Learning Objectives
At the conclusion of this activity, participants should be able to:
1. Discuss if there are health benefits of positive emotion and other aspects of psychological functioning.
2. Assess if these health benefits are independent of effects of poor psychological functioning.
3. Identify potential mechanisms for the relationship.
4. Discuss how these effects play out over the life course.

Disclosure Statements
Dr. Laura Kubzansky has nothing to disclose. The course director, Suzanne Cox, PhD MPH, has nothing to disclose. FSM's CME Leadership & Staff have nothing to disclose: John X. Thomas, Jr., PhD, Sr. Associate Dean for Medical Education; Genevieve Napier, CME Director; CME Project Specialists Ashley Kick and Tara Scavelli.

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