Mission: NUPTAA facilitates a collegial relationship among our physical therapy graduates and promotes continued interest in, communication with, and support of physical therapy education programs at Northwestern University.

President’s Message

By the time you receive this newsletter, Northwestern University Physical Therapy Alumni Weekend will be occurring in the near future. I hope that you and your family have had a great summer. Why not end your summer by returning to Northwestern and join us for Alumni Weekend? A great lineup of educational and social activities is planned.

This is my final President’s Letter as I leave the position of the NUPT Alumni Association President at the end of this year. It has been a great honor serving you and the Association in this capacity. I have developed a network with many great individuals in our profession. I am proud of the accomplishments of the alumni as well as the awesome physical therapists that have graduated from Northwestern. The Northwestern PT Alumni shine in our profession and should be proud of the training and education they received.

I again ask of each of the alumni to be an active participant in our profession and in the Alumni Association. Remember and support the activities and mission of the Northwestern University Physical Therapy Department so that generations to come can be assured of quality educational programming of physical therapists.

A big “thank you” to all of the Board Members that have served with me, as well as the alumni and university staff that have so generously helped make my terms in office as rewarding and enriching to me. With confidence I can pass the torch on to the next President for continued growth and expansion of your Alumni Association.

Sincerely,

Alumni News

1966 Gay Gallagher Conger and Kristina Marcussen (2002) celebrated their common NUPT roots when working together at Laurel Meadows Healthcare Nursing Home, Belen, New Mexico. Gay is a part-time physical therapist in Belen and is retiring soon; Kristina is a traveling PT filling in at Laurel Meadows NH.

1972 Sally C. Edelsberg (Chicago, IL), former Director of Programs in Physical Therapy, was the first recipient of the Margaret Kohli Award for Outstanding Alumni Contributions to the Physical Therapy Profession by the University of Wisconsin, Madison, Physical Therapy Program. Sally is a graduate of UW.

1980 Diana Long Sherrard (Winfield, KS) is currently serving as Treasurer for the Kansas Physical Therapy Association and was appointed to the APTA’s Finance & Audit Committee in 2007. Diana works in an outpatient clinic & onsite-industrial setting for NovaCare Rehabilitation in Wichita, KS.

1981 Paul Hildreth (New Orleans, LA), member of the APTA Nominating Committee, was co-author the article, An Attack from Within, which appeared in the January 2008 PT Magazine.

1984 Debbie Cassidy Patrizi (Martinez, CA) continues with Kaiser Permanente and is in the process of transitioning from the local hospital and outpatient clinics to the Oakland Medical Center. She will be heading up a new Pediatric Rehab and Clinical Residency program. Spouse Jim Patrizi ('84) is employed at the VA Rehab Center in Martinez, CA.

2002 Rebecca Trantowski Farrell (Glen Ellyn, IL) and husband John had triplets July 2007 – Jack, Owen, & Maeve – and they are keeping Becca very busy at home. Becca is working part-time at Loyola University Medical Center and recently published another article titled, The Relationship of Body Mass Index and Functional Outcomes in Patients with Acute Burns, in the Journal of Burn Care and Research February 2008 issue.

2004 Amy Nusholtz (Chicago, IL) has taken a position as Academic Coordinator of Clinical Education for Coyne American Institute’s Physical Therapist Assistant Program, located in the loop of Chicago. Amy is currently instructing for the institute’s other medical programs while preparing for the start of the PTA program, scheduled for September, 2008.

In Memoriam Sabine Brendel (Spring Valley, CA; Class of 1983) passed away on June 19, 2008, at the age of 48 after a 2-year battle with brain cancer. Originally from Berlin, Germany, Sabine grew up in Tucson, AZ and moved to Chicago to attend NUPT. After graduating from PT school Sabine worked a few years in Chicago before moving to the San Diego area in 1986. She joined Sharp-Rees-Stealy Healthcare and worked there as a PT for 21 years, the last 8 years of which she held the position of supervisor of the Sharp-Rees-Stealy La Mesa West PT Clinic. Sabine was well loved by her staff for her dedication, calm leadership and warm humor. She insisted on continuing to work throughout her illness, including during the 9 months of chemotherapy, always putting the needs of her patients and her staff before herself. Her PT family was a great source of support for her. She was also a wonderful loving sister, daughter, aunt and wife. She is sorely missed by her family and many friends. (Submitted by Sabine’s sister, Katrina Brendel McNerney)

