



Northwestern University Department of Physical Therapy and Human Movement Sciences

The end of the year is a natural time for reflection. Looking back on 2023, we find ourselves reminiscing about the achievements we've celebrated, lessons learned, and resilience we've developed. As we say farewell to the past year, we are grateful for all the experiences that have shaped us. Simultaneously, we look forward to the possibilities of the upcoming year, and we are filled with anticipation and hope. We set new goals, embrace new opportunities, and embark on new adventures. May the lessons of the past guide us, and the possibilities of the future inspire us as we step into the unknown of the year ahead. NUPTHMS is excited to experience 2024 with you, our Alumni, Students, Partners, Faculty, and Staff.



Highlights of this issue:

NUPTHMS Admissions Open House, Save the Dates!, Student Events, CSM.



**SEE YOU AT CSM!
FEB 15-17 | BOSTON, MA**

WHO'S PRESENTING AT CSM?

Visit our [CSM 2024 page](#) to see a full list* of presenters! Sessions, platforms, and posters will be presented by members of the NUPTHMS, Northwestern Medicine, and Shirley Ryan AbilityLab communities. Stop by our booth and follow us on social media to stay connected near and far.

*This list is continuously being updated.



PHYSICAL THERAPY AND
HUMAN MOVEMENT SCIENCES



ALUMNI, STUDENTS, COLLEAGUES, FACULTY, & FRIENDS

**CELEBRATE
AT CSM!**

JOIN NUPTHMS & SHIRLEY RYAN ABILITYLAB FOR
AN EVENING OF FOOD AND FUN F AS WE GATHER
WITH OLD AND NEW FRIENDS AT CSM!

SAVE THE DATE!
FRIDAY, FEB. 16 | 6:30 PM
Location & RSVP to follow



Local, but not attending CSM or the
full conference? **JOIN US!**



Dawn S. Brown, PT, DPT, EdD



Dawn Brown and her colleagues had their research paper, “An Exploration of Doctor of Physical Therapy Students' Belongingness in Clinical Education: A Validation Study”

published this past November. The aim of this study was to adapt and validate the Belongingness Scale-Clinical Placement Experience (BES-CPE) for Doctor of Physical Therapy (DPT) students in the United States. Read more about the research [here](#).

Kirsten C. Moisio, PT, PhD



Kirsten Moisio and her team Dissect 360 were finalists in the VITAL Prize Challenge. The Visionary Interdisciplinary Teams Advancing Learning (VITAL)

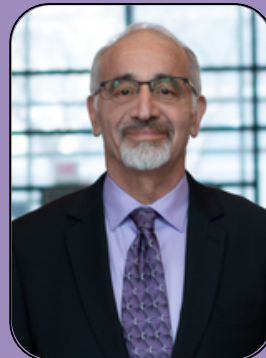
Prize Challenge is a \$6 million competition that invests in teams developing innovative learning technologies for K-12 students and is a partnership between the National Science Foundation, the Bill & Melinda Gates Foundation, Schmidt Futures, and the Walton Family Foundation.

Sally M. Taylor, DPT (L)
Emily S. Becker, PT, MS, EdD (R)



Sally Taylor, Emily Becker & their Synthesis Group (class of '23) had their project published. The purpose of **“Therapists' Perception on Quality of Provider Communication While Wearing a Mask: Impact of a Pandemic”** was to assess the impact of mask-wearing on provider communication during wheelchair education.

Daniel Corcos, PhD



Daniel Corcos and his colleagues recently had a book published, “Parkinson’s: How to Reduce Symptoms Through Exercise”. To learn more about the book or to purchase, [click here](#).

“This book gives instructions, based on scientific studies and the authors’ recommendations, on how to make your own “PD Exercise Cocktail Plan™.” The many detailed chapters and appendices will also be a resource to guide you throughout your PD journey.”
-Amazon book description

DEAN'S RECEPTION

In December, three (3) of our second year students were awarded honors at the Dean's Reception. The Dean's Reception is comprised of DPT, PA, PO, and medical students. The winners were presented their awards by their fellow classmates.



From Left to Right:

- Catherine Duffy ('25)
- Miranda Burgett ('25)
- Eleni Papastratakos ('25)

FLAN-A-THON



In November, the LatinX Affinity Group hosted their 1st annual Flan-a-thon! The group collected canned goods & donations to support the Figueroa Wu Family Foundation, and there were over 20 Students, Faculty, and Staff who submitted delicious flan, making it a tough choice for the judges and spectators to choose a winner.

