President’s Message

I hope that this newsletter finds all of you and your families in the best of life during this summertime. While some alumni may go on “vacation mode” during this time, the Department of Physical Therapy and Human Movement Sciences (DPTHMS) and the Alumni Association continue to work diligently. Another new class of 71 students started in September. The Association has been busy planning another Alumni Weekend scheduled for October 12 - 14.

It is hard to believe that only five years ago we celebrated the 75th Jubilee of Northwestern University Physical Therapy. During the past five years, DPTHMS has graduated five classes of quality physical therapists. The Alumni Association continues to support the Department and students via scholarships; and plans and stages the Annual Alumni Weekend. Alumni Weekend affords alumni the opportunity to obtain continuing education as well as reconnect with the University and fellow alumni.

These five years have required the efforts of many individuals on both the university level as well as NUPT alumni. Many hours of volunteer time as well as financial support have been given to assure that Northwestern University Physical Therapy continues to provide exceptional education for the students. My gratitude to all of you who have made it possible to achieve another five years of Northwestern University stellar performance.

This fall we will celebrate our 80th Jubilee during Alumni Weekend. I extend a personal invitation to each and every one of my fellow alumni to “come home” during the celebration. Plan on attending the weekend to reconnect with fellow classmates and other alumni, marvel in the awe of our University, and savor Chicago’s world class status! Bring your family and enjoy the many offerings.

Until we meet again in October.

Sincerely,

Larry Rechlin ('78)
President, NUPT Alumni Association

WE’RE ONLINE...
Reconnect with NUPT Alumni on the web at:
www.feinberg.northwestern.edu/nupthms
Alumni News

1978
Gwen Pettit (Gunnison, CO)
Director of Rehabilitation Services & Director of Customer Services, Gunnison Valley Hospital, CO. Graduated August 2006, with a Master’s Degree in Organizational Development from Fielding Graduate University, Santa Barbara, CA.

1981
Ruth Jones (Tampa, FL)
Working in the Tampa area for over 25 years, has penned a story which has been included in Voices of Alzheimer’s, the first in a series of books created by The Healing Project. Voices of Alzheimer’s is an anthology comprised of stories and essays written by patients, caregivers, medical professionals, celebrities and friends. “By sharing my story with others, I hope to raise awareness and provide insight about Alzheimer’s disease. I hope my story helps those trying to cope with the devastating effects of this illness.”

1983
Pam Morrison (Lake Forest, IL)
In private practice in Lake Forest for 17 years and currently collaborating with a travel/tour business called Country Walkers. “After participating in 6 tours with Country Walkers, I became aware that the guests were showing up in not such good shape. They were also experiencing many of the over-use syndromes related to poorly conditioned individuals. I am now involved with pre-tour assessment and on-tour management issues. One of the most pleasant experiences in this new venture is hearing how PTs across the country have done their part to prepare individuals for this type of travel. It is truly amazing how many guests have had prior experience with a PT. I am thankful for my background in musculoskeletal disorders that has made me a suitable candidate for this type of venture.”

1988
Thomas Harrer (OR)
“Mahalo. After 26 years in Hawaii and 10 years in private practice, I am doing a 4 year buy out of my practice with the option to get back in after 2 as a partner. Now maybe I’ll have time to make an alumni event since we’ll be on the mainland in Oregon. Tamara Jones, Brad Kaya, and Cindy Hasigawa (all NUPT ‘88’s) still in Hawaii...Aloha.”

1999
In April Ivan Huergo and Andrew Anderson (CFO) celebrated the grand opening of their facility, Physical Sciences Institute, in Willowbrook, IL.

2000
Anatomy lab partners reunite!
Class of 2000 from left: Giancarlo Scalise, Erin (Ewers) Panveno, Mary Ellen (Bulow) Giese, Jenna (Voss) Julian at Mary Ellen’s wedding in Chicago.

