

Write diet order as:	Replaces these diets:	Diet description:
<i>TLC (Heart Healthy)</i>	Cardiac; Heart Healthy; Low fat, low cholesterol; Low fat, low cholesterol, low sodium; AHA Step 2	Total fat < or equal to 25-30% of total daily calories. Saturated fat < 7%. Cholesterol < 200 mg/day. Sodium = 2 gm/day.
<i>Clear Liquids</i>		Provides fluid to prevent dehydration with minimal stimulation of the GI tract. Consists of broth, clear juices, gelatin, tea, clear commercial nutrition supplements ordered by a MD.
<i>Consistent Carbohydrate</i>	Do not write a caloric level. ADA, Diabetic diet, or low fat, low cholesterol (at any caloric level)	Carbohydrates are distributed in a controlled manner throughout the day. This diet is low in fat and cholesterol but not in sodium. Provides ~1800-2000 calories per day.
<i>Dental – Mechanical Soft</i>	Soft	Soft diet with ground meat.
<i>Full Liquids</i>	Nourishing liquids	Clear liquids with milk, strained cereal, blended soup, ice cream, pudding custard. Not appropriate for lactose intolerant persons.
<i>General</i>	Regular	All foods allowed.
<i>GI Soft</i>	Soft	General diet with the exclusion of raw fruits, raw vegetables, high fiber breads and cereals; minimal seasoning used.
<i>Low Residue</i>	Fiber restricted; low fiber	General diet excluding raw fruits and vegetables, high fiber breads, cereals and grains; no prune juice; milk products limited to 2 a day.
<i>Low Sodium</i>	2 or 4 gram sodium	Low sodium foods with Mrs. Dash provided. No salt on tray.

Write diet order as:	Replaces these diets:	Diet description:
<i>Post-Gastrectomy</i>	6 small feedings, anti- dumping diet	Limits concentrated sweets; provides liquids between meals. Distributes food into six small meals, each containing protein and fiber.
<i>Post-Surgical</i>		Easy tolerated foods that are low lactose, low fiber and low residue. The menu is non-select.
<i>Pureed</i>		Blenderized meat, vegetables, fruit and bread products formed into the shape of the original food. Liquids included unless indicated.
<i>Pureed – no liquids</i>	Pureed (without liquid modifier)	Pureed (as above) without any liquids.
<i>Pureed – thick liquids only</i>	Pureed not thin liquids	Pureed (as above) without any thin liquids.
<i>Renal</i>	Hemodialysis, Peritoneal Dialysis, Chronic Insufficiency	Contains 80 grams protein, 2 gm sodium, low potassium and phosphorus with 1L fluid. Sodium, potassium, phosphorus and fluid are restricted.
<i>Neutropenic</i>	Low Microbial	General diet with no fresh fruits or vegetables, deli meats or cheeses or undercooked meats or eggs. Bananas and oranges are allowed.
<i>RYGB Clear Liquid</i>		Clear liquids as above with no sugar or sugar-containing foods (gelatin is sugar-free). No carbonated beverages.
<i>RYGB Pureed</i>		Pureed diet with no concentrated sweets or carbonated beverages.
<i>Fecal Fat Test Diet</i>		Initiated 3 days prior to the test. Adequate diet with 75 to 100 grams of fat per day.
<i>Oral Glucose Tolerance Test</i>		Initiated 3 days prior to test. Adequate diet with at least 150 grams of carbohydrate./day. Consistent Carbohydrate diet is used.

5-6-03