NUPT Board-Certified Clinical Specialists 2007
Deborah Andras, PT, OCS (’86)
David Busam, PT, DPT, OCS (’01)
Patricia Byrne-Bowens, PT, PCS (’83)
Connie Fiems, PT, MPT, NCS (’94)
Susan Hardin, PT, DPT, OCS (’02)
Timothy Hemmu, PT, MPT, OCS (’99)
Alicia Hirscht, PT, DPT, SCS (’02)
Steven Jovanovich, PT, DPT, OCS (’04)
Jennifer Kahn, PT, DPT, NCS (’02)
Amy Miller, PT, MPT, GCS (’99)
Amy Norton, PT, DPT, OCS (’02)
Marina Papaioannou, PT, DPT, OCS (’02)
Erin Robertson, PT, DPT, OCS (’02)
Shiow-Huei Tang, PT, MSPT, NCS (’85)
Awarded Recertification: Gary S. Sutton, PT, MS, OCS, SCS (’78)
The First Annual Ann Putnam Kaleckas Lecture April 22, 2008

Movement: a System and a Science: Importance to Physical Therapy, presented by Shirley A. Sahrmann, PT, PhD

Julie Cook, NUPTAA Board Member, contacted Mr. Kaleckas by e-mail for an interview following the successful inauguration of the annual Ann Putnam Kaleckas Lecture on April 22, 2008. Close to 100 alumni, students and friends of Ann attended. Their discussion is found below.

Tell us a little bit about your wife for those alumni who did not have the opportunity to meet and get to know her. What year did she graduate and in which area/specialties did she practice? Did she enjoy the physical therapy program at Northwestern? Did she come back to the school often?

Mr. Kaleckas: Ann graduated from Northwestern with her Bachelors degree in Physical Therapy in 1982. She continued her education by achieving a Master's degree in Health Sciences from the University of Indianapolis in 1990. Ann often talked about all of the great experiences and times she had at Northwestern. She tried to attend every alumni gathering possible, and enjoyed watching the school develop. Ann specialized in the spine care area, and continued to develop her education and skills in this regard. By the amount of referrals she received by the physicians who sent patients to her, and from the comments that I personally heard from some of these doctors and her patients. I believe she constantly demonstrated her ability to treat and help people. Ann took great joy and pride in her ability to help her patients to relieve pain, help them recover, and to improve their life style.

The lecture series is an incredible gift for the school, its alumni, and current students. Can you tell us a little bit about the events leading up to the decision to give this gift to the school? Was it a thought of your wife’s? Did she enjoy teaching as part of her professional life after graduation?

Mr. Kaleckas: Ann was a huge believer in continuing education. She attended numerous classes and lectures with the expressed desire to improve her skills to help her patients. I truly believe that at some point, Ann would have planned to retire from treating patients, and adjust her attention to passing on her knowledge and skills to others, either through teaching, writing, or lecturing. Since this was her long-term desire, Ann's friends and I felt that we could accomplish some of her dreams by sponsoring these lectures in her name.

This year’s lecture series with Dr. Sahrmann was a great success. What are the plan/goals for next year? What are the goals of this program in a general sense (i.e., what were Ann’s/your visions)?

Mr. Kaleckas: In discussions with the school, our goal is to sponsor at least one lecture per year. The monies should last for several years to achieve this goal. Our hope is also to expand, through various means, a way of promoting contributions to add to this lecturership fund so that this can continue for a long time. The vision is to pass on knowledge to improve people's skills in physical therapy through these lectures, something that Ann would have loved to do herself.

Is there anything else that you and Ann want to share regarding this gift?

Mr. Kaleckas: Ann was the most giving person I ever met. This part of her nature is one of the main reasons why she was such a good therapist for her patients, as well as a good friend to many people. This legacy of giving is a part of the reason for this gift and lecturership. If the result of these lectures is to help others to develop their skills and improve their ability to “give” to their patients and to others, then it will be worth every penny. I can’t think of a better way to honor her memory.