2003
Shanna Scott Thurman (Fort Bragg, NC)
“I am now employed at a military treatment facility in North Carolina where I am a contract employee who works with infants and toddlers birth to three years of age who are dependents of enlisted individuals. What a rewarding and taxing job to have in this climate! I often reflect on my NUPT days when I have those patients where things appear to be the worst; those diagnoses that have not been determined or the ones that have been determined but have such low outcomes that the parents are extremely afraid. One of the best things I brought into my PT career is the ability I have to think critically about those difficult and complex cases, as

Clinical Education

Dear Northwestern University Alumnus:

We are contacting you because we believe alumni from Northwestern University are a rich resource for our clinical education program. Many of you have already contacted us to establish a clinical education relationship between your facility and Northwestern – thank you! We are currently seeking additional facilities that would be interested in partnering with Northwestern to provide full-time clinical education experiences (40 hours/week) located in a variety of geographical regions and part-time clinical activities (2 -3 hours per week during academic course work) located in the Chicago metropolitan area. With your help, we can assure that we have an adequate number and variety of clinical facilities that offer high quality learning experiences.

In addition, students who participate in clinical education experiences outside of the Chicago area often are challenged to secure affordable housing. We are asking if you might be able to serve as a resource for housing in your area. We do not expect you to provide housing for students, but could help to direct students to resources in your area. The following Class of 2007 NUPTAA Board of Directors representatives responded to our request for their thoughts about the importance of number and variety of clinical opportunities and students’ housing needs.

“On behalf of the Class of 2007, choosing clinical education experiences can be a very stressful time. Northwestern offers several wonderful placements across the country, and adding to those placements would help decrease stress levels. However, with cross-country placements comes the battle of finding housing. As a student, I have found it difficult to connect with various NU alumni. Having the alumni listed as housing resources for clinical placements out of the Chicagoland area would definitely aid in solving the above conflicts.” — Mary Pietsch

“It is great that the clinical education program has set up affiliations across the country as it gives the students the opportunity to practice in a variety of settings and with different patient populations. Unfortunately, students are often leary of doing an away affiliation solely because they are afraid they will have a hard time finding a place to stay.” — Maggie Reising

If you are interested in partnering with Northwestern University to provide high quality clinical education 1) full-time clinical education experiences, 2) part-time clinical activities in a Chicagoland facility and/or offering/serving as a resource for students who are seeking housing for clinical education experiences in your area. Please call us or email us and we will be happy to provide information about the next steps in the process. We thank you in advance for investing in the professional development of these future physical therapists from Northwestern University.

Sincerely,

Nora J. Francis, PT, OTR, DHS
Assistant Chair of Clinical Education
n-francis@northwestern.edu
312.908.6796

Bill Healey, PT, EdD
Coordinator of Clinical Activities
b-healey@northwestern.edu
312.503.3346

Sincerely,

Alice Salzman, PT EdD
Assistant Chair of Clinical Education
a-salzman@northwestern.edu
312.908.6787

Gail Huber, PT, PhD
Coordinator of Clinical Activities
g-huber@northwestern.edu
312.908.6791
Combined Section Meeting
Boston 2007

Dave Brown participated in two panel discussions, Strength Strength-Training Effectiveness Post-Stroke: Results of the STEPS Clinical Trial, and Mock National Institutes of Health (NIH) Review: A Glimpse into The NIH Grant Review Process.

Alison Chang, Karen Hayes, and Gail Huber, gave a 3-hour presentation on Managing the Patient with Lower Extremity Osteoarthritis from Lab to Clinic to Community.

Michael D. Ellis, Theresa Sukal (Class of 2008), Tobey Demott, and Jules Dewald presented a thematic poster, Preliminary results for a targeted intervention for improving reaching range of motion in severe hemiparetic stroke using the Arm Coordination Training 3D Device (ACT3D).

Nora Francis, Karen Hayes, and Class of 2006 graduates Edith Cooper, Lori Snyder, Matt Tober, and Nicole Wells, presented a poster, Evaluation of the Alumni Dedicated to Physical Therapy Students (ADAPTS) Program at Northwestern University.

Bill Healey gave a platform presentation, Physical Therapist Student Approaches to Learning During Clinical Education Experiences: A Qualitative Study.

