead>
<tr>
<th>Scholarship &amp; Gift Fund Recipients</th>
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<tr>
<td>Mark Kaufman Scholarship ($5000): Entering student with highest GPA and interests in orthopedic or sports physical therapy... Rexx Samuel</td>
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<tr>
<td>Janet L. Hemzacek Memorial Scholarship ($1500): First-year student who demonstrates of “a sense of integrity and humanity, and an involvement with the community through volunteer activity...” Daniel Loch</td>
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<td>Dorothy Voss/ Elizabeth Wood Scholarship ($1500): Second-year students who express the ideals of professionalism and demonstration of the potential for contributing significantly to the profession... Jennifer Akman, Laura Pearson, Jacklyn Winters, and Paul Bissler</td>
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<td>Sally C. Edelsberg ($1500): Second-year student who demonstrates leadership potential in the profession of physical therapy... Lauren Sofen</td>
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Northwestern University Feinberg School of Medicine / 750 N. Lake Shore Drive, Rubloff Building 9th Floor/ Chicago, IL 60611/ (312) 503-8933
The Second Annual Ann Putnam Kaleckas Lecture was held on May 18, 2009. Fay Horak, PT, PhD, delivered a presentation entitled, “A Systems Approach to Balance Evaluation.” As part of and prior to the Kaleckas Lecture, Class of 2009 students presented their Synthesis Project Research Posters in the Lurie Building Atrium.

**Email Forwarding Service**

Northwestern University Physical Therapist alumni are now able to sign up for a NU e-mail forwarding service. You can use a University server to route electronic mail to your personal or professional e-mail account. Specific information about how to enroll in this free service is on the Feinberg School of Medicine website at: www.medschool.northwestern.edu/alumni under “E-mail Forwarding.” Once we receive this information electronically or in hard copy, our system will establish a forwarding address for you at northwestern.edu. When people send their e-mail messages to you at northwestern.edu address, those messages will come to the University’s server which will automatically forward them to whatever may be your current e-mail account address at the time. Your family, friends, and colleagues can continue to reach you at that address regardless of whether you later change internet service providers or move to another hospital or academic institution that may be providing your e-mail account to you. Please know it is a secure process in which messages are only forwarded and never opened.

The following format will be used:

first initial last name PT@northwestern.edu

For example: jsmithPT@northwestern.edu

If you have any questions or if you are changing your e-mail account address and need to update your records with us, just send me a message at b-healey@northwestern.edu. I’d be happy to hear from you.

**Job Fair 2009**

52 PT students from the Class of 2009 and several local PT schools attended the 3rd Annual Job Fair sponsored by the NUPT Alumni Association on Thursday evening, May 28, 2009. 19 facilities and healthcare organizations participated.

**Email (top to bottom):** Lindsay Ohlweiler and Rachael Huske (‘09 classmates) meet with Jessica Wilson (‘08), Natalie Look (‘08) and fellow Marianjoy representative … Jamie LaPenna, Heidi Snook, and Amanda Schaefer (‘09 students) with Class of ’08 graduates Blaire Broers and Jennifer Brej at the Loyola University Medical Center table.

**WE’RE ONLINE …** Reconnect with NUPT Alumni on the web at: www.feinberg.northwestern.edu/

**NUPTAA**

Department of Physical Therapy and Human Sciences
Northwestern University, Feinberg School of Medicine
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