Pam Simon, NUPTAA Board Member, Chair of Development Committee

After reading this interview with Mr. Kaleckas, I am truly inspired and proud to be a member of a profession that has done so much good for people who are physically challenged. Surely Ann Putnam Kaleckas was a shining example of a dedicated and highly-trained physical therapist. Did you know that it costs over $73,000 to receive a DPT at NUPH? Did you know that your contribution towards a scholarship at NUPTHMS could make the difference in sending a highly-qualified applicant to our school? We are always looking for ways to help our students with financial needs. In addition to the generous gift from the Kaufman family last year, we have raised nearly $20,000 for scholarships this year. As alumni of Northwestern University, we encourage you to consider giving any donation to the School.

2nd Annual NUPTAA Job Fair May 29, 2008

“AView from the Student’s Side” by Robyn Bronner (Class of 2008 NUPTAA Board Representative)

I sweated. As anyone can tell you who has ever been my proctor or patient for a practical exam, I glisten when I’m nervous. But today’s events called for a downright flood of sweat. I hid with a small clan of other students right near the locker room doors so I could safely avoid the entrance to the career fair. Eventually I collected myself enough to move towards the check-in table, where I found that I started trembling as soon as I lifted the pen to sign in.

I took a deep breath and tried to appear confident and professional as I strode into the room. It was already crowded and loud as fellow physical therapy students chatted with employers all around the classroom turned exhibition hall. So I marched over to the first employer, who, I am still hoping to this day, didn’t notice my excessive perspiration. I think the conversation went well despite my jittery nerves. As I passed from table to table, my nervous tension melted and I found myself enjoying the exchanges with employers about opportunities available in the world of PT. Overall, the job fair provided students with a simple entry point into the world of job-searching. I, along with many classmates, gathered as much information as I could in the three hour fair about every aspect of a career in PT; I had a gauntlet of questions covering the whole spectrum from employee benefits to patient populations to mentoring programs. Not only did I step away with more information about applying for a job in PT, I also stepped away much more confident than when I had entered the room.

For me, the stress involved with job-searching can primarily be attributed to the financial squeeze of living in the city and paying for graduate school. For any student though, there is pressure to find a good job, perhaps because there will always exist those moments of helpless worry, as in “what if I can’t get a job and end up living in a box under Michigan Avenue with 10 cats?” However, the job fair afforded the attendees a refreshing perspective, conveying the fact that as new graduates, we are wanted and needed in physical therapy departments everywhere. I am hoping that with this knowledge firmly embedded in my mind, I will be able to progress my job hunt successfully, with a little less sweat.
NUPTAA – Board of Directors Elections 2008

The purpose of the Board is to: serve as the official voice of the NUPT Alumni Association, hold the authority and responsibility to establish policies and procedures that ensure the timely and effective functioning of the Association, act as channels of communication between alumni and the Department of Physical Therapy and Human Movement Science, establish the goals and priorities of the Association annually, conduct the business of the Association through participation in scheduled meetings and timely communication between meetings, and attend a minimum of 2/3 (two thirds) of the meetings scheduled during a term as well as office in participant committees. Nominees biographies are available below.

**President**

Donna Frowenfelter PT, DPT, MA, CCS, RRT, FCCP (1969)

Donna is an Assistant Professor, Physical Therapy, Rosalind Franklin University of Medicine and Science/Cooperative Health Care Program and serves as the Clinical Director of the Department of Physical Therapy Human Movement Science/ Northwestern University Feinberg School of Medicine. She has taught Cardiac and Pulmonary Physical Therapy at Northwestern for 30+ years. Dr. Frowenfelter has presented continuing education courses and been an invited speaker at many APTA Conferences as well as international Conferences. She is Co-Chair for the Illinois Physical Therapy Activity and is Adjunct as a professor of 2+ preclinical classes. I was involved in setting up a guest lecturer for NUPT’s Issues in Pediatrics course. For the past two years, I have presented a slide show document- ing my children’s experiences and outlining medical complications and psychosocial issues that arise in the NICU. This has been a great way to reconnect with NUPT and now I would like to do more. I am pleased to have the opportunity to be a candidate for NUPTAA Board of Directors and be involved in supporting the current educational programs at Northwestern.