Lois Hedman, Kristin Krosschell, and Jane Sullivan presented a thematic poster, Home-Based Sensory and Motor Electrical Stimulation to Improve Arm Function Post Stroke. The three also participated in a poster discussion session, Home-Based Sensory and Motor Electrical Stimulation to Improve Arm Function Post Stroke at the World Confederation for PT conference in Vancouver, BC, Canada, in June.


Mark Rogers, Kathy Martinez, Marjorie Hilliard, Tanya Simuni, Yunhui Zhang and Class of 2006 graduates Tracy Diephuis (speaker), Sara Beuth, Margot McCloy presented a platform, Effects of Limb Load on Gait Initiation in Persons with Parkinson’s Disease. The APTA Neurology Section 2007 Professional Student Award was awarded to Tracy, Sara, and Margot based on their research.

Toni Sander presented a platform, The Effects of Resistive Exercise on Quality of Life in Breast Cancer Survivors, and poster, Factors Determining Exercise Behaviors in Breast Cancer Survivors: A 12-18 Month Follow-Up to a Resistive Training Program.

Mark Sleeper presented a platform, The Gymnastics Functional Measurement Tool: Pilot Validation of a Physical Abilities Field Test for Competitive Gymnasts.

Nora Francis received the Doctor of Health Science degree and Top Academic Award from the University of Indianapolis on May 4, 2007.

Nora Francis and Alice Salzman conducted the APTA Clinical Instructor Education and Credentialing Program for Athletico staff in April 2007.

William Healey, achieved the rank of associate professor (clinical). Mohsen Makhsous has been successful in acquiring a Mentored Quantitative Research Development Award (K25) from the NIH. The focus of his research is on reducing the risk factors of pressure ulcers in SCI patients. This K25 award provides salary support and “protected time” for a period of supervised study and research for productive professionals with quantitative and engineering backgrounds to integrate their expertise with NIH-relevant research.

Larry Olver, assistant professor and 11-year faculty member, will be leaving NUPt effective August 31, 2007. Larry will be exploring opportunities to expand his expertise in orthopedic manual physical therapy through participation in an APTA-accredited clinical fellowship program. Best of luck Larry!

Mark Rogers, was elected as Catherine Worthingham Fellow of the American Physical Therapy Association (APTA).

Mark Rogers, associate professor received a 2 year NIH R21 grant to study “Posture Assisted Locomotion Training in People with Parkinson’s Disease”. Faculty members Marjorie Johnson-Hilliard, Kathy Martinez, and Colum MacKinnon are co-investigators on the project.

Toni Sander, Karen Hayes and Class of 2008 PT students Nicole Izzo, Stephanie Mountford, and Jessica Wilson received a $5000 research grant from the Oncology Section of the APTA for their research study proposal, “Influences on Physical Activity and Exercise Behaviors Among Breast Cancer Survivors.”

Babette S Sanders, was reelected secretary of the American Physical Therapy Association (APTA) by the 400-member APTA House of Delegates during its annual meeting on May 22, 2007, in Washington, DC. Sanders will serve a 3-year term. An active APTA member since 1972, Sanders served as secretary of the Board from 2004 to 2007. Babette also is currently serving as President of the Northwestern Feinberg Medical Faculty Senate Council for 2007-2008.

Faculty News:

2004

Ashley Scott (Chicago IL)

Ashley made the news in July 16, 2007 issue of Advance for Physical Therapists and PT Assistants. The article describes Ashley’s work with a Lithuanian patient who spent 13 months at Mount Sinai Hospital in Chicago. Ashley was a critical part of a team that traveled with the patient when he returned to his home country of Lithuania after discharge from the hospital.

Faculty News:
NUPTAA - Board of Directors Elections 2007

The purpose of the Board of Directors (BOD) is to:
- Serve as the official voice of the NUPT Alumni Association
- Hold the authority and responsibility to establish policies and procedures that insure the timely and effective functioning of the Association
- Act as channels of communication between alumni and the department of Physical Therapy and Human Movement Sciences
- Establish the goals and priorities of the Association annually
- Conduct the business of the Association through participation in scheduled meetings
- Attend a minimum of two thirds of the meetings scheduled during a term of office as well as participate in assigned committees