In December, our newest affinity group, the Jewish Student Affinity Group (JSAG), hosted an early Hanukkah celebration to welcome the holiday, share the story of Hanukkah & enjoy traditional treats. JSAG aims to create a space for NUPHMS students, faculty, and staff to further consider their identities and draw strength from similarly identifying individuals. JSAG welcomes the opportunity to connect with peers and educate others on topics related to Judaism.

JSAG

On January 6th, admitted students and their families attended our annual open house. Open house is an important event that provides admitted students the opportunity to get a sense of our campus and community and meet potential classmates. Although we won't know the class composition for a few months, many of the students who attend open house historically go on to matriculate into our program. Thank you to our Admissions Team, Ambassadors, Faculty, Staff, and Students for a great event!

OPEN HOUSE



SAVE
THE DATE

**GENERAL MOVEMENT
ASSESSMENT:
BASIC & ADVANCED
COURSE**

April 19-22, 2024
645 N. Michigan Avenue

Get up to 21 credit hours!



Prechtl General Assessment: Basic & Advanced Course APR. 19-22, 2024

Compelling evidence is now available that qualitative assessment of General Movements –a specific type of spontaneous movement–under the age of five months is the best predictor of cerebral palsy. This course fulfills the standards specified by the Generalized Movement Trust. The course will consist of lessons, demonstration, and discussion of video-recordings. Lectures will alternate with exercises in small groups with videos prepared by the tutors. [Visit our events page](#) for more information & to register.

Grand Rounds Seminars

The department's two Winter Grand Rounds Seminars featured, Jennifer M. Ryan, PT, DPT, MS, (below left) and Jeffrey J.H. Cheung, PhD (below right). Jennifer's seminar was titled, "Defining a New Area of Physical Therapist Speciality Practice: The Acute Care Practice Analysis Survey" and Jeffrey's Seminar discussed, "One Small Step Backward, Two Small Steps Sideways, One Giant leap Forward: Charting the Meandering Course to Adaptive Expertise".



We are appreciative of both speakers' time with NUPTHMS and we look forward to future seminars:

- Feb. 7 | FSM Foundations Relations: Strategic Services to Support Research Career Success.
- May 8 | Garrett Griffith, PhD

SAVE
THE DATE

NUPTHMS ALUMNI WEEKEND

APRIL 19-20
2024

645 N. Michigan
Chicago, IL 60611

Nominate Your Fellow Alumni!

Know of any NUPHMS Alumni who best represent any of our awards? Nominate them today for the:

- Alumnus of the Year
- Young Alumnus of the Year
- Donna Frownfelter Community Service Award
- Diversity, Equity, & Inclusion Achievement Award
- Research Achievement Award

For more information about the awards and/or to nominate someone, [click here](#).

BE ON THE LOOKOUT FOR THE 2024 ALUMNI WEEKEND SCHEDULE & REGISTRATION, BUT MAKE SURE TO **BOOK YOUR HOTEL ROOM TODAY!**

CALLING ALL CLINICIANS!

Northwestern prides itself on matching our students with high quality instructors all over the country for their full-time clinical education experiences. One of the best ways for us to do that is to connect with our alumni pool. If you're interested in serving as a clinical instructor contact your local SCCE to let them know. For questions, please reach out to Cori.Arquines@Northwestern.edu to learn more.

ROADMAP MENTORS NEEDED!

In 2022, we started a new mentor-mentee program called the **Professional Development and Mentoring Program, Roadmap**. This program aims to facilitate the belonging and inclusion of our current PTHMS students in the profession of PT by building relationships between students and alumni with the expertise and perspective to guide the students in their professional growth. Roadmap pairs a team of PTHMS students with a mentor for the duration of their NUPT education. The teams meet monthly at noon to promote a deeper connection to PT, demystify some professional school and clinical processes, and develop both inter/intra-class relationships. We are looking for four (4) mentors per year and would love your participation! [To express your willingness & availability to participate, click here.](#) Mentors receive an honorarium for their time. For further questions, please contact v-tysseling@northwestern.edu.



Sincere gratitude to our donors for the 2022-2023 fiscal year. Your generous contributions have made countless aspects of NUPTHMS possible

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