**Vice President**

Gia Fruscione, PT, DPT (2003)

Gia was raised in Princeton, New Jersey and attended Princeton University, receiving her Bachelor of Arts degree in Psychology in 2000. Gia was also a varsity letter winner in both field hockey and ice hockey for the Tigers. Outside of Princeton, Gia trained and traveled with the US Field Hockey National Team Program. Breaking her ankle playing field hockey during her junior year at Princeton, Gia spent countless hours in physical therapy trying to get back in playing form. This led to a Director of Physical Therapy position at Northwestern University’s Feinberg School of Medicine in Chicago. Upon graduation from Northwestern in 2003, Gia moved back to her home town and has been practicing in outpatient, private practice in central New Jersey ever since. Professionally, Gia’s concentration is in orthopedics, with some practice in women’s health. She has worked primarily in the outpatient orthopedic setting since graduation, and is hoping to pursue a PhD in Rehabilitation Science. She was a presenter at the fall of 2008. Gia has held in number of positions during the past taking opportunities within the realm of orthopedics, manual therapy and women’s health, and hopes to finish her manual therapy certification within the next year. Gia has also completed the certification coursework and apprenticeship hours for certification in Pilates with both the PhysicalMind Institute and Polestar Pilates. She is an active member of the Chicago Physical Therapy Alumni Association, and its sections on orthopedics and women’s health. Gia actively volunteers in her community, sitting on the Advisor Board and numerous committees for her local YMCA. She is currently serving in her second year on the NUPTAA Board of Directors.

**Director**

Pamela Simon, PT, MBA (1975)

Pamela is a 1975 graduate of Northwestern University, and received an MBA with Honors from Lake Forest Graduate School of Management in 1989. She has extensive experience as a Generalist and in Geriatric Medicine. She was the Director of Physical Therapy at St. Francis Hospital of Evanston, Illinois from 1980-1988 and launched many new programs including an Occupational Therapy Department, Back School, Neonatal Infant Stimulation Program, Amputee Care Program, Anxiolytic Center, Sports Injury Center, Neurological/Vestibular Center, and so forth. As an instructor at Rosalind Franklin University (formerly Chicago Medical School), she taught Cardiac PT, Therapeu- tic Exercise, PNF, Patient Evaluation, and a Management Course. Her experience includes many years in Home Health. Pamela is a soprano with the Southwest Florida Symphony Orchestra and Chorus. As the President of the Symphony Society (2000-2001) she led a fund-raising group of 300+ Symphony supporters and raised over $150,000 in donations to the Symphony. She was the recipient of a Young Women’s Leadership Award from this group in 30 years. She served on the Boards of both the Southwest Florida Symphony and the Elgin Choral Union and participated in many fund-rais- ing events for these groups.”I am committed to event planning and fund-raising in my two main areas of interest: the Physical Therapy profession and classical music.

**Director Continued**

Matthew F. Consenosi, PT, MPT, OCS, COMT (1995)

After graduating from Northwestern University, I started working for a private practice outpatient physical therapy company and have since relocated and now work in a hospital-based outpatient physical therapy clinic. My career path has been preparing me for the ability to meet APTA’s Vision 2020. In private practice, I learned clinical, administrative and marketing skills. While working in a hospital-based clinic, I have furthered my knowledge of the patient medical management. Outside of direct clinical practice, I took graduate courses in hand and Upper Quartile Rehabilitation, became an Orthopedic Clinical Specialist through ABPTS, became a Certified Orthopedic Manual Therapist through Maitland’s organization and became a Certified Clinical Instructor through the APTA. Also, I serve as a mentor for NUPTAA’s ADAPTS program and for staff and students at work and in the clinic. I have held my dPT for 14 years as a PT, received great respect based on my education from Northwestern and I would like to do my part to continue NUPTAA’s excellent reputation.

**Director Continued**

Sheryl Lucero Depakakibo, PT, DPT (2004)

My name is Sheryl Lucero Depakakibo, class of 2004. I live in Chicago, IL. I am married and have two energetic toddler boys. I have the pleasure to work in an outpatient setting with a focus on orthopedics and pediatrics at Emuhr Memorial Healthcare in Elmhurst, IL. Recently, I successfully completed the Music Together© workshop, and I am in the process of starting up a parent-child music class for children with special needs. I have been an active APTA member since I was a first year PT student and am part of the ADAPTS Mentoring Program. I would welcome the opportunity to be part of the NUPTAA Board by serving as a member to fill in the gap in communication between alumni and the NUPT department. Some things I would like to see include the initiation of electronic communication and increased opportunities for continuing education courses. Thank you for your consideration.