DIRECTOR NOMINEE BIOGRAPHIES

Matthew F Conoscenti, PT, MPT, OCS, COMT (1995)
After graduating from Northwestern University, I started working for a private practice outpatient physical therapy company and have since relocated and now work in a hospital-based outpatient physical therapy clinic. My career path has been preparing me for the ability to meet APTA’s Vision 2020. In private practice I learned clinical, administrative and marketing skills. While working in a hospital-based clinic, I have furthered my knowledge of the patient medical management. Outside of direct clinical practice, I took graduate courses in hand and Upper Quarter Rehabilitation, became an Orthopedic Clinical Specialist through ABPTS, became a Certified OrthopedicManual Therapist through Maitland’s organization and became a Credentialed Clinical Instructor through the APTA. Also, I serve as a mentor for NUPTHMS’ ADAPTS program and for staff and students at work and plan on starting work on my t-DPT this year.
In my years as a PT, I received great respect based on my education from Northwestern and I would like to do my part to continue NUPTHMS’ excellent reputation.

Patricia (Pat) A. Johnson , PT, MOT, PCS (1984)
I graduated from NUPT in 1984. I am also a licensed occupational therapist. The majority of my professional career has been spent in the area of pediatrics and more recently in administration. I have some experience in academics and served as the Program Director for a PTA Program at Triton College for 3 years. I became a Pediatric Certified Specialist in 1995 and was recertified in 2005. I have been employed as Director of Rehab Services at Shriners Hospitals for Children for the past 9 years. My position has involved both direct service and administrative duties.
I am presently serving as a representative for the Eastern District, IPTA and have also served on task forces to develop a peer review tool and competencies for specialization in aquatics. I have worked with the state of Illinois, Board of Higher Education, in the development of occupational skills standards for the professions of both physical and occupational therapy assistants. This is my first year participating as a mentor for the NUPTHMS ADAPTS program.
I have been privileged to serve on the Alumni Board this past term and feel that I have just gotten warmed up. I would welcome the opportunity to serve a second term.

Jenna (Voss) Julian, (2000, DPT 2001)
I would be honored to be reelected for a second term on the board of directors of the alumni association. I have enjoyed serving the board as a committee member on the alumni weekend, serving as my class rep to plan our 5 year reunion and attending our biannual meetings to develop the strategic plan for the association. Having attended all of the alumni weekends since the re-creation of the association, I have witnessed the growth of this event. As a board member I have participated in this growth by organizing speakers to present at the weekend and assisting in planning the event schedule. In addition to my contributions to the association, I have served as a mentor to a NUPTHMS student and participated in a panel discussion for prospective students and their families. I currently work at Elmhurst Memorial Healthcare in Elmhurst, IL as an outpatient supervisor. My clinical work is primarily in outpatient pediatrics. I live in the Chicago suburbs with my husband and 1 year old daughter.

Betsy (Elizabeth) Myers, PT, MPT, MHS, CWST, CLT, OCS (1992)
Betsy received a B.A. and MPT from Northwestern University and an MHS from the University of Indianapolis. Betsy is an orthopedic certified specialist, certified wound specialist, certified lymphedema therapist, and a credentialed clinical instructor. She is the author of Wound Management: Principles and Practice and coauthor of the APTA sponsored textbook, Integumentary Essentials: Preferred Physical Therapist Practice Patterns. Betsy received Krannert School of Physical Therapy’s Teacher of the Year award and is an active clinical educator within the APTA and several universities. She was a speaker and participant in the 2006 NUPT alumni weekend and serves as a mentor to NUPT student interns in her Oklahoma clinic. As an NUPTAA board member, Betsy would like to continue to promote student-alumni relationships and facilitate the level of clinical excellence NUPT is renowned for through the ADAPTS program, encouraging alumni-intern relationships during clinical rotations both within and outside of the Chicago area, and NUPT sponsored clinical education.

Pamela L. (Dennis) Simon, PT, MBA (1975)
Pamela is a 1975 graduate of Northwestern University, and received an MBA with Honors from Lake Forest Graduate School of Management in 1989. She has extensive experience in as a Generalist and in Geriatrics. She was the Director of Physical Therapy at St. Francis Hospital of Evanston, Illinois from 1980-1988 and launched many new programs including an Occupational Therapy Department, Back School, Neonatal Infant Stimulation Program, Arthritis Center and Back School. As an instructor at Chicago Medical School, she taught Cardiac PT, Therapeutic Exercise, PNF, Patient Evaluation and a Management course. Her experience includes many years in Home Health. Presently, she is working in Skilled Care at Shell Point Village, a Lifetime Care Community in Fort Myers, Florida.

Please Vote for the 4 alumni you would like to elect to serve as Director. The Director will serve a 3-year term. Return the ballot (mail, fax, or email) to:
NUPTAA Nominating Committee
c/o Bill Healey, Coordinator of Alumni Affairs
645 N. Michigan Avenue, Suite 1100, Chicago IL 60611
PHONE: 312.503.3346 FAX: 312.503.4398 EMAIL: b-healey@northwestern.edu

☐ Matthew Conoscenti  ☐ Patricia Johnson  ☐ Jenna Voss Julian  ☐ Betsy Myers  ☐ Pamela Simon

DEADLINE: THURSDAY, OCTOBER 11, 2007
If you would like to make a contribution today, please cut the section below and send to:
Northwestern University Feinberg School of Medicine / 750 N. Lake Shore Drive, Rubloff Building, 9th Floor / Chicago, IL 60611

I/We want to support the Department of Physical Therapy with support to:

$_________ to Physical Therapy Scholarship Fund (3J9914533990305) ___ This gift will be matched by________________________________________

$_________ to Physical Therapy Gift Fund (303M37001XD0305)

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$_________ to Elizabeth Wood/Dorothy Voss Scholarship Fund (5708END 0305)

Please make checks payable to Northwestern University.

Give by credit card____Visa____MC____AmEx *Required ___ Please contact me about making a gift of___________________________________________

Account Number* Exp. Date Name:__________________________________________________

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Please contact me. I would like to make a gift to the Dept. of Physical Therapy through a bequest.

___ Please contact me. I would like information on the charitable Gift Annuity.

___ Matching gift enclosed.

___ Please contact me about making a gift of securities.

Scholarships & Gift Donors for September 2006 - May 2007

Physical Therapy Scholarship Fund
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Wayne T. Ault
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Constance A. Trusch
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Physical Therapy Gift Fund
Robert H Fergus and Elizabeth Fergus Foundation
Sylvia Fergus
Sheryl L. Hill
Russell R. Kreider

2007 Scholarship Recipients

Janet Hemzachek Fund
Janet Hemzachek

Dorothy Voss/Elizabeth Wood Fund
Dorothy Voss

Wood/Voss Scholarship Fund
Wood/Voss Scholarship Fund

Sally Edelsberg Fund
Takako Shiratori
Clinical Practice Ceremony
The first annual PTHMS Clinical Practice Ceremony was held in Thorne Auditorium on June 8th 2007. The Clinical Practice Ceremony marks a symbolic transition from the didactic to the clinical phase of physical therapy education. Students take an oath of professionalism, service, and scholarship prior to being recognized individually and signing an oath book, symbolizing their entrance into the clinical community and acceptance of new moral and professional responsibilities.

Summer Institute
The first annual NUPTHMS Summer Institute was held July 26-28, 2007. Participants attended courses on use of electrical stimulation with individuals post stroke, applying the evidence to help make clinical decisions, and reliable, valid and clinically useful outcome measures. Listening to Ravel’s Bolero at Millennium Park’s Pritzger Pavilion was one of the evening social activities. Look for more information on the website or in the mail for next year’s Summer Institute and other continuing education plans.

NUPTAA Job Fair
On Saturday June 2, 2007 the Alumni Association sponsored its first annual Job Fair. The Class of 2006 met with representatives from 24 Chicagoland facilities.

WE’RE ONLINE ... Reconnect with NUPT Alumni on the web at: www.feinberg.northwestern.edu/nupthms

Celebrating 80 years of physical therapist education
Alumni Weekend October 12-14, 2007

NUPTAA
Department of Physical Therapy and Human Sciences
Northwestern University, Feinberg School of Medicine
645 N. Michigan Avenue, Suite 1100
Chicago, IL 60611

Address service requested