Pamela Jarnutowski Hatton, PT (1976)

After graduating from NUPT in 1976, I worked in various hospital, OP, and home health settings in Chicago, San Antonio, TX, and the DC area. I have been a member of the APTA, IPTA, and TPTA. In addition to actively practicing PT, over the years I have been a clinical instructor and clinic administrator. In and out of the workforce, my passion for the field has sustained me as I’ve guided friends, family, school programs, and others through exercise, body mechanics, and awareness of the importance of PT. As my children are now almost grown, I look forward to the opportunity to pursue a professional affiliation with the NUPT Alumni Association. I would like to offer strong organizational and management skills, experience in development/fundraising—and the ability to bike to the White House and NIH! In our increasingly global world, I would like to see the association expand opportunities to bring alumni together. This might include offering regional gatherings, a message board on the webpage and other new ways to network and mentor.
Scholarship & Gift Fund Donors: June 1, 2007 - June 30, 2008

Physical Therapy Gift Fund
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Ms. Debbie K. Billingsley
Ms. Pamela Jean Byrne
Mr. Ernest R. Dickson
Ms. Leslie Ann Elrod-Suttle
Mr. David L. Graziano
Mr. John N. Hall
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Sally C. Edelsberg Scholarship in Physical Therapy
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Ms. Kristina M. Marcussen
Mr. Peter J. McNemalin
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Mr. Raymond T. Hemzacek
Mr. Paul A. Kleponis

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Ms. Kristyn Fletcher
Mrs. Neal E. Franks
Mr. Bradley K. Kaya
Ms. Carol Joyce Marshall
Mr. John Patton
Mr. Berton Scott Sheppard

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Ms. Babette S. Sanders
Ms. Kathryn B. Seemayer
Ms. Elizabeth Vhay Shaw
Ms. Pamela L. Simon
Mr. Gary S. Sutton
Ms. Nancy Zippler

Please VOTE for the following Board positions: President, Vice President, and (5) Directors. The President and Vice President will serve a 2-year term. The Directors will serve 3-year terms. Return the ballot (by mail, fax, or e-mail) to:
NUPTAA Nominating Committee, c/o Bessie Ward, 645 N. Michigan Ave., Suite 1100, Chicago, IL 60611. FAX: 312-503-4398 EMAIL: b-ward@northwestern.edu

President
Donna Frowenfelter
Vice President (choose 1)
Gia Fruscione
Matthew F. Conoscenti
Pamela Dennis Simon
Sheryl Lucero Depakakibo
Pamela Jarnutowski Hatton
Director (choose 5)
Nelson Liu
June R. Macchiavenna
Karen Stevens
Cindy Weinstein

DEADLINE: Wednesday, October 1, 2008
At the 2008 Combined Sections Meeting, Lois Hedman was presented with the 2008 Section on Education Distinguished Educator Award. Also, as a result of the presentation of their synthesis project, Maggie Reising, Rob Kennedy, Monika Pawar, and Sonia Palmer received the Neurology Section Professional Student Award. CSM 2009 will be held in Las Vegas, NV.

Photos (top to bottom): Lynn Steffes ('81), Janice Bohn ('81), Mary Ziemoneck ('81), Paula Eppenstein ('81), George Cachares ('81) ... Corinne Ingram ('07), Erin Dinsmore ('07), Tiffany Cutchers ('07), Katherine Krivanec ('07) ... Lois Hedman (MS '87) ... Molly Swenson ('07), Lauren Polivka ('07), Eric Hughes ('06), Taylor Laurence ('07), Erin Dinsmore ('07) ... Kathy Martinez, Maggie Reising ('07), Rob Kennedy ('07), Monika Pawar ('07), Lois Hedman (MS '07).

WE’RE ONLINE … Reconnect with NUPT Alumni on the web at: www.feinberg.northwestern.edu/